

ASSORTED FLAVORS  
**IGA Fruit Drinks**  
**3** 48-FL. OZ. TINS **\$1**

BRICK, COLBY OR FARMERS

**Baden Cheese** 12-OZ. PKG. **\$1.29**

IN TOMATO SAUCE  
**IGA Spaghetti**  
14-FL. OZ. TIN **25¢**

ORANGE PEKOE

**Tetley Tea Bags** PKG. OF 72 **\$1.69**

CHIP RING, DIGESTIVE, SHORTCAKE OR NICE  
**Peek Frean Biscuits**  
14 TO 15-OZ. PKGS. **89¢**

ASSORTED FLAVORS

**Wyler's Fruit Drink Crystals** 22-OZ. CANISTER **\$1.49**

FANCY **IGA Tomato Juice** 19-FL. OZ. TIN **27¢**

CHOICE **IGA Dessert Pears** 14-FL. OZ. TIN **39¢**

IGA INSTANT, CANADA GRADE "A"  
**Skim Milk Powder** 3-LB. BOX **\$2.19**

**Javex Liquid Bleach**  
128-FL. OZ. PLASTIC BTL. **99¢**

TWIZZLERS, STRAWBERRY TWIZZLERS, GOODIES, SWANK MIX, NIB MAX OR STRAWBERRY CHEWS

**Y&S Licorice** 16-OZ. PKG. **89¢**

REGULAR OR RUFFLES **Lays Potato Chips** 250-g PKG. **89¢**

REGULAR 30'S OR SUPER ABSORBENT 24'S, DISPOSABLE **Babyscott Diapers** PKG. **\$2.09**

**New Freedom Beltless Maxi Pads** PKG. OF 30 **\$1.99**

1.5 MIL (26" x 36" SIZE) **Quikki Garbage Bags** PKG. OF 10 **89¢**

LIQUID OR CREAMED **Billy Bee Honey** 32-OZ. JAR OR TUB **\$1.59**



Supplied by THE OSHAWA GROUP LIMITED supply depot for progressive independents



**Mr. IGA's feature of the week...**

CANADA GRADE "A", EVISCERATED

**Fresh Chickens**  
**63¢**  
3-LB. AVG.

"IDEAL FOR THE BAR-B-QUE"

**Fresh Chicken Halves or Quarters** LB. **69¢**

MAPLE LEAF, CRYOVAC, BONE-IN, READY-TO-SERVE  
**Smoked Hams** HALVES LB. **\$1.89**

**Smoked Hams** QUARTERS LB. **\$1.99**

TABLERITE FEATURE OF THE WEEK EXCLUSIVE AT IGA! SLICED  
**Cooked Ham**  
6-OZ. PKG. **98¢**

MAPLE LEAF, BONELESS, READY-TO-SERVE  
**Dinner Hams** 3-LB. AVG. LB. **\$2.09**

RED HOT'S  
**Schneider's Wieners** 1-LB. PKG. **89¢**

EVERSWEET, RINDLESS SLICED  
**Side Bacon** 1-LB. PKG. **\$1.49**

YORK, SWEET PICKLED  
**Back Bacon** BY-THE-PIECE LB. **\$1.85**

MAPLE LEAF  
**Breakfast Slices** 1-LB. PKG. **\$1.09**

60% WHOLE WHEAT, CRACKED WHEAT OR WHITE SANDWICH  
**IGA Sliced Bread**  
**3** 24-OZ. LOAVES **\$1**

TWIN PACK

**Mir Liquid Detergent** SLEEVE OF 2X 24-FL. OZ. PLASTIC BTL. **99¢**

WITH PECTIN  
**IGA Raspberry or Strawberry Jam**  
24-FL. OZ. JAR **79¢**

**IGA Dog or Cat Food** 15-OZ. TINS **6 \$1**

FROZEN, BANANA, CHOCOLATE CREAM, COCONUT CREAM OR LEMON CREAM  
**Farmhouse Cream Pies**  
12-OZ. PKG. **59¢**

FROZEN

**Bluewater Boston Blue Fish Stix** 14-OZ. PKG. **99¢**

BEEF, CHICKEN, SALISBURY STEAK OR TURKEY, FROZEN  
**Savarin Dinners** 11-OZ. PKG. **69¢**

**IGA Sugared Donuts** PKG. OF 12 **49¢**

**IGA Bran Muffins** 2 PKGS. OF 6 **\$1**

IGA CHOICE  
**Cut Green or Wax Beans**  
14-FL. OZ. TIN **25¢**

CAKE AND PASTRY

**Monarch Flour** 3½-LB. BAG **69¢**

SOFT-SREAD, 100% PURE VEGETABLE OIL  
**Imperial Margarine** 1-LB. TUB **69¢**

DEODORANT (BATH SIZE)  
**Irish Spring Soap** 5-OZ. BAR **39¢**

PRODUCE OF REPUBLIC OF SOUTH AFRICA  
**Outspan Navel Oranges** SIZE 112'S DOZ. **99¢**

ONTARIO GROWN  
**Bunch Carrots** 3 BUNCHES FOR **99¢**

ONTARIO GROWN  
**Pepper Squash** 3 FOR **99¢**

PRICES EFFECTIVE WED., AUG. 10, TO SAT., AUG. 13, 1977. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**Buy Ontario grown products, support your local growers!**

FRESH FOR FLAVOUR

PRODUCE OF U.S.A. CANADA No. 1 GRADE  
**Cantaloupes** 2 FOR **\$1**

PRODUCE OF U.S.A. CANADA FANCY GRADE  
**Bartlett Pears** 3 LBS. FOR **99¢**

**ELMVALE I.G.A.** Open Thurs. & Fri., & 30 a.m. - 9:00 p.m.  
**PENETANG I.G.A.** HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat. 9:00 - 9:00 Thursday, Friday  
**MIDLAND I.G.A.** 397 RUSSELL ST., MIDLAND  
**Victoria Harbour I.G.A.** VICTORIA HARBOUR