



### Second place

Denis Patenaude gave it a good try in the CKMP Soap Box Derby last Saturday but it wasn't quite good enough to earn him a first place.

Presenting Denis with his second place finish certificate in the first heat is CKMP's Steve Harris.

Staff photo



### A winner

On his way to the Soap Box Derby finals next weekend is Robert Brooks, first place finisher in the fifth heat of the derby preliminaries run down Main

St. Hill in Penetanguishene last Saturday. Doing the honours is CKMP's Steve Harris.

Staff photo

## Brule nips Caswell's, 11-9

Hotel Brule downed Caswell's Antiques 11-9 in Georgian Bay Fastball League action Monday night.

The pitcher, Tim Sylvester, allowed only five earned runs in the five innings he pitched, while Hotel Brule starting pitcher Bob Lapham allowed two runs in two innings.

The Caswell's Antiques starting pitcher, Tom Sibley, pitched only one inning, but allowed eight runs. Wally Jamieson was tagged with the loss, allowing three runs in five innings.

Brule scored six runs in the first inning, when Gary Hamelin walked, Ed Trudeau singled, and Roger Ladouceur hit a

three-run homer, his third of the season.

In the top of the second, Caswell's picked up two runs, then Brule came back in the bottom of the second with three runs on singles by Hamelin, Ken Davidson, and Lapham, and a double by Trudeau.

In the third, Caswell's got a home run from Wally Jamieson, and in the top of the fifth, they tied it up with six runs on singles by Marshall, Ken Popple, Tom Sibley, Wally Jamieson, Walsh and Carl Banting.

However, in the bottom of the fifth, Dave Stainton walked, Ladouceur singled, and both advanced on the throw in. Then Bob Morasse hit a pinch hit single, scoring both runners.

Brule got its 11 runs on

12 hits, while they committed three errors. Caswell's picked up 10 hits.

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### FIRST AID TIP



#### FROSTBITE

• A frostbitten area becomes waxy, white and numb. • Warm the area gradually with body heat. • Do not rub the area. • If your face or ear is affected, cover it with a gloved hand until normal colour and feeling return. • For frozen fingers or toes, remove tight boots or gloves. • Where blisters occur, cover them lightly with a sterile dressing and bandage carefully. • Blisters should not be broken. • If frostbite is severe seek immediate medical attention.

#### EAR INJURIES

• In most cases these injuries, especially those causing obstructions to the middle or inner ear, are serious and require medical aid. • Small children frequently push beads or beans into the ear. • Do not attempt to remove them. • The child should be taken to a physician immediately.

## Ontario Medical Association

# Doctors say football safe as any sport

A spokesman for Ontario's sports physicians sees no reason to ban football as a high school sport.

Dr. George LeMasters, chairman of the Ontario Medical Association's sports medicine section, was commenting on a proposal of a Timmins chiropractor that football be replaced by soccer in high schools because of the incidence of football injuries, some of which are not detected until later in life.

"Serious, even fatal, injuries can occur in any sport," Dr. LeMasters said, "but we know of no scientific evidence that injuries are more frequent or more serious in football than in some other high school sports."

As for old injuries showing up later in life, Dr. LeMasters said major adult health problems result from a lack of exercise and good nutrition. "Youngsters in high school should be encouraged to participate in various sports programs and carry on regular exercise throughout life so that they will be in better physical condition than their parents," he said.

Dr. LeMasters said football injuries can be minimized through proper coaching and training methods, use of good protective equipment, provision of adequate facilities, application of rules to suit the age group involved, and strict enforcement of the rules by game officials.

The OMA sports medicine section five years ago conducted a study of hockey injuries among amateur players

15 to 21 years old, and as a result recommended changes in facilities and equipment to make the game safer.

Dr. LeMasters said a similar scientific study by a competent body might produce some useful suggestions for reducing

injuries in football.



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**Saturday, August 27**

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