

IGA Pure Apple Juice
48-FL. OZ. TIN **59¢**

FANCY
IGA Fruit Cocktail
28-FL. OZ. TIN **69¢**

ASSORTED FLAVORS
IGA Soft Drinks
CASE OF 24 x 10-FL. OZ. TINS **\$2.99**

ENVIROPAC
Coca-Cola
CARTON OF 12 x 10-FL. OZ. RET. BTLs. **\$2.29**
PLUS DEPOSIT

CANADA DRY, ASSORTED FLAVORS
Soft Drinks
CARTON OF 6 x 10-FL. OZ. RET. BTLs. **\$1.09**
PLUS DEPOSIT

CHOICE
IGA Whole Tomatoes
28-FL. OZ. TIN **49¢**

Nabisco Shreddies
675-g BOX **79¢**

RAISIN CINNAMON OR HONEY WHEATBERRY MFG. 8c OFF LABEL
Dempster's Muffins
PKG. OF 6 **61¢**

COOKIE JAR OR LUNCH TIME
Dare's Biscuits
2-LB. PKG. **\$1.89**

BASSETT'S
Licorice Allsorts
600-g PKG. **\$1.25**

REGULAR OR RUFFLES
Lay's Potato Chips
250-g PKG. **89¢**

Cut Green OR Wax Beans
14-FL. OZ. TIN **25¢**

ASSORTED VARIETIES
Special Menu Cat Dinner
1-kg. BOX **89¢**

COFFEE CREAMER
Borden's Cremelle
22-OZ. JAR **\$1.49**

CHOICE
IGA Cream Style Corn
19-FL. OZ. TIN **33¢**

IGABeef

Round-up

SECOND BIG WEEK

CUT FROM CANADA GRADE A BEEF

TABLERITE
Round Steak Roasts BONELESS BOTTOM CUT LB. **\$1.39**

TABLERITE
Sirloin Steaks LB. **\$1.59**

TABLERITE BONELESS, FULL SLICE OR BOTTOM CUT
Round Steaks LB. **\$1.49**

TABLERITE BONELESS
Top Round Steaks LB. **\$1.59**

TABLERITE BONE IN
Rump Roasts LB. **\$1.39**

TABLERITE
Boneless Rump Roasts LB. **\$1.49**

TABLERITE
Fast Fry Wing Steaks LB. **\$1.89**

SLICED, PREVIOUSLY FROZEN
Beef Liver LB. **59¢**

EVERSWEET, SLICED
Side Bacon 1-LB. PKG. **\$1.29**

SWIFT'S PREMIUM
Wieners 1-LB. PKG. **89¢**

TABLERITE
T-Bone Steaks LB. **\$1.69**

TABLERITE BONELESS
Sirloin Tip Roasts LB. **\$1.59**

TABLERITE BONELESS
Sirloin Tip Steaks LB. **\$1.69**

TABLERITE
Cube or Sandwich Steaks LB. **\$1.89**

TABLERITE, LEAN, BONELESS
Stewing Beef LB. **98¢**

OLD MILL, PORK & BEEF
Breakfast Sausages LB. **99¢**

SWIFT'S PREMIUM, SLICED, MAC & CHEESE, CHICKEN, PICKLE & PIMENTO, DUTCH, BOLOGNA OR GARLIC BOLOGNA
Sandwich Meats 6-OZ. PKG. **49¢**

SUGAR PLUM, BONELESS
Dinner Hams 3-LB. AVG., LB. **\$2.25**

SALAD DRESSING
Kraft Miracle Whip
16-FL. OZ. JAR **69¢**

IGA, FANCY
Tomato Juice
10-FL. OZ. TIN **17¢**

100% VEGETABLE OIL
IGA Margarine
1-LB. PARCHMENT PKG. **39¢**

SHEETS
Bounce Fabric Softener BOX OF 10 SHEETS **59¢**

DISPOSABLE REGULAR OR EXTRA ABSORBENT
Pampers Daytime Diapers PKG. OF 30 **\$2.49**

Aim Toothpaste 100-ml TUBE **99¢**

IGA Book Matches 3 PKG. OF 50 **\$1**

HIGHLINER, FROZEN, FAMILY PACK
Fish Sticks, Fish Portions or Fish in Batter 32-OZ. PKG. **\$2.49**

FROZEN, BEEF, CHICKEN, SALISBURY STEAK OR TURKEY
Savarin Dinners 11-OZ. PKG. **75¢**

SARA LEE, FROZEN
Chocolate Brownies or Chocolate Cake 13-OZ. PKG. **\$1.29**

BLENDRITE
IGA Pure Lard 1-LB. CTN. **49¢**

ORANGE PEKOE
IGA Tea Bags BOX OF 60 **\$1.49**

GROUND PURE
Club House Black Pepper 106-g SHAKER **99¢**

ASSORTED COLORS
IGA Facial Tissue BOX OF 200 **55¢**

ROYAL GOLD, MILD MEDIUM OR OLD
IGA Cheddar Cheese 12-OZ. WEDGE **\$1.39**

PINK OR LEMON
IGA Liquid Detergent 32-FL. OZ. PLASTIC BTL. **79¢**

Savoury STEW TIME
ONTARIO NO. 1 GRADE
Ontario Potatoes
20-LB. BAG **89¢**

ONTARIO GROWN CANADA NO. 1 GRADE
Cooking Onions 2-LB. BAG **29¢**

ONTARIO GROWN CANADA NO. 1 GRADE
Carrots 2-LB. BAG **39¢**

FRESH FROM FLORIDA
Florida Oranges
SIZE 125's DOZ. **79¢**

PRODUCE OF U.S.A. CANADA NO. 1 GRADE
Tomatoes LB. **49¢**

FROM BRITISH COLUMBIA CANADA FANCY GRADE
Anjou Pears LB. **49¢**

PRICES EFFECTIVE WED., JAN. 25, TO SAT., JAN. 28, 1978. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ELMVALE I.G.A. PENETANG I.G.A. MIDLAND I.G.A.
Open Thurs. & Fri., 8:30 a.m. - 9:00 p.m.
HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday
Yonge and Russell Sts.
Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5