

A complete Canadian book of epigrams

John Robert Colombo is a man in love with words. To state a universal truth, neatly and unforgettably, is to delight Colombo and he's been collecting quotations and epigrams for many years.

The heavy weights went into his monumental *Colombo's Canadian Quotations*. But, there was a lot of light-weight stuff left over, and this has been packed into a delightful little book called *Colombo's Little Book of Canadian Proverbs, Graffiti, Limericks and other Vital Matters*.

With illustrations by Peter Whalley the book is kind of a handbook of Canadian humour, and our own Christian Island rates an entry. This is a sign which Colombo says is at the entrance to the reserve on the island: "You Are Now Entering An Indian Reservation Please Act Accordingly."

In "Full Coarse Meals," which is devoted to restaurant bloopers, we have the stunning, "Jello du jour - 15c."

The road signs are lovely, and one of the best is "Belle River, Population 2,200, Radar Controlled."

A church parking lot warns, "Angel Parking only" and from the collection of examination bloopers we get "Compared to men, women have more facets of emotion."

If you collect palindromes (which spell the same word, whether you start at the back of the word or the front), here's a dandy - "Niagara, O Roar Again."

There are a lot of smiles and chuckles in *Colombo's Little Book of Canadian Proverbs...and other vital matters*. Colombo is still looking for more of the same. Reading the book will sharpen your sense of observation. Perhaps you will be a contributor to his next book of graffiti.

The book was published in Edmonton Alberta, (which may explain why Toronto's Sheridan College became a Sheraton.)

Book of poetry
Dorothy Livesay has been writing poems since 1928. She has lived an interesting and observant life, and her most recent book of poems, called *Ice Age*, seems to prove that sixty years of age is a better way of seeing.

Livesay dedicates her poems to friends, or to her grandchildren but a great many are simply comments on the way we live and spoil our land.

In the *K Mart*, "the shrieking tins...cry Buy! Buy!"

In *Ice Age*, the title poem, she warns that a cold time is coming "which we have fashioned out of our vain jetpride."

In *Salute to Monty Python*, she suggests, "Let old age take over with violence...if only to demonstrate the other side of the mirror - how you look to us, Kiddos."

In *Perspectives*, she tells the carpenter the house has shifted and her typewriter is on a slant. The carpenter assures

