



GOLF
[AVAILABLE WEEKS 1-9]
PERIODS 1-6

It's time! Develop and perfect your swing on our driving range. Golfers can learn the fundamentals including grip, stance, ball position and alignment before going home and hitting the links. We offer a full range of clubs for all sizes, and are available for both right and left handed golfers. Storage is provided for those who wish to bring their own clubs.



GUITAR
[AVAILABLE WEEKS 1-9]
PERIODS 1-3

Begin your journey to musical stardom here! This introductory program to the acoustical guitar will focus on basic chords, picking and strumming techniques that will get you started on the right path. (Beginner)



GYMNASTICS
[AVAILABLE WEEKS 1-8]
ACTIVITY PERIODS 1-6
FANATIC PERIODS 2 & 3

Muskoka Woods' Gymnastics program has set a high bar with N.C.C.P. certified instructors, including Canada's '88, '92 and 1996 Olympic coach, Dave Arnold. Aspiring and passionate gymnasts can test their skills on a variety of gymnastic apparatuses.