

PLUS DEPOSIT ON JUGS

CARNATION, FROZEN BONUS PACK Potatoes 21/2-LB. BAGS

REGULAR, RIPPLE, SALT & VINEGAR

OR BARBECUE FLAVORED

Hostess Potato Chips

Maple Leaf \$2.89 Hams PEAR SHAPED 2.89

Sunlight Liquid 32-FL. OZ. Detergent KING SIZE PLASTIC BTL. 89¢

Tea Bags BOX OF \$1

ORANGE PEKOE

Tetley

CARIBBEAN QUEEN

Chunk Light

HOSPITALITY, SLICED

White Bread

CANADA DRY ASSORTED FLAVORS Drinks

PLUS 20¢ DEPOSIT ON BTL

CHRISTIE'S Crackers

16-0Z. PKG.

from



TABLERITE BEEF

Standing Rib Roast

TABLERITE BEEF

Beef Rib Steaks &:

Side Bacon

Beef Wieners

1-LB \$ 1.19 Beef Braising Ribs 1-LB. 79¢ Potato Salad

Pork Sausages PKG. \$1.15 Cole Slaw

24-0Z. 69¢

Old World Salamis 12-02. \$1.29

LB. 78¢

24-0Z. 75¢

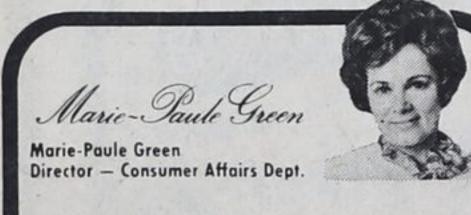
AT IGA WE STILL HAVE AN EXCELLENT SELECTION OF FESTIVE TURKEYS AND HAMS FOR YOUR NEW YEAR'S TABLE.

Tuna IGA, ASSORTED VARIETIES 4 3-0Z. \$1 **Meat Spreads**

24-FL 49¢ **Prepared Mustard**

ROBIN HOOD, LEMON, SPICE OR DUTCH DEVIL Streusel Krone 21-0Z. \$1.29 **Cake Mixes** DEMPSTER'S (11¢ OFF LABEL)

PKG. 99¢ . Kaiser Rolls SOME OF EACH CRACKERS OR McCormick's 12-0Z. 69¢ . **Party Crackers**



Dried Fruits

Dried fruits make a most enjoyable alternative to candies, especially during the holiday season. They can be eaten out of hand or used for attractive and nutritious desserts. They may seem expensive, but keep in mind that they increase four times in volume when reconstituted.

To cook, simmer the fruit in one inch of cold water in a covered pan; the steam will plump them up. If sugar is required it should be added about halfway through to prevent toughening of the fruit. Dried fruit will keep for six to eight months if stored in an airtight container.

To soften dried fruit that has gone leathery, store for a few days in an airtight jar with fresh lemon or orange peels. Dried fruit provides us with a tasty and very nutritious snack that is available all year round.

PRODUCE OF U.S.A., SWEET AND JUICY

Tangerines

DOZ. SIZE 176'S

PRODUCE OF U.S.A. CANADA NO. 1 GRADE

Tomatoes LIBS

PRODUCE OF U.S.A. **Bunch Carrots** PRODUCE OF U.S.A.

Green Onions

3 BUNCHES 99¢

Cucumbers Rutabagas

PRODUCE OF MEXICO CANADA NO. 1 GRADE

3 FOR 99¢

CRUSHED, TIDBITS OR SLICED Palanda

Crystals

POLY BAG OF 4 x 3¹4-OZ.

MAXWELL HOUSE

Instant Coffee

WHOLE - NO GARLIC OR POLSKI ORGORKI Bick's Dill Pickles oz. JAR 69¢

SEALTEST Onion

Chip Dip DEL MONTE

Pineapple Juice DANISH MAID, BEVERAGE OR OLD FASHIONED

PKG. 69¢ **Clear Plastic Tumblers** PKG. 49¢ Styrofoam Cups EXTRA STRONG (8%-INCH) **Chinet Plasticized Luncheon Plates** EXTRA STRONG (101/2-INCH) **Chinet Plasticized** PKG. 89¢ **Dinner Plates** IGA, 1.5 MIL (26" x 36" SIZE)

FROZEN, 4 PACK, 5" SIZE Kellogg's Deluxe Pizza 16-0Z \$1.49 CHUN KING, PINEAPPLE CHICKEN, SWEET & SOUR BREADED SHRIMP OR PEPPER STEAK

Plastic Garbage Bags

PKG. \$1.39

Frozen Chinese Dinners Mild Cheddar Cheese BLOCKS \$1.65 100% PURE VEGETABLE OIL Blue Bonnet Margarine 3-LB \$1.59

Alka Seltzer BTL 83¢ BTL \$1.39

PRICES EFFECTIVE TUES., DEC. 28, TO FRI. DEC. 31, 1976. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. WITH THIS COUPON

Bloody Mary

WITH THIS COUPON

ON THE PURCHASE OF A 28-FL. OZ. BTL. OF LEAHY, FANCY

Applesauce

WITH THIS COUPOI

ON THE PURCHASE OF A 41/2-FL. OZ. TIN OF

Highliner

WITH THIS COUPON

SAVE 8¢

ON THE PURCHASE OF A 12-OZ. PKG. OF PURINA (ASSORTED FLAVORS) Tender Vittles

WITH THIS COUPON

Nestlé **Hot Chocolate**

ON THE PURCHASE OF A 65-0Z. KING SIZE PKG.

Dishwasher Detergent

WITH THIS COUPON

ON THE PURCHASE OF A PKG. OF 60 TODDLER

Flushabyes Diapers

WITH THIS COUPON

ON THE PURCHASE OF A 9-FL. OZ. BTL. OF MENNEN

Baby Magic Lotion

EFFECTIVE UNTIL CLOSING FRIDAY, DECEMBER 31, 1976

WITH THIS COUPON

8-FL. OZ. BTL. OF GREEN APPLE, APRICOT, AVOCADO OR STRAWBERRY

Earthborn

Shampoo

WITH THIS COUPON SAVE 10¢

ON THE PURCHASE OF A PKG. OF 4 ADJUSTABLE OR 5 DISPENSER BLADES

Gillette Trac II

EFFECTIVE UNTIL CLOSING FRIDAY, DECEMBER 31, 1976

ELMVALE I.G.A. Thurs. & Fri., 8:30 a.m. - 9:00 p.m. PENETANG I.G.A. Poyntz Plaza, Penetang

MIDLAND I.G.A.

397 Russell St., Midland

Victoria Harbour I.G.A. Victoria Harbour