



Book review

by Shirley Whittington
There's half a dollar bill pasted on the cover of the review copy of *The Canadian Consumer's Survival Book* and that says it all. Everyone these days feels as if every dollar in the wallet has been halved in buying power.
Phil Edmonston and Ellen Roseman, co-

authors of the *Survival Book* set out to tell you not only how to survive in the inflationary marketplace, but how to fight back in the hope that some of the rules of the game might be changed.
When the book went to press, lawyers hired by the publishers went through it with a fine toothed comb an-

icipating lawsuits. No wonder. Products are unashamedly named thus: "A Butterball turkey costs an extra five cents a pound and saves you about two minutes work - the time it takes to paint the bird yourself with melted butter or oil." Again: "Hamburger Helper costs the equivalent of \$1.58 a pound for what amounts to mainly noodles and dehydrated sauce."
And that's just in the chapter on food.
There's a good fat

chapter on housing which includes information on buying and renting, and also tips on things like household insurance and moving expenses. (Did you know that unscrupulous moving companies have been known to add the weight of a couple of 200 pound movers when computing the cost of driving your household goods from one place to another?)
Edmonston is an old hand at beating the transportation demon, and a lot of the material in the chapter on transportation is covered in his previously published

Canadian Used Car Guide. But in the *Survival Book*, he includes additional tips on keeping your insurance rate down, and guarding against inflated repair bills ("Ask for the old parts back," says Edmonston, "when you have anything replaced on your car. This insures that the parts were actually changed, and that your worn parts won't be passed off on another motorist as new merchandise."
Probably one should never fly another mile without reading what the *Survivor's Handbook* has

to say about saving money on air fares, and how to get action if your luggage is lost or mashed up. He also recommends the use of a travel agent - "a gold mine of information" - but he warns, find a reliable one. And he tells you how.
Patients' rights
The chapter on medicine has some interesting insights. Patients, he insists, have the right to be informed, respected and to get equally good care no matter where they live. The most chronic human disease is tooth decay, and it develops

that a dental patient has rights too. They include the right to a written statement of costs in advance of treatment, and the right to your own dental X-rays and records.
Lawyers, contends Edmonston, have never been very popular. He then leads the reader through the legal thickets, beginning with some sound suggestions on when you need a lawyer and when you don't. Fees and billing seem to be the biggest problem here. Lawyers, like dentists should be willing to provide a written estimate of how much their advice will cost.
What do you do if you are arrested? *Survivor's Handbook* tells you with a list of nine guidelines to protect yourself. You may be surprised at how

few civil rights Canadian citizens have.
All the chapters in the *Canadian Consumer's Survival Book* close with suggestions on how to fight back and how to complain effectively. The last chapter entitled "Complaining" records a number of actual case histories where complaining to the right person has resulted in a better deal for the consumer.
The *Canadian Consumer's Survival Book* bills itself as "an indispensable guide for Canadian buyers." Certainly for consumers who are interested in saving money, it's well worth a serious read. *Canadian Consumer's Survival Book*: Ellen Roseman and Phil Edmonston. General Pub. \$6.95 paperbound.

Local theatres offer popular films

by Terry Dupuis
Freaky Friday:
The name of Walt Disney has become synonymous with fine family movie entertainment for several generations. Disney

is giving us a new comedy called *Freaky Friday*. Barbara Harris and Jodie Foster star as a mother and daughter who through a supernatural occurrence change identities and per-

Lives Down The Lane.
Freaky Friday begins tomorrow night at the Pen Theatre, double-billed with an action film called *Moving Violation*.
Carrie:
The hit movie *Carrie* returns to the Pen Theatre this Sunday for a four-evening engagement, double-billed with *Demon Seed*.