crossword

- ACROSS**
- 1 Foot covering
 - 5 Cease
 - 9 Gloomy
 - 15 Dwell
 - 21 Calcium rock
 - 23 Laud
 - 24 Made amends
 - 25 Subdue
 - 26 Forest warden
 - 27 Until now 2 wds
 - 28 Decimal base
 - 29 Always
 - 30 Sly
 - 31 Kiln
 - 33 Male heir
 - 34 Equal
 - 35 Appointment
 - 36 Liquid
 - 38 Author's weapon
 - 39 Swift stream
 - 42 Make well
 - 43 Furnace
 - 44 Conclusive
 - 46 European country
 - 47 Knobby lump
 - 48 Censure
 - 49 Magician's word
 - 50 "Pearly" portal
 - 51 Raiment
 - 52 Illegal act
 - 53 Baby shoes
 - 54 Museum display
 - 55 Advised
 - 56 Sparkle
 - 57 "Chicken" city
 - 58 Countless
 - 60 Colfer
 - 61 Swamp
 - 62 Trivial falsehood
 - 65 Arise
 - 66 Aperture
 - 67 Second
 - 113 Ocean trip
 - 68 Masculine
 - 69 Prepared
 - 70 Rapacious person
 - 71 Value
 - 72 Popular girl
 - 73 Printing fluids
 - 74 Malice
 - 75 Watered silk
 - 76 Gunny-sack material
 - 77 Summer drink
 - 78 Facial expression
 - 79 Kinky
 - 80 Trustworthy
 - 81 Use money
 - 82 Christmas green
 - 83 Tie
 - 84 Cutroughly
 - 86 Antagonistic
 - 89 Rescued
 - 90 Sharp pain
 - 91 Fly aloft
 - 92 Left whole
 - 93 Covers
 - 11 A great number
 - 12 Gigantic
 - 13 Helm position
 - 14 Send a new way
 - 15 Evaluated
 - 16 Short jacket
 - 17 Turf
 - 18 Almost 3
 - 19 Explode noisily
 - 20 Paradise
 - 22 Fast
 - 30 Twist
 - 32 Compete
 - 34 Head
 - 35 Mute
 - 36 Border
 - 37 Disable
 - 38 Holiness
 - 39 Latvian capital
 - 40 Out of reach 3 wds
 - 41 Child's game 2 wds
 - 120 Preference 2 wds
 - 42 Milk part
 - 43 Gitter
 - 44 College beginner
 - 45 Spanish article
 - 47 Hairless
 - 48 Lively
 - 49 Depulped band
 - 51 Prod
 - 52 Restrain
 - 53 Canoe
 - 54 Material
 - 55 Minute
 - 56 Divide equally
 - 57 Fry
 - 59 Communists
 - 60 Shipping container
 - 61 Jolly
 - 62 Miss 2 wds
 - 63 Uncomfortable 3 wds
 - 64 Horn's sound
 - 65 Diva's solo
 - 66 Toddler
 - 67 Lacy mat
 - 68 Only
 - 70 Backbone
 - 71 Universe
 - 72 Nazi group
 - 74 Small fish
 - 75 Stubbhorn animals
 - 76 Deep sound
 - 78 Seasoning
 - 79 Conceal
 - 81 TV headliners
 - 82 Refugee
 - 83 Thwart
 - 85 Small bird
 - 86 Pronoun
 - 87 Again 2 wds
 - 88 Wild rush
 - 89 Satisfy
 - 90 Dwarf horse
 - 91 Rattle
 - 93 Get by with 2 wds
 - 94 Heal
 - 95 Most domesticated
 - 97 Feeding daintly
 - 98 Distract
 - 99 Best
 - 101 Foe
 - 102 Dray
 - 103 Prefers
 - 104 Difficult
 - 105 Puts in service
 - 106 Fence opening
 - 107 Weathercock
 - 108 Mixture
 - 109 Until 2 wds
 - 110 Real estate title
 - 112 Legal term
 - 114 Lyric
 - 115 Puppy's cry
 - 116 Cargo unit
 - 117 Possesses

COLOMBO'S LITTLE BOOK OF CANADIAN PROVERBS GRAFFITI LIMERICKS & OTHER VITAL MATTERS

Colombo considers that malapropisms may be a characteristic form of Canadian expression, and then goes on to give us Allan Lamport's "If somebody's gonna stab me in the back, I wanna be there" and Social Creditor Robert Thompson's "You've buttered your bread and now you'll have to lie in it."

Newspaper headlines contribute a few items to Colombo's book. Said the Ottawa Journal on June 30, 1964, "Another Blow for Unlucky Family: Ted Kennedy Survives Crash."

And in 1972, the Ottawa Citizen soberly declared: "Christmas Day Still December 25."

Graffiti abounds in this book and "Lake Erie Died for Your Sins" was found on a wall at the University of Michigan.

Bumper Stickers? How about "William Davis for Ex-Premier" or "Love is a Many Gendered Thing"?

her that everything is perfectly level, and Livesay wonders if distortion isn't a better way of seeing.

Readers who like realistic modern poetry and who are not acquainted with the work of this woman who has

been called "one of the most important Canadian poets of the last half century will enjoy this slender paperback. It's good thoughtful January reading.

Colombo's Little Book of Canadian Proverbs,

Graffiti Limericks and other Vital Matters, compiled by John Robert Colombo Hurtig Publishers, 143 pages, \$3.95.

Ice Age by Dorothy Livesay, Press Porcupic, 75 pages, \$3.25.

Answer on page 3

the happy cooker

Sour cream - makes the cooker feel creative, adds a tang

Cooking with sour cream does make one feel creative, and it adds a pleasant tang to food. I've always wondered what the difference was between commercial sour

cream and the lumpy stuff one finds at the back of the refrigerator the day it gets cleaned out.

According to the Ministry of Agriculture and Food, there is a significant difference between the two. When few people had refrigerators or the weather was too warm, fresh cream soured quickly and naturally. The result was a lumpy, watery product with an odd flavour and an objectionable odour.

Today's dairy or commercial sour cream has a sharp fresh flavour and a smooth custard like

consistency. It is made from fresh pasteurized and homogenized cream to which is added a harmless pure lactic acid culture "grown" in laboratories under controlled conditions.

