



THEO BERNARD - YOUR MR. IGA  
AT VICTORIA HARBOUR IGA,  
VICTORIA HARBOUR, ONT.

# Mr. IGA's feature of the week...



IGA  
**Hamburg or Wiener Buns**  
3 PKGS. OF 8 **\$1**

PINK OR WHITE, FROZEN, CONCENTRATED

**Saico Lemonade** 6 6-FL. OZ. TINS **\$1**

IGA, FANCY  
**Peach Halves**  
14-FL. OZ. TIN **39¢**

CANADIAN, PROCESS, SINGLES  
**Kraft Cheese Slices** 16-OZ. PKG. **\$1.49**

FANCY  
**IGA Whole Kernel Corn**  
10-FL. OZ. TINS **3 \$1**

ASSORTED FLAVORS POLY BAG OF 4 X 3 1/2 OZ. PKGS.  
**Quench Drink Crystals** **99¢**

DR. BALLARD'S, ASSORTED VARIETIES  
**Champion Dog Food** 4 15-OZ. TINS **99¢**

CARNATION  
**Coffee Mate** 16-OZ. JAR **\$1.15**

PACKED IN A 16-OZ. MASON JAR MOTHER PARKER'S  
**Instant Coffee** 5-OZ. **\$2.99**

**IGA Dessert Shells** 2 PKGS. OF 6 **\$1**

PRINCESS OR CAVALIER MALLOWES  
**David's Biscuits** 14.1-OZ. PKG. **99¢**

HUMPTY DUMPTY, REGULAR, RIPPLE, SALT AND VINEGAR OR BARBECUE FLAVORED  
**Potato Chips** 225-g PKG. **89¢**

KRAFT, WHITE OR FRUIT FLAVOR  
**Jet Puff Marshmallows** 11-OZ. PKG. **45¢**

ASSORTED COLORS  
**Kleenex Facial Tissue**  
BOX OF 200 **49¢**

**Fresh Chickens**  
CANADA GRADE 'A' EVICERATED  
3-LB. AVG. LB. **59¢**

FRESH, **Chicken Quarters** "IDEAL FOR THE BAR-B-QUE"  
LB. **69¢**

**Burns' Pride of Canada**

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| NEW ZEALAND, FROZEN<br><b>Lamb Legs</b> LB. <b>\$1.29</b>       | NEW ZEALAND, FROZEN<br><b>Shoulder Lamb Chops</b> LB. <b>89¢</b>                   |
| BONIMART<br><b>Beef Patties</b> 2-LB. CRTN. <b>\$1.69</b>       | NEW ZEALAND, FROZEN<br><b>Lamb Leg Steaks</b> LB. <b>\$1.39</b>                    |
| NEW ZEALAND, FROZEN<br><b>Loin Lamb Chops</b> LB. <b>\$1.29</b> |  |
| <b>Side Bacon</b> 1-LB. PKG. <b>\$1.59</b>                      | <b>Sandwich Meats</b> 6-OZ. PKG. <b>48¢</b>  |
| <b>Wieners</b> REGULAR OR BEEF 1-LB. PKG. <b>85¢</b>            | <b>MAC &amp; CHEESE, CHICKEN, PICKLE &amp; PIMENTO, DUTCH, LUNCHEON OR BOLOGNA</b> |
| <b>Pork Sausages</b> 1-LB. PKG. <b>\$1.09</b>                   | <b>Sausage Sticks</b> 10-OZ. CHUB <b>99¢</b>                                       |
| <b>Cottage Rolls</b> 3-LB. AVG. LB. <b>\$1.25</b>               | <b>COOKED HAM JAMBON CUIT</b> 6-OZ. PKG. <b>\$1.15</b>                             |
|   | <b>PRIDE OF CANADA, SLICED COOKED HAM</b> 10-OZ. CHUB <b>99¢</b>                   |

PRODUCE OF U.S.A. CANADA NO. 1 GRADE  
**Santa Rosa Plums** LB. **39¢**

ONTARIO GROWN CANADA NO. 1 GRADE  
**Cauliflower** 2 FOR **\$1**

|  |   |
|--|---|
| GROWN IN ONTARIO<br><b>Spinach</b> 10-OZ. CELLO PKG. <b>39¢</b>              | PRODUCE OF U.S.A. CANADA FANCY GRADE<br><b>Anjou Pears</b> LB. <b>39¢</b>       |
| PRODUCE OF U.S.A.<br><b>Bunch Carrots</b> 3 BUNCHES FOR <b>99¢</b>           | PRODUCE OF U.S.A.<br><b>Sunkist Valencia Oranges</b> SIZE 113's DOZ. <b>99¢</b> |
| GROWN IN ONTARIO CANADA NO. 1 GRADE<br><b>Field Cucumbers</b> EA. <b>29¢</b> |   |

FROM CONCENTRATE BLENDED, GRAPEFRUIT OR ORANGE  
**IGA Fruit Juices**  
48-FL. OZ. TIN **49¢**

**Hereford Corned Beef** 12-OZ. TIN **99¢**

IN TOMATO SAUCE  
**Libby's Spaghetti**  
19-FL. OZ. TIN **39¢**

**IGA Choice Tomatoes** 19-FL. OZ. TIN **39¢**

MACARONI AND CHEESE  
**Kraft Dinner**  
7 1/2-OZ. PKGS. **4 \$1**

PINK OR WHITE  
**Sweetheart Facial Soap** 3-BAR PKG. **59¢**

DAYTIME, DISPOSABLE  
**Comf-ees Diapers** PKG. OF 30 **\$2.39**

PLASTIC, 1.5 MIL, 26" x 36" SIZE  
**Glad Garbage Bags** PKG. OF 10 **\$1.09**

POWDERED  
**ABC Detergent**  
5-LB. KING-SIZE BOX **\$1.69**

100% VEGETABLE OIL  
**IGA Soft Margarine** 1-LB. TUB **59¢**

PURE, UNSWEETENED, GRAPEFRUIT OR ORANGE  
**FBI Juice** FROM CONCENTRATE 64-FL. OZ. BTL. **99¢**

BIRDSEYE, FROZEN  
**Cool Whip** 1-LITRE TUB **99¢**

**Coke** 1.5 litre **49¢** plus deposit

PRICES EFFECTIVE WED., JULY 13, TO SAT., JULY 16, 1977.  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

**ELMVALE I.G.A.**

Open Thurs. & Fri., 8:30 a.m. - 9:00 p.m.

**PENETANG I.G.A.**

HIGH POINT MALL 9:00 - 6:00 Mon., Tues., Wed., Sat.  
9:00 - 9:00 Thursday, Friday

**MIDLAND I.G.A.**

397 RUSSELL ST., MIDLAND

**Victoria Harbour I.G.A.**

VICTORIA HARBOUR