

IGA Beef Round-up

SECOND BIG WEEK TABLERITE STEAKS AND ROASTS

CUT FROM
CANADA
GRADE A
BEEF



TABLERITE
BONELESS, BOTTOM CUT

Round Steak
Roasts **\$1.39**
LB.

TABLERITE
BONELESS

Top Round
Steaks **\$1.49**
LB.

TABLERITE
BONELESS

Sirloin Tip
Roasts **\$1.69**
LB.

TABLERITE

Sirloin
Steaks **\$1.79**
LB.

TABLERITE
BONE-IN

Rump
Roasts **\$1.39**
LB.

TABLERITE
BONELESS

Sirloin Tip
Steaks **\$1.79**
LB.

TABLERITE, BONELESS
FULL SLICE OR BOTTOM CUT

Round
Steaks **\$1.39**
LB.

TABLERITE

Boneless
Rump Roasts **\$1.49**
LB.

TABLERITE

Cube or
Sandwich
Steaks **\$1.99**
LB.

TABLERITE

T-Bone or
Porterhouse
Steaks **\$1.79**
LB.

TABLERITE

Fast Fry
Loin Steaks **\$1.99**
LB.

TABLERITE
LEAN, BONELESS

Stewing
Beef **98¢**
LB.

Pride of Canada

RINDLESS, SLICED

Side Bacon **\$1.59**
1-LB. PKG.

Pride of Canada

Wieners

REGULAR OR BEEF **79¢**
1-LB. PKG.

Pride of Canada

Breakfast Sausages

PORK AND BEEF **89¢**
LB.

Pride of Canada

Sandwich Meats

SLICED MAC & CHEESE,
CHICKEN OR BOLOGNA **89¢**
1-LB. PKG.

Pride of Canada

Sausage Sticks

DELI STYLE
CHOOSE FROM 5 VARIETIES **99¢**
10-OZ. CHUB

Pride of Canada

Cottage Rolls

SWEET PICKLED
3-LB. AVG. **\$1.25**
LB.

REGULAR OR DIET

Pepsi-Cola

750-ml
RETURNABLE
BTL. **29¢**
PLUS 20¢ DEPOSIT PER BTL.

POWDERED

**Tide
Detergent**

5-LB.
KING SIZE
BOX **\$2.29**

ASSORTED COLORS

**Tiffany
Bathroom
Tissue**

4-ROLL
PKG. **79¢**

REGULAR, RIPPLE OR
SALT 'N' VINEGAR FLAVORED

**IGA Potato
Chips**

225-g
PKG. **59¢**

Heinz

CREAM OF
**Mushroom
Soup**

10-FL.
OZ. TIN **22¢**

VALIANT, FLAVORED, ASSORTED FLAVORS

Drink Mix Crystals **79¢**
17-OZ. PKG.

FANCY

IGA Tomato Juice **\$1**
6 10-FL. OZ. TINS

BUDGET

Dog or Cat Food **37¢**
2 15-OZ. TINS

ASSORTED VARIETIES

Robertson's Marmalades **69¢**
12-FL. OZ. JAR

DIXIE CUP

Bathroom Dispenser Refills **73¢**
PKG. OF 100

CANADA NO. 1, PASTEURIZED, LIQUID OR CREAMED

Beemaid Honey **\$1.57**
2 LB. JAR OR TUB

IGA Sugared Donuts **49¢**
PKG. OF 12

BASSETT'S BONUS PACK

Licorice Allsorts **89¢**
440-g PKG.

FROZEN, FAMILY PACK

High Liner, Fish in Batter,
Fish Portions or Fish Sticks **\$2.39**
32-OZ. PKG.

FROZEN, RASPBERRY OR STRAWBERRY

McCain Shortcakes **\$1.59**
32-OZ. PKG.

Johnson's Baby Shampoo **\$1.99**
350 ml PLASTIC BTL.

SUAVE, ASSORTED VARIETIES (EXCEPT BABY)

Shampoo or Creme Rinse **79¢**
350 ml PLASTIC BTL.

SWEETHEART

Cheese Curds **\$1.49**
14-OZ. PKG.

100% VEGETABLE OIL

Imperial Soft Margarine **79¢**
1-LB. TUB

MAPLE LEAF

Tenderflake Lard **59¢**
1-LB. CRTN.

WHITE, AQUA OR CORAL

Lifebuoy Soap **99¢**
PKG. OF 3 BATH SIZE BARS

DUNCAN HINES, ASSORTED VARIETIES

Moist & Easy **75¢**
13 1/2 TO 14-OZ. BOXES

LIQUID

Javex Bleach **55¢**
64-FL. OZ. PLASTIC BTL.

BEEF, CHICKEN OR TURKEY, FROZEN

Swanson **99¢**
11-OZ. PKG.

T.V. Dinners **99¢**
MUSHROOM, CHICKEN OR BEEF

Cordon Bleu **\$1**
5 10-FL. OZ. TINS

GRAVIES

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OATMEAL, SUGAR DADDY,
CHOCOLATE CHIP OR GRANOLA

**Dad's
Cookies**

14 TO 16-
OZ. PKGS.
EA. **89¢**

IGA

Choice Peas

19-FL.
OZ. TIN **25¢**

INSTANT

**Carnation
Hot Chocolate**

REGULAR OR WITH MARSHMALLOWS
PKG. OF
12 x 1-OZ.
ENVELOPES **\$1.29**

IGA, FANCY

**Fruit Cocktail
or
Peach Halves**

14-FL.
OZ. TIN **39¢**

PRICES EFFECTIVE WED., NOV. 2, TO SAT., NOV. 5, 1977.
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.



and *Holidays by
Wardair*

offer IGA customers an opportunity to win one of

**30 WEEK
VACATIONS
FOR TWO TO**

Intervac's **ACAPULCO** **\$500** SPENDING **MONEY**
PLUS

WINNERS OF A TRIP TO ACAPULCO

JOSEPH WILKS
727 LEASIDE ST.
PICKERING, ONT.
BAY RIDGES IGA,
BAY RIDGES, ONT.

ANNE LOTT
33 SCARBORO BEACH BLVD.
TORONTO, ONT.
BEACH IGA,
TORONTO, ONT.

MRS. HERB FAWNS
R.R. #2 UXBRIDGE, ONT.
UXBRIDGE IGA
UXBRIDGE, ONT.

FRESH
for FLAVOR

PRODUCE OF U.S.A.

**Red Emperor
Grapes** **49¢**
LB.

PRODUCE OF U.S.A.

CANADA NO. 1 GRADE

**Head
Lettuce** **39¢**
EA.

FROM BRITISH COLUMBIA
CANADA FANCY GRADE

Anjou Pears **39¢**
LB.

PRODUCE OF U.S.A.

**Green
Onions** **49¢**
2 BUNCHES FOR

ONTARIO GROWN
CANADA NO. 1 GRADE

"Spanish Type"
Onions **49¢**
PKG. OF 2

ELMVALE I.G.A.

Open Thurs. & Fri., 8:30 a.m. - 9:00 p.m.

PENETANG I.G.A.

HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday

MIDLAND I.G.A.

Yonge and Russell Sts.
Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5