



Scott Paper Sale



ASSORTED COLORS
Scotties Facial Tissue BOX OF 200 SHEETS **49¢**

ASSORTED COLORS
Scottowels 2-ROLL PKG. **77¢**

SOFT & PRETTY
Scott Bathroom Tissue 4-ROLL PKG. **99¢**
 ASSORTED COLORS, LADYSCOTT
Facial Tissue BOX OF 150 SHEETS **59¢**
Cut Rite Wax Paper 100 FT. ROLL BOX **59¢**
 SANITARY NAPKINS
Confidets PKG. OF 12 **77¢**

REGULAR ONLY
Pepsi-Cola
 750-ml RETURNABLE BTL.
19¢
 PLUS 20¢ DEPOSIT ON BTL.

FLAVORED
Swing Orange Crystals POLY BAG OF 4 x 3 1/4-OZ. PKGS. **99¢**

SWEET GREEN, HOT DOG, HAMBURG OR CORN
Rose Relishes
 12-FL. OZ. JAR **39¢**

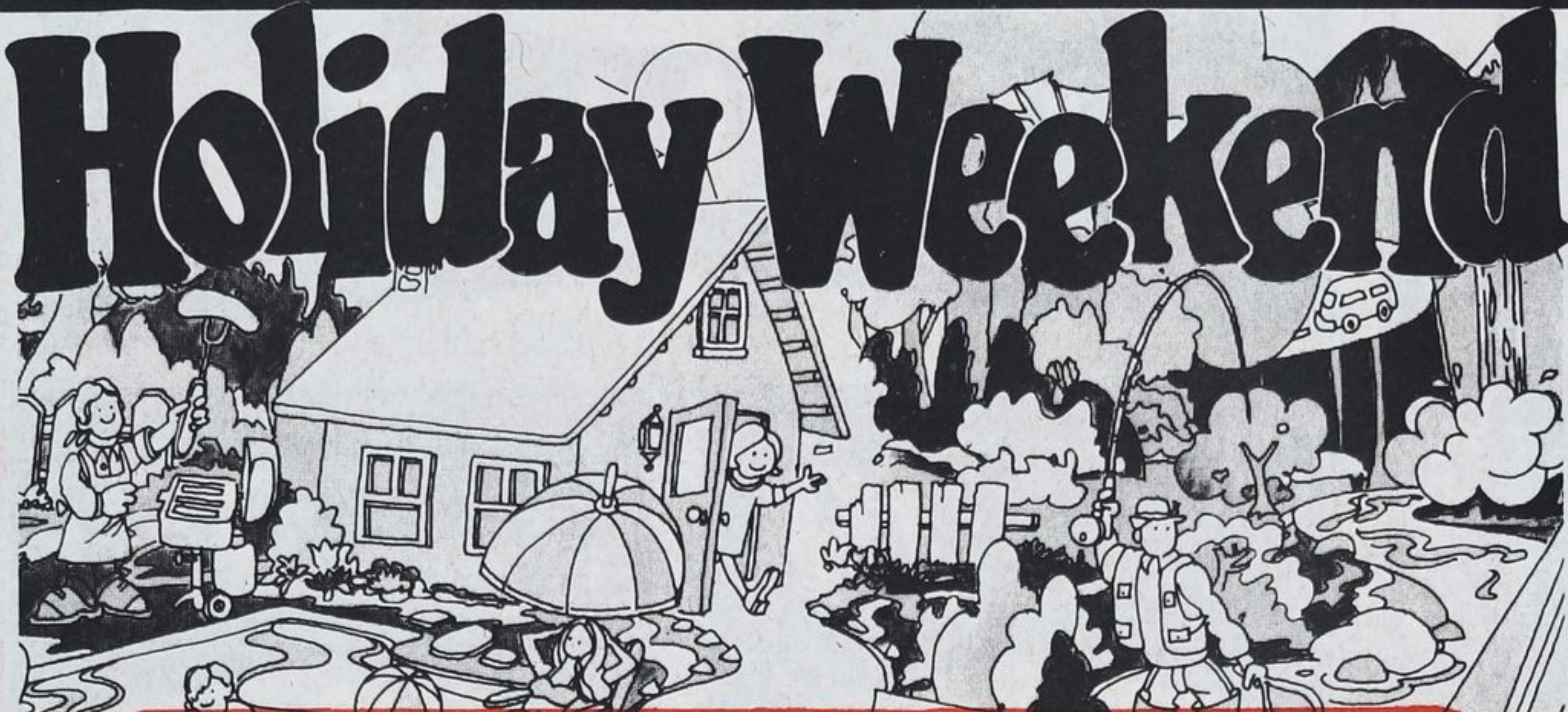
BEEF OR IRISH
Cordon Bleu Stew 24-FL. OZ. TIN **79¢**

FROZEN, CONCENTRATED PINK OR WHITE
Sunsqueeze Lemonade
 12 1/2-FL. OZ. TIN **29¢**

