

CHOICE
IGA Peas
5 14-FL. OZ. TINS **\$1**

MACARONI AND CHEESE
Kraft Dinner
4 7 1/2-oz. BOXES **\$1**

ASSORTED FLAVORS
Royal Jelly Powders
5 3-oz. PKGS. **\$1**

60% WHOLE WHEAT, CRACKED WHEAT OR WHITE SANDWICH
IGA Sliced Bread
3 24-oz. LOAVES **\$1**



IN TOMATO SAUCE
Libby's Spaghetti
3 14-FL. OZ. TINS **\$1**

EVAPORATED
Carnation Milk
5 6-oz. TINS **\$1**

IGA
Chicken Noodle Soup Mix
9 ENVELOPES **\$1**

GREEN GIANT, IN TOMATO SAUCE
Ovencrock Beans with Pork
3 14-oz. TINS **\$1**

CARAMEL CRUNCH, ARROWROOT, DIGESTIVE, NICE, SHORTCAKE OR RICH TEA
Peek Frean Biscuits
2 7 TO 7 1/2-oz. PKGS. **\$1**

JOLLY MILLER, FLAVORED
Orange Crystals
2 POLY BAGS OF 3 x 3 1/2-oz. PKGS. **\$1**

ASSORTED FLAVORS
Hawaiian Punch Fruit Drinks
2 48-FL. OZ. TINS **\$1**

CORDON ROUGE
Variety Pack Stews
4 6 TO 8 1/2-oz. TINS **\$1**

ASSORTED VARIETIES
9 Lives Cat Food
4 6 TO 8 1/2-oz. TINS **\$1**

SHRUBB
Good Morning Marmalade
2 24-FL. OZ. JARS **\$1**

ASSORTED VARIETIES, POUCH PACK
Monarch Cake Mixes
3 8 1/2 TO 10-oz. PKGS. **\$1**

TABLERITE BEEF BOTTOM CUT, BONELESS
Round Steak Roasts
CUT FROM CANADA GRADE A BEEF
\$1.19 LB.

MAPLE LEAF, READY TO SERVE
Smoked Pork Shoulders
89c LB.

TABLERITE BEEF BONELESS, FULL SLICE OR BOTTOM CUT
Round Steaks
\$1.29 LB.

"Dollar Days" Features

TABLERITE, BONELESS Top Round Steaks LB. \$1.39	TABLERITE Pork Sausages 1-LB. PKG. \$1	TABLERITE, SLICED Cooked Ham 6-oz. PKG. \$1
TABLERITE, RINDLESS, SLICED Side Bacon 1-LB. PKG. \$1.69	LEAN, BONELESS Stewing Beef LB. \$1	SWIFT'S PREMIUM Breakfast Strips 1-LB. PKG. \$1
TABLERITE Wieners 1-LB. PKG. 79c	TABLERITE SLICED, MAC & CHEESE, CHICKEN, PICKLE & PIMENTO, DUTCH OR BOLOGNA Sandwich Meats 2 6-oz. PKGS. \$1	SHOPPY'S, ASSORTED FLAVORS Par Fay Desserts 2 13-oz. TUBS \$1

FRESH for FLAVOUR

PRODUCE OF U.S.A. SIZE 18's
Broccoli **59c** EACH

ONTARIO GROWN
Mushrooms LB. **99c**

PRODUCE OF U.S.A.
Honey Dew Melons **79c** EACH

ONTARIO GROWN CANADA No. 1 GRADE
Rutabagas LB. **14c**

Canadian Cheese Festival
IGA, COLORED MILD, MEDIUM OR OLD
Cheddar Cheese
\$1.29 12-oz. WEDGE

PROCESS
Kraft Cheez Whiz 1-LB. JAR **\$1.29**

CHERRY HILL
Colby Cheese 8-oz. STICK **89c**

IGA and **Holidays by Wardair**
bring you **INSTANT SUMMER!**
by offering IGA customers an opportunity to win one of

30 1 WEEK VACATIONS FOR TWO TO \$500 PLUS SPENDING MONEY

Intervac's **ACAPULCO**

SEE COMPLETE TRIP AND CONTEST DETAILS AT IGA

RECONSTITUTED
IGA Apple Juice
2 48-FL. OZ. TINS **\$1**

FACELLE ROYALE, ASSORTED COLORS
Bathroom Tissue
4-ROLL PKG. **\$1**

GANSBORO, FROZEN
Crumpets or English Muffins
2 11-oz. PKGS. **\$1**

PINEAPPLE CHICKEN, SWEET AND SOUR BREADED SHRIMP OR PEPPER STEAK FROZEN
Chun King Dinners
11-oz. PKG. **\$1**

DRY, NORMAL OR OILY
Breck Shampoo
200-ml PLASTIC BTL. **\$1**

BUY A TOOTHBRUSH AND A TUBE OF TOOTHPASTE FOR \$1.00

REGULAR OR WINTERFRESH
Crest Toothpaste 25-ml TUBE **50c**

ASSORTED COLORS AND VARIETIES EXCEPT CHILD'S
Pro Toothbrushes EACH **50c**

ASSORTED FLAVORS, POUCH PACK
Monarch Icing Mixes 3 7 1/2-oz. PKGS. **\$1**

REGULAR OR MALT FLAVORED CEREAL
Quaker Muffins 500-800 **65c**

MADE IN CANADA
Ontario Northland Fire Logs EA. **99c**

PRICES EFFECTIVE WED., SEPT. 28, TO SAT., OCT. 1, 1977. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

ASSORTED COLORS
Viva Paper Towels
\$1 2-ROLL PKG.

ELMVALE I.G.A. | PENETANG I.G.A. | MIDLAND I.G.A.

Open Thurs. & Fri., 8:30 a.m. - 9:00 p.m. | HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday | 397 RUSSELL ST., MIDLAND