

Vegetable planting

by Agnes Millward
Last week I talked about preparing your vegetables which may be planted now. If you don't have your seeds, purchase the ones which I'll mention and achieve that head start on everyone else.

Potatoes may be planted, if you have the space; they require a tremendous amount of space to be worthwhile therefore are not practical for the average home gardener. Peas may also go in, without worry of frost and they will even survive a light snowfall. When sowing your peas, scoop a shallow trench about two inches in depth, and the width of your spade, then scatter the seed at random along this trench, cover gently placing wire, stout string or branches on top over which the peas will grow. This method will save precious space while providing several pickings for a family of four. An additional trench will add nicely to the freezer.

Radishes, onions, lettuce and spinach like cool weather to germinate and grow, so put these in now. I recommend that these be planted in half rows at two week intervals with the exception of onions which can be planted all at once.

These vegetables germinate and grow quickly, putting you into a tail spin trying to cope with an abundance of vegetables if too many are planted at one time.

These vegetables also bolt, or go to seed quickly in the very hot, dry months. Onion may be sown early and all at once, thinnings as green spring onions. Purchase a maggot or grub killer for both onions and radishes, dusting in the row as you sow your seeds. This will prevent a disfigured, unappetizing harvest. The grub deterrent is readily available at any store with garden supplies.

Parsnip, parsley, carrots, turnips and beet may be sown in early spring, planting them all at once too. Cook your small carrot thinnings, there is no better taste!

Companion planting
Some food for thought is the method of 'companion planting' which is growing together those plants which whose pests either cancel each other out or whose odours repel the pests of others. Plant beets with onions, carrots with peas, celery with beans or leeks, onions with beans, radishes with lettuce, tomatoes with parsley and turnips with peas. The combinations are said to be mutually beneficial to each other in repelling insects.

Try to avoid planting or rotating tomatoes with beans, corn, peas or radishes and celery with carrots as they attract the same pests. 'Companion planting' is a form of organic gardening which could prevent the heavy use of pesticides, of which many are toxic in large doses to us, pets and the birds and bees.

Just a reminder about the upcoming Horticultural Society meeting, Monday, April 25 at 7:30 p.m. Mrs. Pat Tracy will be the guest speaker and she will speak on house plants and macrame hanging containers. There will also be a houseplant show open to the public at 7 p.m.

Teen dances at YMCA

Are still being held at the Midland Y.M.C.A. each Friday evening. The dances start at 8:00 p.m. and finish at 10:30 p.m. Admission is restricted to boys and girls between the ages of 11 and 15. Chaperones are provided by 4 members of the Y's Men's Club each week. Disco music is provided by Dan Lethbridge and Blair Hamelin and Prizes are awarded for winners of the occasional spot dance.

That's the Junior Teen Dance this Friday and every Friday at the Y - admission is .50c. Y membership is not necessary.