Carrie is one of the best supernatural thrillers of the past year. New actress Sissy Spacek stars as Carrie White, a shy high school girl who is continuously picked on by the other students and abused by her own mother. One day she learns she has telekinesis, the ability to move objects with the power of her mind. When Carrie is made the object of an extremely cruel joke at the prom, she unleashes the full extent of her powers.
Sissy Spacek received

an Academy Award nomination for Best Actress, and Piper Laurie, who portrays her mother, was nominated for Best Supporting Actress for her performance. *Carrie* is exceptionally well-made by director Brian de Palma, who also made another fine thriller called *Obsession*.
Slap Shot:
Paul Newman stars as the coach of a down-and-out small-town hockey team in *Slap Shot*, a new movie which will be coming soon to the Odeon Theatre in Midland. The movie has a few dramatic moments, but it is basically a comedy, a satire which thrusts savagely at the sport of hockey in much the same way as *Network* spoofs the television industry.
The script is by a young woman named Nancy Dowd but it is far from being genteel. It contains

a good deal of earthy humour, harsh language and locker-room obscenities, as well as enough violence to fill a Sam Peckinpah western or war movie.
Slap Shot's director is George Roy Hill, who previously directed Newman in *Butch Cassidy and the Sundance Kid* and *The Sting*. *Slap Shot* shows every indication of being as big a box-office hit.
Costarring with Paul Newman in *Slap Shot* are Strother Martin as the team's dishonest general manager, Michael Ontkean of T.V.'s "The Rookies" and Jerry Hauser who five years ago played one of the boys in "Summer of '42".

Movie review

himself has been dead for more than ten years, but his successors have carried on and maintained the tradition. Earlier this year moviegoing families were treated to *The Treasure of Matecumbe* and *The Shaggy D.A.*
Now the ever-reliable Walt Disney Productions

sonalities for a day. The movie abounds with slapstick, car chases and good-natured fun.
14-year old Jodie Foster adds another good performance to her growing list of credits. Among her earlier films are *Taxi Driver*, *Bugsy Malone*, and *The Little Girl Who*

Call Contact

526-9333
Hours 9 a.m. to 5 p.m.
Monday to Friday
(Except Holidays)
Many rumours have been circulated about the Meals-On-Wheels program, as to whether it would continue or not. Today I am happy to report that all the problems have been cleared away and the Meals-On-Wheels program will continue.

The problems that faced Contact was the time that was involved in recruiting the runners and drivers for the program. I am sure everyone is aware of the shortage of funds for Contact and it has therefore been necessary again to cut back in staff. This situation presented a problem in that one staff member could not possibly contact the necessary runners and drivers each day and also carry on with the other much needed services of information that Contact gives to this area.

At the beginning of June, a letter was sent to the Ministerial Association outlining the problems we faced with our Meals-On-Wheels program. The letter stated that some group would have to pick up the project or it would have to be dropped.

After many meetings with the different churches and their representatives a solution has been reached. This is

how it is going to work: On Mondays, the Calvary Baptist Church will be responsible for the runners and the drivers, Tuesday, St. Pauls United Church, Wednesday - The Alliance Church and Thursday - Knox Presbyterian Church will be responsible. Mrs. Marion Reed of Contact will still be the co-ordinator but by the churches supplying the runners and drivers, Marion will be relieved of the many phone calls. Contact will still receive the calls from the recipients of the meals and will work directly with the hospital and help the program by keeping the books.

It is with regret that the Board must say goodbye to a valued member; - Mr. Kaye Chomko. Mr. and Mrs. Chomko are moving to Vancouver where Mrs. Chomko will be directing the Early Childhood Development Program for the Waldorf Clinic in Vancouver North. Mr. Chomko has served on the Board of Directors for Contact since its inception. His loyal and constant support of Contact will be greatly missed. We wish him well and much happiness in his future endeavours.

Happiness is helping others to help themselves.
Mary M. Gibson
Administrator.



PUBLIC MEETING PROVINCIAL PARKS

The Provincial Parks Council will hold a Public Meeting on Thursday, July 14, 1977 at 7:30 p.m. in the Oakview Community Centre, Mosley Street, Wasaga Beach, Ontario.

The purpose of the meeting is to listen to any individual or group wishing to discuss matters relevant to policies, planning, operations, management and any other matter related to the Provincial Parks of Ontario.

Individuals or groups wishing to be heard may contact the undersigned for an appointment time, or appear at the above named place.