The lactic acid changes the milk sugar of the cream to lactic acid, and this souring causes the proteins to become thicker - hence the creamy smooth product.

Because refrigerator temperatures do vary, it is recommended that dairy sour cream be used within one week of purchase to ensure fresh flavour.

Now that you know more about sour cream than you ever cared to know, here's a pleasant way to use 1/2 cup of the stuff. This Salmon sunburst pie would make an elegant luncheon dish.

Salmon Sunburst Pie
1 1/2 cups prepared biscuit mix
1 teaspoon parsley flakes
1 3/4 cup water
1 7/8 ounces tin of salmon, undrained and flaked
1/2 cup chopped celery
1/4 cup green relish
2 tablespoons finely chopped onion
1/2 cup condensed

cream of mushroom soup
1 beaten egg
1/2 teaspoon Worcester'shire sauce.

Preheat oven to 400 degrees. Combine prepared biscuit mix and parsley. Add water, stirring briskly with a fork. Knead dough gently 8-10 times on a lightly floured surface.

Cut off 1/4 of the dough and reserve for stripping. (Don't get any ideas, father. The action's on the pie.)

Roll out larger piece of dough and fit into a 9 inch pie plate. Flute the edges. Combine the remaining ingredients and season to taste. Turn into the prepared (and fluted!) pie plate.

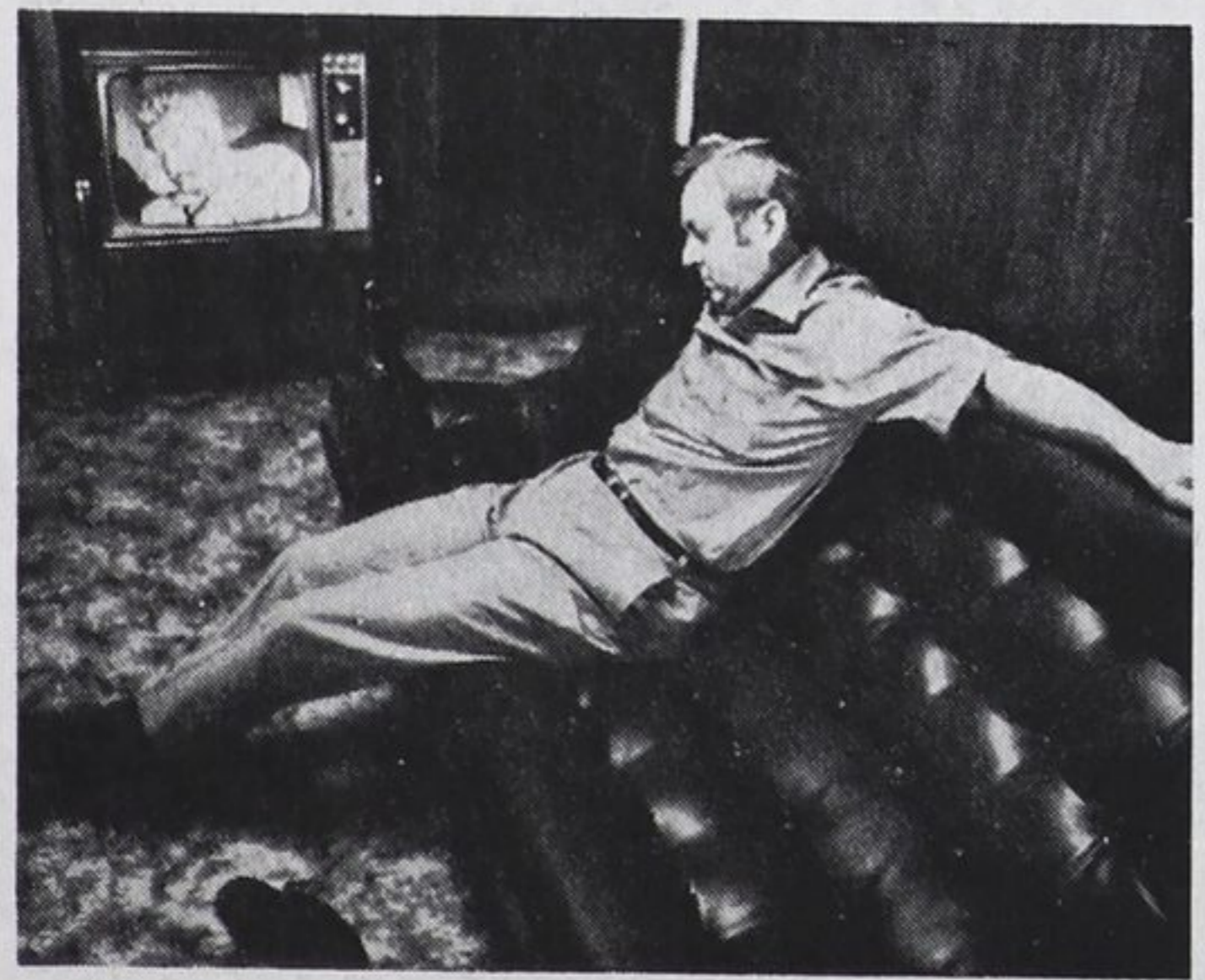
Roll out remaining dough and cut into 1/2 inch strips. Cross strips on top of filling to give a sunburst effect.

