

Happy Cooker

Glogg is Scandinavian in origin but it suits Canadians quite well, especially after an afternoon of skiing or an evening of neighbourhood carol singing - if anybody does that anymore. Before you can serve this hot red wine punch, you had better learn how to pronounce it. Purse your lips, and say Glogg, and you'll be close to it. Raisins and almonds can go into the brew any time during its preparation or service. They are like the prize in the cracker jack. Guests can munch on them after their cups are emptied.

Flaming Glogg

- 1 bottle 4 5 quart) dry red wine.
- 1 cup dry sherry
- 1 cup vodka
- 10 - 15 whole cloves
- 1 cinnamon stick, 2 to 3 inches long
- About 2 3 cup sugar cubes
- About 3/4 cup each of raisins and whole almonds

Orange Slices (optional)
In an attractive 3 quart saucepan or kettle, combine wine, sherry, vodka, cloves, and cinnamon stick. Place over moderate heat until just hot enough to still sip comfortably. Do not boil. Remove from heat and present for flaming in front of your guests. (Don't put the pan beneath an exhaust fan, or anything that could catch fire.)

And this is how you do the fire trick: Mound as many sugar cubes as possible in a slotted spoon or ladle, and dip quickly into glogg. Lift out at once. Hold a lighted match close to the surface of the punch to set aflame, then spoon glogg frequently over cubes to melt sugar and maintain flame. Add any remaining sugar to ladle and melt by the same technique, or simply stir into glogg. This makes 5 cups of hot stuff.

Spiced Glogg

- 1 1/2 teaspoons whole cardamom seed slightly crushed
- 1/2 teaspoon whole cloves
- 1 tablespoon chopped candied ginger
- 4 strips orange peel, 1/2 inch wide and 2 or 3 inches long, pared thinly with a vegetable peeler.
- 2 sticks cinnamon each 2-3 inches long
- 1 bottle dry red wine
- 1 3 cup sugar
- 2 3 cup raisins
- About 1/2 cup whole almonds

In a glass or stainless steel bowl, combine cardamom, cloves, ginger, orange peel, cinnamon, wine and sugar. Cover and let stand at least 6 hours or overnight. Pour wine through strainer and discard residue.

Add raisins to wine and heat just enough to sip comfortably. Don't boil it.

While serving, keep warm over a candle or electric warming tray.

Enjoying Canadian Painting- delightful, enlightening book to read

by Shirley Whittington
Enjoying Canadian Painting is the straightforward title of a handsome book by Patricia Godsell.

The book is the winner of Design Canada's Look of Books Award for 1974-75 and includes seventy colour plates and fifty black and white photographs, many of them details or sketches related to the paintings.

Enjoying Canadian Painting is a delight to read for a very simple reason - the text and paintings are arranged in simultaneous progression so that the reader isn't forced to flip to the back of the book to find out about the painting which his thumb is painfully marking in the beginning pages.

Everything is arranged in approximate chronological order which makes the book useful as an historical as well as artistic reference.

In a chatty and conversational style, the writer sets each painting in its general historic and artistic context and leads the reader through

enlightening and often provocative interpretive suggestions.

The book is divided into seven major sections - The Explorers (1546 - 1715) examines the earliest visual records of Canada. Those were the days when maps were truly objects d'art, and often embellished with scenic decorations. North American wildlife is treated with an interesting blend of imagination and scientific fact.

The Early Years in French Canada (1670 - 1840) deals with early religious works and several of the better known ex-voto (works painted out of gratitude for rescue from death or danger) paintings of the period. The beginnings of portraiture in French Canada are studied here, and some interesting Gallic faces look out at

the reader.

The British Army Visitors (1757 - 1840) presents the work of four British topographers and explores the significance of topography as an art form.

The Second Half of the Nineteenth Century (1840 - 1910) describes the impact of neoclassicism and Romanticism on Canadian art. Included here are Paul Kane, and Cornelius Krieghoff.

The Early Years of the Twentieth Century (1910 - 1940) traces the effects of Impressionism and the impact of the Group of Seven.

The Past and the

Present contains a delightful discussion of primitive works.

New Directions (1940-1976) describes the impact of contemporary styles and ideas in Canada.

Godsell studiously avoids the over use of technical language, but a glossary at the back of the book will explain terms like "genre painting" and "trompe l'oeil" if you want to throw them around in a conversation.

This is a beautiful book that covers five generations of artistic achievement in Canada. In her preface, Godsell says "I believe that more

can be learned from looking at a single painting carefully than by seeing many superficially. I also believe in

looking and looking and looking again."

Which is what the happy recipients of this book will be doing for a

long time after they tear off the ribbons and the wrappings. Enjoying

Canadian Painting, by Patricia Godsell, General Pub. 19.95.



JOY TO ALL

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