



### Pinocchio

Regent School is presenting Pinocchio, an operetta to be performed tonight and tomorrow at 8:00 p.m. Rehearsing for tonight's show are; Malcolm Spears as

Pinocchio, Kirsten Pape, Elaine Priest and Renne Pape. Tickets are 50 cents at the door.

staff photo

## Big Sisters receives charter

by Juanita Rourke  
The Big Sister's Association of Huronia received their Charter on November 8, 1976. Elise De Villers presented the Charter to President Joan Roszmann at an executive meeting held in the Board Room of Midland Secondary School.

The Big Sister's Association was a joint venture sparked by the Quota Club and the Huronia Social Planning Council. The first meeting was held on June 13, 1975. It was decided the group would service the Tiny Tay, Flos and Medonte areas of Simcoe County. Objectives of the Association are:

(a) To organize a group of mature and responsible persons who will promote in a constructive way, the personal growth of girls in their general relationship with peers, family, relatives and adults in general; and  
(b) Provide opportunities for the Big Sister to experience personal growth through her relationship with young girls and the Association.

Charter members of the Big Sister Association are: Nell Peever, social worker, Rissah Mundy, probation officer, Inga Cornish, married woman, Shirley Holmes, secretary, Sheila Beausoleil, registered nurse, John McCullough, salesman, and Sally Kitching, teacher, all of the Town of Midland.

Dave Gordon, social worker, Medonte Township, Shirley Wiley, housewife, township of Tiny, Joan Roszmann, Shirley Price, registered nurses, Lucy Anne Hamelin, secretary, Sister Rena Spooner, director of nursing, all of the Town of Penetanguishene; Doreen Turner, teacher of the village of Elmvale and Juanita Rourke, newspaper woman of the Township of Tay. Juanita Rourke, Sheila Beausoleil, Lucy Anne Hamelin, Rena Spooner, John McCullough and Sally Kitching.

There are sixty-five active and associate members of the Big Sister's Association. An executive meeting is held the second Monday of each month. General meetings are held

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quarterly when all members are invited to attend.

The Big Sister's Association is a non-profit organization, servicing the needs of the community by offering a close

friendship to young girls who are in need of such a relationship. One that will make them feel comfortable and relaxed in an atmosphere that establishes a Big Sister - Little Sister relationship.

## Huron District

# Hospital equipped with hydro therapy

by Shirley Whittington  
One of the wonders of the new Huronia District Hospital is a 1000 gallon wading and exercise tank.

If you break your leg skiing this winter, or if you have serious muscle or back problems, the chances are good that you may benefit from physiotherapy in one of the two water filled chambers.

The adult side of the hydro therapy tank is five feet wide, 54 inches deep. The child sized portion of the tank holds 32 inches of warm water.

Supportive harnesses suspended above the tank will power patients into the unit, and inside, there are stainless steel supporting railings. There are stainless steel steps for those who can enter unassisted.

The hydro therapy tank will be used mainly for orthopedics. After a cast is removed from a broken leg, the joints are stiff. Working them in the 94 degree water feels good, and because one weighs less in water, exercise is easier for patients.

Brian Alves is in charge

of physio and occupational therapy, and of respiratory technology at HDS. He says the hydro therapy unit will also be used to help those with paralyzed muscles or shoulder problems.

"A member of the physio staff will go into the tank with the patient the first time," he says, "although the tank is designed so that therapists have access to patients without entering it." Swimming gear is worn in the tank.

Such sophisticated treatment equipment is costly. The tank, including the purification unit, mixing valve,

overhead carrier and installation cost \$18,710. The Midland and District Shrine Club is hoping to raise the cost of the unit through a series of public dances, the first of which is being held at the Midland Civic Centre next Saturday.

The Shrine Club has always had a particular interest in children with cerebral palsy, and the HDS hydrotherapy tank will be of great benefit in treating such children.

The hydro-therapy room is just part of the treatment department at HDS. In the physiotherapy section, there's the wading and exercise

tank, as well as a gymnasium and a private treatment centre with a short wave diathermy unit.

