

# Prep for citizenship test

Preparing to take the Canadian Citizenship test?

The Centre for Skills Development and Training is offering a Citizenship Academy for ESL (English as a Second Language) students.

The free, nine-day preparation course will teach students about the rights and responsibilities of citizenship and Canada's history, regions and economy.

Participants will also learn about the Canadian government, justice system and federal

elections.

The course runs Aug. 4-14 from 9 a.m. to 12:30 p.m. at the Centre's Milton office, located in the Southview Plaza, 550 Ontario St. South, Unit 15.

Those interested in taking part in the course must register by calling (905) 693-8103, ext. 207 and provide proof of a language assessment Level 5 or higher.

For more on the Centre for Skills Development and Training, visit [thecentre.on.ca](http://thecentre.on.ca).

MILTON CANADIAN CHAMPION | Thursday, July 30, 2015 | 28

## WHAT'S ON INSIDEHALTON.COM

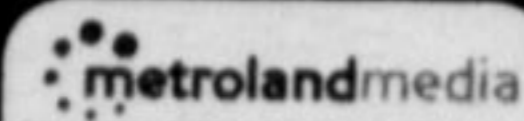
- Local movie listings
- Local event listings
- Local news and opinion
- Used cars in our area
- Full local business directory
- Local classified listings
- Daily deals from WagJag
- Links to local announcements and apartment rentals

## BE INTERACTIVE WITH YOUR COMMUNITY SITE

Submit an event, comment on a story, submit a photo, video or article for consideration



insideHALTON.com



Julie Slack  
Reporter, insidehalton.com

## STIRLING MONTESSORI ACADEMY

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hair design

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## The Corporation of the Town of Milton

• 905-878-7252 • TTY: 905-878-1657 • 1-800-418-5494 (Rockwood/Guelph)

[www.milton.ca](http://www.milton.ca)



## Recreation Program Registration



Stay active • Learn more • Be creative • Meet new friends • Get fit

### First time registering?

You will need to set up your account before you can register in person or online. Visit one of our registration centres or <https://eservices.milton.ca> before registration day.

### Registration Start Dates

Cycling, School Breaks, Art, Fitness, Sports, General Interest: Tuesday, August 18

Swimming Lessons: Tuesday, September 1

### Registration Start Times

10:00 am: Internet/phone registration starts.

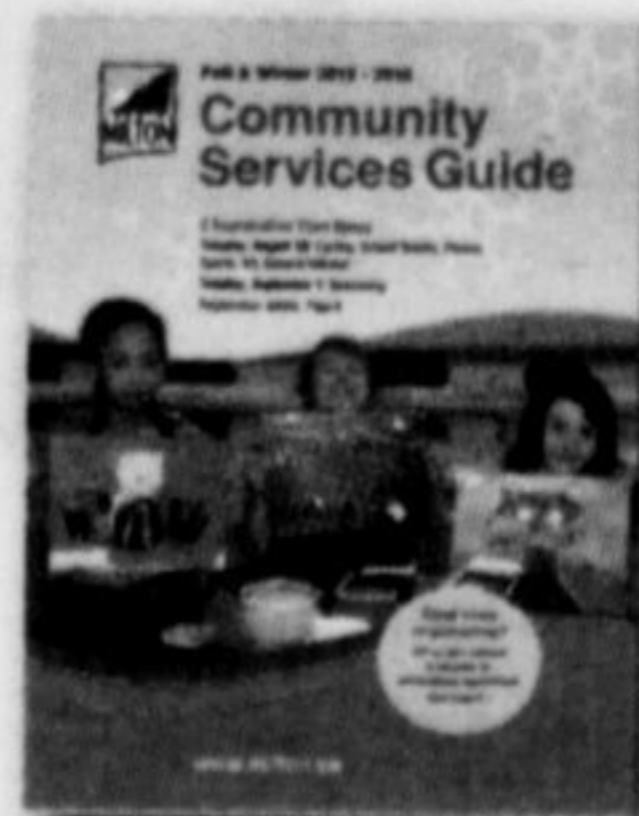
11:00 am: Walk-in registration starts at in-person registration centres.

### Registration Methods

Internet: <https://eservices.milton.ca>

Automated telephone: 905-875-5400 or 1-800-418-5494, ext. 2430

In-person Registration Centres: Leisure Centre, Sports Centre, Seniors' Activity Centre and Centre for the Arts (opens at 11:30 am)



Community Services Guides available August 6 at Town facilities and [www.milton.ca](http://www.milton.ca)

[www.milton.ca](http://www.milton.ca)

905-878-7252, ext. 2440

## Town of Milton Fitness Programs



Look for our orange and white fitness signs

## FREE Try-it Fitness Classes!

July 30 - September 3: Select Town of Milton Fitness Classes

### Try some fitness programs on us!

Fall-winter fitness program registration opens on August 18. Take this opportunity to try some classes before registering.

July 30	Outdoor Yoga,* 5:30 pm, Bronte Meadows Park
August 13	Outdoor Yoga,* 6:30 pm, Milton Community Park
August 17	Barre Fitness, 7:00 pm, Leisure Centre
August 20	TRX Body Blast, 7:30 pm, Sports Centre
August 22	Zumba Fitness, 10:00 am, Sports Centre
August 23	Outdoor Yoga,* 6:00 pm, Victoria Park
August 26	Zumba Step, 6:30 pm, Sports Centre
September 1	H.I.I.T. (High Intensity Interval Training), 12:15 pm, Leisure Centre
	TRX Body Blast, 5:30 pm, Sports Centre

[www.milton.ca](http://www.milton.ca)

905-878-7946, ext. 2706

\*Outdoor Yoga: please bring your own mat.