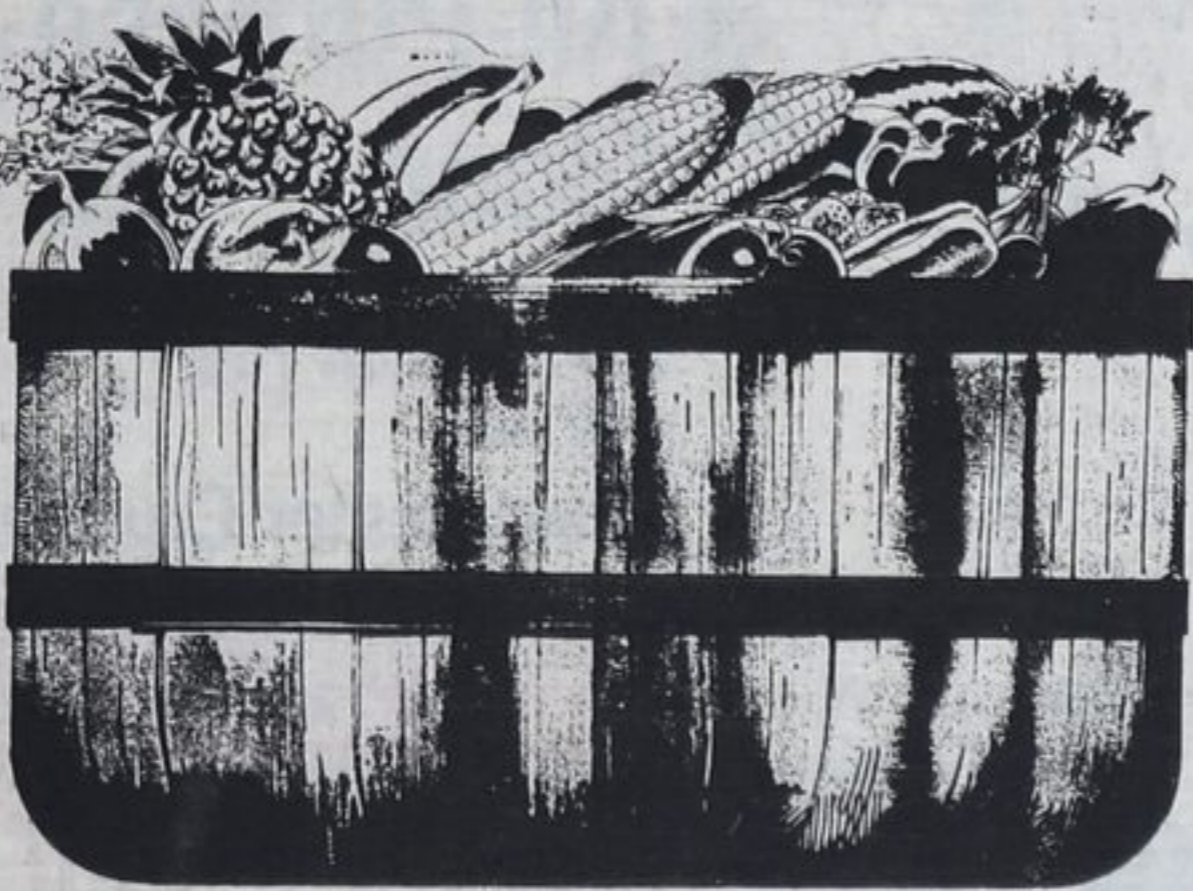
FRESHNESS MAKES THE DIFFERENCE AT A&P



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WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS!

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FERTILIZER, PEAT MOSS AND GRASS SEED NOW AVAILABLE AT ALL A&P STORES



VALENCIA—SWEET, JUICY
SUNKIST ORANGES
4-LB CELLO BAG **99¢**

CALIFORNIA, LARGE SIZE, NO. 1 GRADE
CAULIFLOWER
EACH **69¢**

NO. 1 GRADE—ENJOY A SALAD EVERY DAY
Imported Lettuce each **39¢**
CANADA FANCY, WASHINGTON
Anjou Pears 3 lbs **1.00**
SMALL NO. ONE GRADE, ONTARIO, RED 3-LB CELLO BAG
Delicious Apples **99¢**
NO. 1 GRADE, FLORIDA, PACKED FRESH DAILY
Celery Hearts bunch **69¢**

CALIFORNIA, FRESH, TENDER
Broccoli each **69¢**
FLORIDA, INDIAN RIVER, WHITE
Grapefruit 10 for **99¢**
CRISP, SWEET
Almeria Grapes lb **99¢**
ARIZONA, LARGE BUNCHES
Green Onions 5 for **1.00**

IMPORTED, PACKED FRESH DAILY
Spinach 10-oz cello pkg 2 for **99¢**
NO. 1 GRADE, IMPORTED, GREEN SLICERS
Cucumbers 3 for **1.00**
SEVERAL VARIETIES TO CHOOSE FROM 6-INCH POT
Hanging Baskets **4.99**
FOR A BEAUTIFUL LAWN—A&P'S OWN OXFORD PARK
Grass Seed 2-lb bag **2.59**
4-LB BAG **4.99**

