Happy Cooker

Glogg is Scandanavian in origin but it suits Canadians quite well, especially after an afternoon of skiing or an evening of neighbourhood carol singing - if anybody does that anymore. Before you can serve this hot red wine punch, you had better learn how to pronounce it. Purse your lips, and say Glewg, and you'll be close to it. Raisins and almonds can go into the brew any time during its preparation or service. They are

like the prize in the cracker jack. Guests can

munch on them after their cups are emptied.

Flaming Glogg 1 bottle 4 5 quart) dry red wine.

1 cup dry sherry

1 cup vodka

10 - 15 whole cloves 1 cannamon stick, 2 to 3 inches long About 2/3 cup sugar cubes

About 34 cup each of raisins and whole

Orange Slices (optional)

In an attractive 3 quart saucepan or kettle, combine wine, sherry, vodka, cloves, and cinnamon stick. Place over moderate heat until just hot enough to still sip comfortably. Do not boil. Remove from heat and present for flaming in front of your guests. (Don't put the pan beneath an exhaust fan, or anything that could catch

fire.) And this is how you do the fire trick: Mound as many sugar cubes as possible in a slotted spoon or ladle, and dip quickly into glogg. Lift out at once. Hold a lighted match close to the surface of the punch to set aflame, then spoon glogg frequently over cubes to melt sugar and maintain flame. Add any remaining sugar to ladle and melt by the same technique, or simply stir into glogg. This makes 5 cups of hot stuff. Spiced Glogg

112 teaspoons whole cardamom seed slightly

2 teaspoon whole cloves

1 tablespoon chopped candied ginger 4 strips orange peel, 12 inch wide and 2 or 3 inches long, pared thinly with a vegetable peeler. 2 sticks cinnamon each 2-3 inches long

1 bottle dry red wine

1 3 cup sugar 2 3 cup raisins

About 12 cup whole almonds

In a glass or stainless steel bowl, combine cardamom, cloves, ginger, orange peel, cinnamon, wine and sugar. Cover and let stand at least 6 hours or overnight. Pour wine through strainer and discard residue. Add raisins to wine and heat just enough to sip

comfrotably. Don't boil it.

While serving, keep warm over a candle or electric warming tray.

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and the

Enjoying Canadian Painting- delightful, enlightening book to read by Shirley Whittington

Enjoying Canadian Painting straightforward title of a handsome book by Patricia Godsell.

of Design Canada's Look of Books Award for 1974 -75 and includes seventy colour plates and fifty them details or sketches

Painting is a delight to read for a very simple reason - the text and simultaneous progression so that the reader isn't forced to flip to the back of the book to find out about the painting which his thumb is painfully marking in the beginning danger) paintings of the

chronological order and some interesting useful as an historical as well as artistic reference.

In a chatty and conversational style, the writer sets each painting in its general historic and artistic context and leads the reader through

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The Explorers (1546 -The book is the winner 1715) examines the of topography as an art earliest visual records of form. Canada. Those were the days when maps were truly objects d'art, and white often embellished with scenic decorations. North American wildlife is treated with an in-Enjoying Canadian teresting blend of imagination and scien-

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Present contains a The British Army delightful discussion of primitive works.

New Directions (1940-1976) describes the imexplores the significance pact of contemporary styles and ideas in Canada.

Godsell studiously avoids the over use of technical language, but a glossary at the back of the book will explain terms like "genre painting" and "trompte l'oeil" if you want to throw them The Early Years of the around in a conversation.

This is a beautiful book that covers five generations of artistic achievement in Canada In her preface, Godsell The Past and the says "I believe that more

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can be learned from looking and looking and long time after they tear Canadian Painting, by looking at a single looking again."

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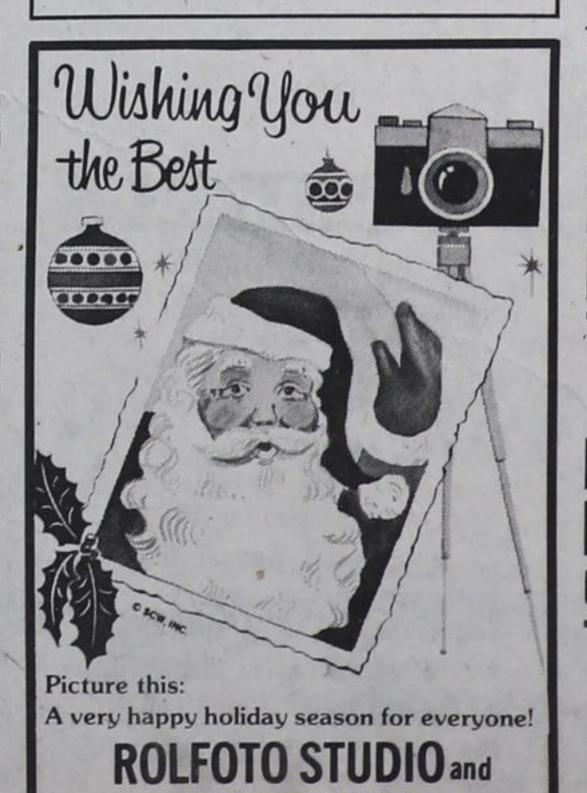
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MIDLAND

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