

ASSORTED FLAVORS  
**IGA Fruit Drinks**  
**3 \$1**  
48-FL. OZ. TINS

SPAGHETTI OR MACARONI  
**Catelli Pasta** 2-LB. BOX **57¢**

100% VEGETABLE OIL  
**Golden Bell Margarine**  
**39¢**  
1-LB. PARCHEMENT PKG.

CHOICE CUT  
**IGA Green or Wax Beans** 14-FL. OZ. TIN **25¢**

ASSORTED FLAVORS  
**Jell-o Jelly Powders**  
**39¢**  
6-OZ. BOX

IGA, CHOICE  
**Dessert Pears** 14-FL. OZ. TIN **35¢**  
FLAVORED  
**Tang Orange Crystals** POLY BAG OF 4 x 3½-OZ. PKGS. **99¢**  
ASSORTED VARIETIES  
**Purina Dry Cat Foods** 500-g BOX **49¢**  
BORDEN'S, REGULAR OR MARSHMALLOW  
**Instant Hot Chocolate** BOX OF 10 x 1-OZ. ENVELOPES **89¢**  
FROZEN  
**Leo d'Or Onion Rings** 6-OZ. PKG. **49¢**  
RUPERT, FROZEN  
**Golden Battered Cod** 16-OZ. PKG. **\$1.69**

LIQUID  
**Javex Bleach**  
**95¢**  
128-FL. OZ. PLASTIC BTL.

**Canadian Cheese Festival**  
BLACK DIAMOND, PROCESS, SINGLE THIN  
**Cheese Slices** 16-OZ. PKG. **\$1.49**  
KRAFT, MILD, MEDIUM OR OLD  
**Cracker Barrel Cheddar Cheese** 16-OZ. BLOCK **\$1.89**



offer IGA customers an opportunity to win one of  
**30 1 WEEK VACATIONS FOR TWO TO ACAPULCO** PLUS **\$500 SPENDING MONEY**  
SEE COMPLETE TRIP AND CONTEST DETAILS AT IGA

KLEENEX, ASSORTED COLORS  
**Paper Towels** 99¢  
2-ROLL PKG.

**WINNERS OF A TRIP TO ACAPULCO**

J. D. SCHYFF  
R.R. #2, BOX 9 NEWCASTLE, ONT.  
TOM'S IGA, NEWCASTLE, ONT.  
DAISY JACKSON  
R.R. #5 DUNNVILLE, ONT.  
DUNNVILLE IGA, DUNNVILLE, ONT.  
MRS. SARAH CONWAY  
611 ROGER ST., APT. 46 PETERBOROUGH, ONT.  
LIFTLOCK IGA, PETERBOROUGH, ONT.

FRESHLY MINCED  
**Regular Ground Beef** LB. **59¢**

FRESH! QUARTER PORK LOIN  
**Loin Pork Chops** 8 TO 11 CHOPS PER PKG. LB. **\$1.29**

SCHNEIDER'S, RINDLESS, SLICED REGULAR OR MAPLE 1-LB. PKG. **\$1.69**  
4 VARIETIES  
**Schneider's Wieners** 1-LB. PKG. **85¢**  
8 VARIETIES  
**Schneider's Mini Deli Chub** 8-OZ. CHUB **98¢**  
SCHNEIDER'S  
**Skillet Strips** 1-LB. PKG. **\$1.18**  
TABLERITE  
**Pork Sausages** 1-LB. PKG. **\$1.19**  
TABLERITE  
**Sliced Bologna** 16-OZ. PKG. **89¢**  
SHOPSYS', BOILABLE BAG  
**Corned Beef, Pastrami or Smoked Meat** 4 x 2-OZ. PKGS. **\$1.19**

BYE THE SEA  
**Flaked Light Tuna**  
**59¢**  
6-OZ. TIN

CHOICE  
**IGA Whole Potatoes** 4 19-FL. OZ. TINS **\$1**

SNOWCAP, FROZEN  
**Hash Brown Potatoes**  
**25¢**  
2-LB. POLY BAG

MIX AND MATCH RED, ORANGE, GREEN OR BLUE  
**Domino Coffee Mugs or Soup/Cereal Bowls** 9-OZ. SIZE 5-INCH SIZE 4 FOR **\$1.49**

**Heinz Ketchup**  
**57¢**  
15-FL. OZ. BTL.

IGA Sugared Donuts PKG. OF 12 **49¢**  
CHOCOLATE, GINGER, OATMEAL OR SUGAR 'N' SPICE  
**McCormick's Snaps** 2-LB. PKG. **\$1.49**  
McCORMICK'S CANDY  
**Dark Swiss Drops** 11-OZ. PKG. **79¢**  
REGULAR, RIPPLE, SALT 'N' VINEGAR, OR BARBECUE FLAVORED  
**Hostess Potato Chips** 225-g PKG. **89¢**  
DISPOSABLE, SUPER  
**Babyscott Toddler Diapers** PKG. OF 24 **\$2.35**  
PINK OR LEMON  
**Austin's Fabric Softener** 128-FL. OZ. PLASTIC BTL. **\$1.09**

PEA, VEGETABLE OR PEA AND HAM  
**Habitant Soup**  
**49¢**  
28-FL. OZ. TIN

SCHNEIDER'S  
**Crispycrust Lard** 1-LB. CRTN **59¢**  
DEMPSTER'S, 10¢ OFF LABEL  
**Country Bran Loaf** 24-OZ. LOAF **49¢**  
7-OZ. AEROSOL OR 75-g STICK  
**Right Guard Deodorant** EA. **\$1.39**

**Marie-Paule Green**  
Director - Consumer Affairs  
**THE SMOKIES**  
What is the difference between the terms "smoked", "artificially smoked flavor added" and "smoke flavored"?  
"Smoked" used to refer to the traditional process of exposing food to smoke from burning wood, and still does. Today, however, the same flavour, colour, and aroma of this "natural" process can be achieved by other methods.  
"Artificially smoked flavor added" refers to an artificial liquid smoke flavoring which has been manufactured and added to a food product.  
MRS. GREEN IS AVAILABLE TO TALK SHOPPING TO GROUPS. PLEASE CALL (416) 597-1020, OR WRITE: MARIE-PAULE GREEN, IGA CANADA LTD., 790 BAY ST., TORONTO, ONTARIO M5G 1P1.

FRESH FOR FLAVOUR  
ONTARIO GROWN CANADA NO. 1 GRADE  
**Cauliflower** 2 **\$1** FOR 1  
PRODUCE OF U.S.A.  
**Bunch Carrots** EACH **39¢**  
PRODUCE OF U.S.A.  
**Honey Dew Melons** EACH **79¢**  
ONTARIO GROWN CANADA FANCY GRADE  
**McIntosh Apples** 3-LB. BAG **89¢**  
ONTARIO GROWN CANADA NO. 1 GRADE  
**Cabbage** 3 FOR **99¢**  
ONTARIO GROWN CANADA NO. 1 GRADE  
**Cooking Onions** 2-LB. BAG **39¢**

PRICES EFFECTIVE WED., OCT. 12, TO SAT., OCT. 15, 1977. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**ELMVALE I.G.A. PENETANG I.G.A. MIDLAND I.G.A.**

Open Thurs. & Fri., 8:30 a.m. - 9:00 p.m.

HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday

Yonge and Russell Sts. Mon., Tues., Wed. and Sat. 9-6, Thurs. and Fri. 9-9, Sunday 11-5