In the occupational

therapy section, patients are retrained to cope with the activities of daily living. As well as learning how to use common kitchen appliances and

utensils, patients who are confined to wheel chairs will be taught how to undress and dress, and how to transfer from a wheelchair to bed, unassisted.



Lionel P. Dion

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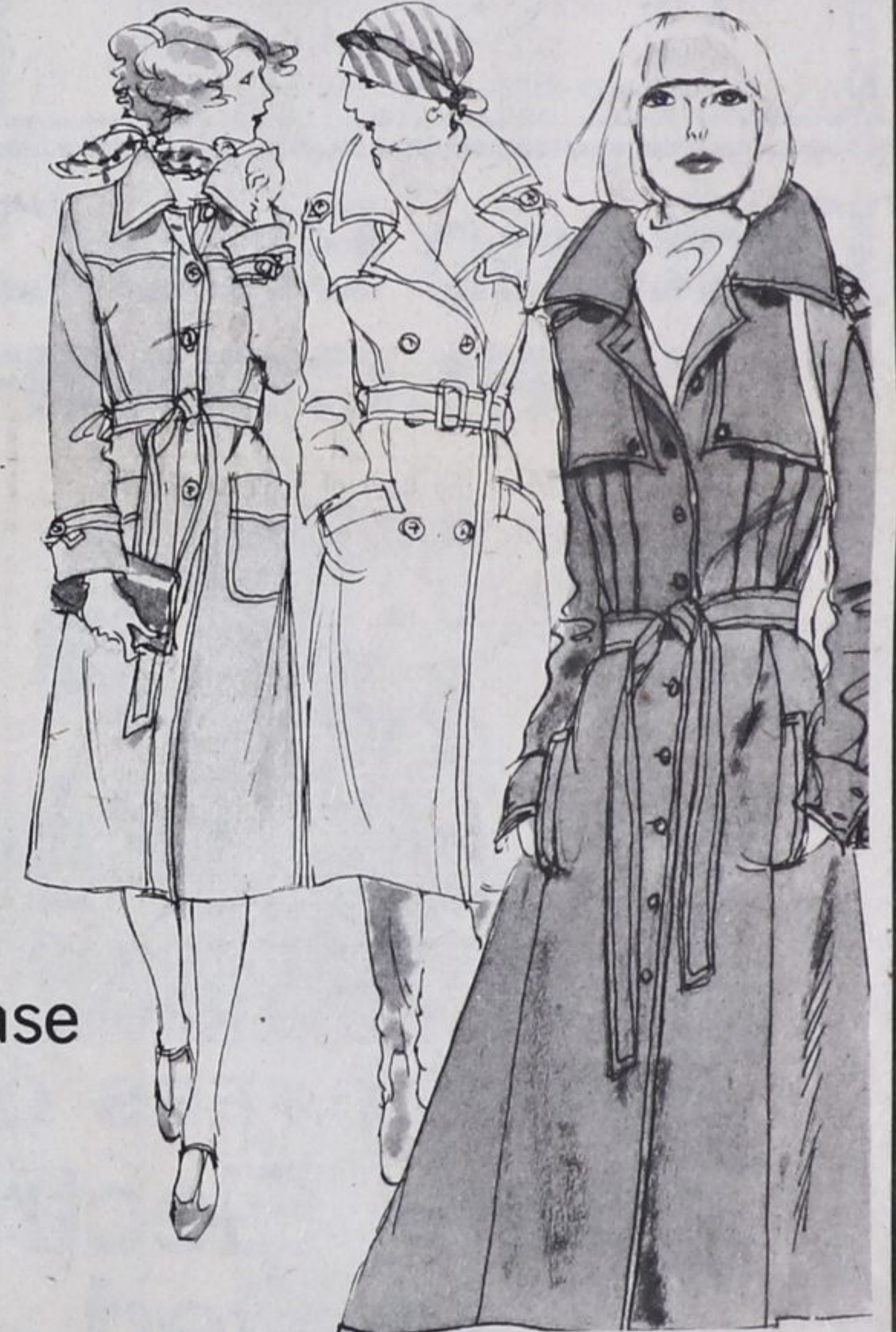
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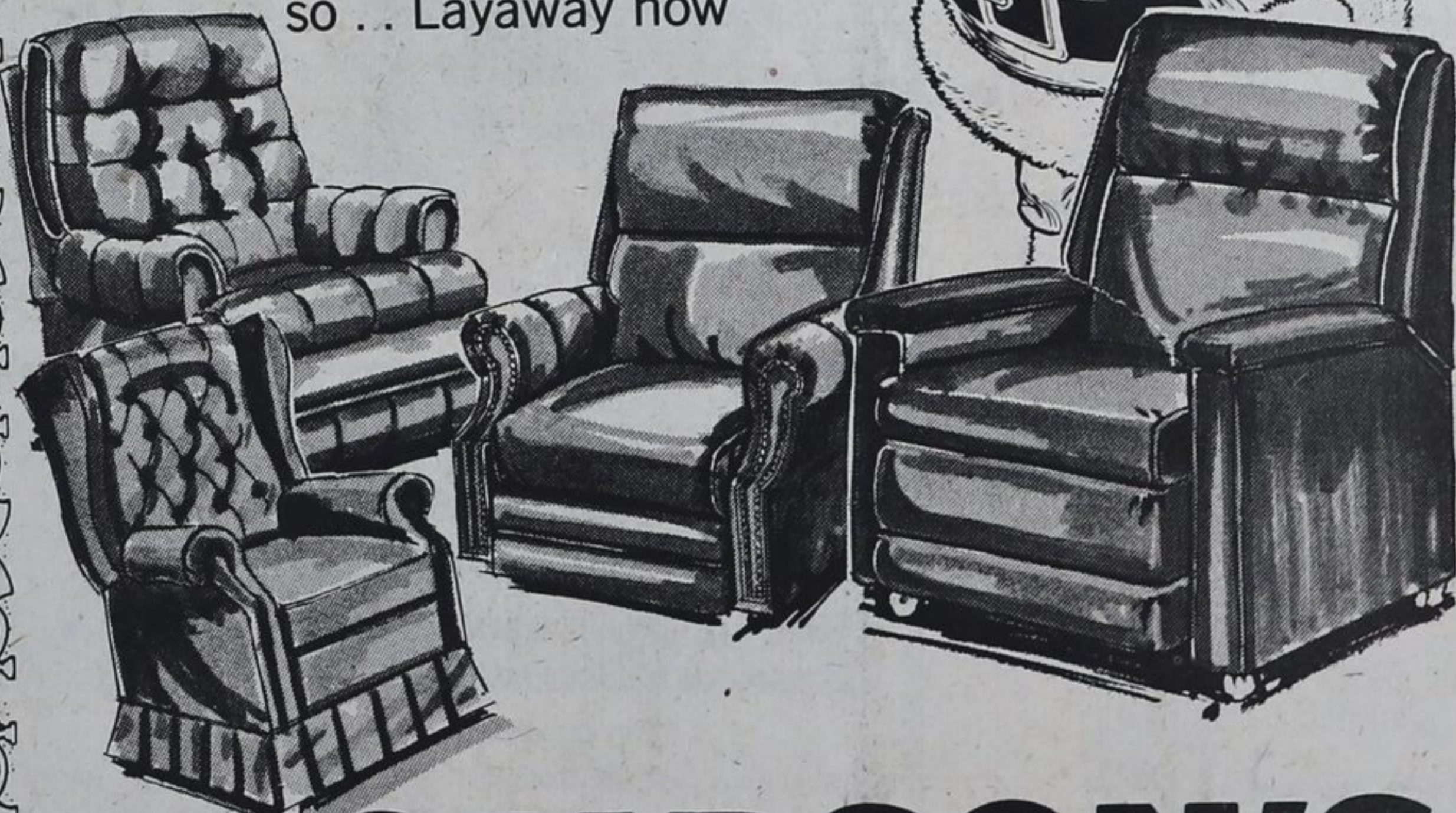
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