BOUTIQUE PKG OF 2 ROLLS Action Priced
Kleenex Towels 89¢

LORETTA STD
PEACH HALVES
28-FL-OZ TIN **49¢**

MANNING—VARIETY PACK
Cookies 2 1/2-LB PKG 1.59

ALL PURPOSE—ACTION PRICED!
MONARCH FLOUR 89¢
SAVE 24¢ 5-LB BAG

MARVEL BRAND, SLICED
WHITE BREAD 4 FOR 1.00
16-OZ LOAF
BUY 4 LOAVES SAVE 40¢

JANE PARKER—SLICED
RAISIN BREAD 39¢
16-OZ LOAF
SAVE 24¢

ACTION PRICED!
MONARCH—CHOC. CHIP, SPICY APPLE RAISIN, BANANA NUT
Deluxe Snack Cake Mix 69¢
SAVE 20¢ 13-OZ PKG

FROZEN—BOSTON BLUE 16-OZ PKG ACTION PRICED!
Highliner Fillets **85¢**
4 Varieties—Including Beans With Pork 14-fl-oz Tin
Heinz Beans 2 for **79¢**
7 VARIETIES—READY-TO-SERVE 9-OZ PKG ACTION PRICED!
Quaker Cereals **59¢**
Mix 'N Match—Fancy French Style Green or Wax Beans 10 fl oz—Fancy Green Lima Beans 10 fl oz—Whole Kernel Corn 7 fl oz—Fancy Peas 10 fl oz—Beans with Pork 8 fl oz
York Vegetables 4 tins for **1.00**
NO. 1 GRADE—LIQUID 32-OZ JAR ACTION PRICED!
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DOG FOOD—BURGER ACTION PRICED!
Ken-L Ration 2 kg Bag **2.59**
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CAPRI
LUNCHEON MEAT LOAF 59¢
12-OZ TIN

Action Priced
SUNLIGHT POWDERED DETERGENT 3.99
10-LB BOX
SAVE 90¢

BUDGET—SINGLE PLY PINK—YELLOW—WHITE
BATHROOM TISSUE 89¢
PKG OF 4 ROLLS

JANE PARKER 16-OZ LOAF SAVE 20¢
Spice & Nut Loaf **59¢**
TWIN PACK PKG OF 2-100 ml TUBES
Aim Toothpaste **1.99**
FACIAL TISSUE—ASSORTED COLOURS ACTION PRICED!
Lady Scott box of 150 sheets **53¢**
RAINBOW SAVE 12¢ PKG OF 250
Rite Serviettes **1.29**
A&P—PLASTIC
Garbage Bags pkg of 10 **88¢**
MOTHERS ACTION PRICED!
Macaroni 32-oz pkg **59¢**
LIQUID LAUNDRY—1/2 PRICE SALE!—1 LITRE PLASTIC JUG
Wisk Detergent **83¢**

PRICE PLUS QUALITY MAKES THE DIFFERENCE AT A&P!

A&P or Town Club, Sliced
Side Bacon 1.28
1-LB VAC PAC

CUT FROM CANADA GRADE "A" BEEF
EXCELLENT FOR BRAISING
Blade Steaks 68¢
BONE IN, POT
Shoulder Roasts 68¢

RED HOTS, DUTCH TREAT & ALL BEEF
Schneiders Wieners 78¢
1-LB VAC PAC

NEW ZEALAND, IMPORTED, FROZEN, SHOULDER
Lamb Chops lb **88¢**
HIGHLINER, FROZEN, BOSTON (5-LB BOX 3.29)
Bluefish Fillets lb **69¢**
SCHNEIDERS FROZEN
Steak Pies 3 pkg. **69¢**
TAILLEFER, FROZEN, TOURTIERE
Meat Pies 16-oz pie **1.19**

CUT FROM CANADA GRADE "A" BEEF
BONELESS BLADE or SHORT RIB ROAST 98¢
CUT FROM CANADA GRADE "A" BEEF BONELESS SHOULDER CUTS
Cross Rib Roast lb **98¢** Stewing Beef lb **96¢**

COORSH
Corned Beef PKG OF 4 2-OZ PKGS **1.18**
PREVIOUSLY FROZEN, SLICED
Beef Liver lb **48¢**
MAPLE LEAF, SLICED, LUNCHEON, MAC & CHEESE PICKLE & PIMENTO OR CHICKEN
Cooked Meats 12-oz vac pac **89¢**
SWIFT, SLICED
Cooked Ham 6-oz Vac Pac **99¢**

HUGEL AVENUE

MIDLAND