Bake in preheated 400 degree oven for 20-25 minutes or until almost set. Serve hot with Mushroom Sauce.

horoscope this week

- Aries** (March 21-April 19): A confrontation's apt to occur concerning a promise made. Don't try to weasel out of bargain with flimsy excuse. Ari. Remember, a promise made is a debt unpaid. Week wobbles to a noisy close.
- Taurus** (April 20-May 20): Don't allow contractual arrangement to keep you from expanding your horizons, Taurus. Exercise both your mind and muscles. What you neglect will atrophy. Personal puzzle can be solved. Clue lies in convoluted logic of associate. Listen patiently.
- Gemini** (May 21-June 20): Pace slackens, but it's only temporary. Gem. Snatch opportunity to get your act together. Past achievements pale into insignificance when compared to future potential. This week, you are in a position to take one giant step forward. However, if you forget to say "May I?" it will be back to square one.
- Cancer** (June 21-July 22): Pretense is nonsense, Moonbaby, so don't try to be what you are not. Just be yourself, which, incidentally, is not only charming, but also clean, brave and reverent. Mind Olga and you REALLY make points. Scouts' honor!
- Leo** (July 23-August 22): Take the initiative. (Telling you to take initiative, Leo, is like commanding a rabbit to eat lettuce.) Nevertheless, there are times when you slack off in this department, more from laziness than timidity. Accent your desires, goals. A refresher course in romance may be in order.
- Virgo** (August 23-September 22): Security takes top priority this week, Virgo, both internal and external. Local swami has some sage advice. If you'd do less lecturing and more listening, you could learn lesson. So, step down from the podium, dear, and plug in your hearing aid.
- Libra** (September 23-October 22): Be careful what you pray for, Lib, because the gods often punish us by answering our prayers. One who is wiser (and possibly older) is in a position to pass on valuable information. Week ends on key of F, for frustration. Sorry.
- Scorpio** (October 23-November 21): Challenge knocks on your door, Scorp, and you would be wise to welcome it with open arms. You have ability that you have not yet begun to use. Hustle to the nearest telephone and dial "O" for opportunity. Week jangles to interesting end.
- Sagittarius** (November 22-December 21): Please, Saj, don't waste your time and energies trying to reform associate. Above all, don't preach. Considering your track record, my friend, it's unseemly. Instead, set example by your behavior. Week sloshes to a crazy close.
- Capricorn** (December 22-January 19): This week you get on the right track toward goal. You begin to accept reality. You realize that you make your own world, Cap and CAN change it. Crackerjack plans hatch in your busy little brain.
- Aquarius** (January 20-February 18): If situation exists that you want out of, Aquari, then get the ball rolling. If you refuse to take action, don't put the blame on Mame, or anyone else. Next time you're about to say "can't," stop and ask yourself if the more honest word isn't "won't."
- Pisces** (February 19-March 20): Scads of sales available in the marketplace, Pisces, so if you haven't already spent that Christmas bonus, scoop up a Social invitation in the offing. Put on your dance pants and be ready to go, Pisces, GO!

AND THAT'S THE NEWS FOR TONIGHT!



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