FANCY
IGA Tomato Juice 19-FL. OZ. TIN **27¢**
 ASSORTED VARIETIES
9 Lives Cat Food 4 6 1/2-OZ. TINS **\$1**
 HAND-CAINS, ASSORTED FLAVORS
Kool-Aid 660-g TIN **\$1.69**
 CHIP RING, DIGESTIVE, SHORTCAKE OR NICE
Peek Frean Biscuits 14 TO 15-OZ. PKGS. **89¢**
 REGULAR, RIPPLE, SALT & VINEGAR OR BARBECUE FLAVORED
Hostess Potato Chips 225-g PKG. **79¢**
 SOLID
Zip Barbecue Starters 17-OZ. PKG. **59¢**

SAVE \$2.00

ON THIS IMPORTED FROM FRANCE
 20-PIECE SET-UP BREAK RESISTANT
 SPECIALLY TEMPERED ATTRACTIVE GLASS
MARLY
 Smoke Dinnerware
 WITH THIS COUPON
 YOU PAY ONLY \$8.98
 FOR THE SET
 OFFER AVAILABLE WHILE SUPPLIES LAST



Holiday Weekend

CANADA GRADE "A", EVisCERATED
Fresh Young Turkeys UNDER 12-LBS. LB. **79¢**

SUGAR PLUM, READY TO SERVE CRYOVAC, BONE IN
Smoked Hams HALVES QUARTERS
 LB. **\$1.69** LB. **\$1.79**

CANADA GRADE "A", FROZEN
 TABLERITE, YOUNG, EVisCERATED
Self-Basted Turkeys UNDER 12 LBS. LB. **98¢**

SWIFT'S PREMIUM, BONELESS, READY TO SERVE
Dinner Hams 3-LB. AVG. LB. **\$1.89**

SUNNY MORN. RINDLESS, SLICED
Side Bacon 1-LB. PKG. **\$1.39**
 OLD MILL, PORK & BEEF
Breakfast Sausages STORE PACKED LB. **79¢**

TABLERITE
Wieners 1-LB. PKG. **78¢**
 SHOPSY
Potato Salad or Cole Slaw 12-OZ. TUB **49¢**

TABLERITE, SLICED
Bologna 16-OZ. PKG. **85¢**

IGA
Hamburg or Wiener Buns
 PKG. OF 8 **35¢**

ORANGE PEKOE
Red Rose Tea Bags BOX OF 60 **\$1.29**

Heinz Ketchup
 15-FL. OZ. BTL. **59¢**

ASSORTED VARIETIES
Lancia Pasta 2-LB. BAG **65¢**

Mir Liquid Detergent
 2 x 24-FL. OZ. PLASTIC BTLS. **99¢**

FANCY, FROZEN, WHOLE KERNEL
Green Giant Niblets Corn 2-LB. POLY BAG **99¢**
 CHOCOLATE, VANILLA, STRAWBERRY OR LEMON, FROZEN
Sara Lee Layer Cakes 13-OZ. PKG. **99¢**
 PURE, UNSWEETENED, FROM CONCENTRATE
Kraft Orange Juice 64-FL. OZ. BTL. **99¢**
 PROCESS, CANADIAN SINGLES
Kraft Cheese Slices 8-OZ. PKG. **79¢**

FRESH FOR FLAVOUR
 PRODUCE OF U.S.A.
 CANADA NO. 1 GRADE
Florida Tomatoes LB. **39¢**

PRODUCE OF U.S.A.
Bunch Carrots 3 BUNCHES FOR **99¢**

PRODUCE OF U.S.A., "NEW CROP"
Sunkist Valencia Oranges SIZE 1 1/2'S DOZ. **99¢**
 FROM BRITISH COLUMBIA CANADA FANCY GRADE
Spartan Apples 3-LB. BAG **99¢**

PRODUCE OF U.S.A.
Green Onions 2 BUNCHES FOR **33¢**
 PRODUCE OF U.S.A.
Cello Radishes 2 6-OZ. PKGS. **33¢**

Marie Paule Green
 Marie Paule Green
 Director - Consumer Affairs Dept.

Ground Beef Labelling
 Are you puzzled by the new ground beef labelling? Relax, it's much simpler than the old method.
 Regular, medium or lean ground beef are the three terms currently used. If you have a diet sheet that recommends "ground round", then you should select lean ground beef. Doctors and dieticians are aware of the new terms, but older diet sheets may show the former terms.
 Lean ground beef must not exceed 17% fat.
 Medium ground beef must not exceed 23% fat.
 Regular ground beef must not exceed 30% fat.
 These are Canadian regulations, no matter where you buy your ground beef.

ELMVALE I.G.A. Thurs. & Fri., 8:30 a.m. - 9:00 p.m.
 PENETANG I.G.A. Poyntz Plaza, Penetang
 MIDLAND I.G.A. 397 Russell St., Midland
 Victoria Harbour I.G.A. Victoria Harbour