Dr. George Priddle, Chairman
Provincial Parks Council
Room 332
Environmental Studies Building
University of Waterloo
Waterloo, Ontario
N2L 3G1

Telephone: (519) 885-1211
local 2762

UNDERWOOD BROADLOOM



Largest Selection of Carpet in Simcoe County

INVENTORY CARPET CLEARANCE SPECIAL \$2.95 SQ. YD.
Ideal for cottage or rec. rooms

UNDERWOOD BROADLOOM

Highway 26, 27 North, Barrie 728-0899

The Gryphon Theatre Company Barrie

Presents Humor, Sadness & Truth About Being 50 Years Old

PEOPLE ARE LIVING THERE
By Athol Fugard
Starring Joan Orenstein
Directed by Ted Follis

JULY 18-23

Mon. thru Sat. - 8:30 p.m.
Tues. and Thurs. Matinee - 2:00 p.m.
Box Office (705) 728-4613
Easy to Reach Free Parking
GEORGIAN COLLEGE THEATRE, BARRIE
(at Interchange of Hwy. 400 & Duckworth St.)

STARTS TODAY!

"THE FUNNIEST NEW COMEDY OF THE YEAR."
-Vernon Scott, UNITED PRESS

PAUL NEWMAN IN
A GEORGE ROY HILL FILM



SLAP SHOT
WARNING
Violence and coarse language throughout
Theatre Branch, Ontario

ODEON THEATRE
King St., Midland 7 & 9 526-5791

MIDLAND DRIVE-IN THEATRE

EVERGREEN SIDE RD. 526-2411
Gates open 8 p.m.

PRAY... AND RUN FOR YOUR LIFE!



For all the courage of man and all the wisdom of science is helpless to halt their march to conquer the world.
H.G. WELLS
Empire of the Ants

Added attraction: Recommended as ADULT ENTERTAINMENT OPERATION: "FUTUREWORLD!"

PEN THEATRE

Thurs., Fri., Sat.
July 14, 15, 16
FREAKY FRIDAY
plus
MOVING VIOLATION

Sat., July 16
Matinee
FREAKY FRIDAY

Sun., Mon.,
Tues., Wed.
July 17, 18, 19, 20
CARRIE
plus
DEMON SEED

HOW MUCH MONEY DO YOU NEED? 2,500 to 100,000

Pay off all your debts in one clean sweep and have only one small monthly payment

I'LL LEND YOU MONEY TO . . .

- Pay off a mortgage
- Combine 2 or more mortgages into 1
- Pay taxes and insurance
- Consolidate overdue bills
- Improve property
- Pay off a loan company or bank
- Purchase car, boat or cottage
- Or for any worthwhile purpose

CALL ME PERSONALLY
DUANE PATFIELD
429-3615

GREAT NORTHERN CREDIT CORP.
Box 143, Collingwood, Ontario

Want a REPRINT of a photo in our paper? Payable in advance
Come into one of our offices and order yours today

LOOK HERE FOR Dining & Entertainment

Bavarian House
Enjoy our specialty of German Cuisine with a Canadian Taste
Excellent Dining Facilities overlooking beautiful Georgian Bay

Open for meals daily:
12 noon - Midnight
Sunday: 12 noon to 10 pm.
Contemporary German Disco
Music by Helmut Tietz and His Studio 67
Located two miles past Martyrs Shrine from Midland, Hwy. 12 and Con. Rd. 4
Dancing Fri. & Sat. 9 pm. to 1 am.
(Only Restaurant in area mentioned in Book "Where to eat in Canada 76-77")
534-3202

WATERGATE Steak House & Tavern
Offers the finest steaks seafood and service. Fully licensed.
Business Men's Luncheon Monday-Friday 12-2:30 p.m.
Open Sunday 12:00-10 p.m.
Weekend entertainment Reservations call 549-8671
Main St., Waterfront Penetanguishene



The Watergate
The Watergate Restaurant prides itself on its fine cuisine and its excellent service.

Sandy Bay Inn
on Georgian Bay at Midland Point

Excellent accommodation fully equipped, great food.

Fully licenced entertainment nightly.

549-2245

CKMP Midland Marina

Marine reports at 25 minutes after the hour



"The only station you'll ever need"

CKMP-1230