# Your Health



#### NEWS AND INFORMATION FROM MILTON DISTRICT HOSPITAL

FEBRUARY 2015

#### Get Involved as a Patient or Family Advisor



We're looking for both
Patient and Family Advisors
to be part of our team (see
photo on left). Immediate
opportunities are available
on our newly launched
Patient and Family Advisory
Council as well as some
special project work across

our organization. To qualify, you must be a patient and/or, a family member or caregiver of a patient who has received care at any HHS hospital within the past two years.

Are you interested in working in partnership with our hospitals to create a more patient and family centred care environment and experience?

For more information, please contact Patient Relations at 905-845-2571, ext. 6578 or visit our website: www.haltonhealthcare.com and apply online.



Milton District Hospital Foundation and Mattamy Homes are proud to present the 7th Annual

#### Gift of Health Gala "Moonlight Serenade"

Date: Saturday, May 30, 2015

Location: Rattlesnake Point Golf Club

Cocktails: 5:30 pm ~ Dinner 7:00 pm



This year's signature fundraising gala will be sure to entertain guests with a live orchestra, live entertainment, live and silent auctions and much, much more!

Great Sponsorship opportunities are still available! For more information please call or email Rose Cuello at 905-878-2383 ext. 7175 or rcuello@haltonhealthcare.on.ca

Moonlight Serenade; Tickets will be available in April through Foundation office: 905-876-7014

#### Sign up for HHS Newsletter

The most recent issue of the Your Health@HHS eNewsletter was released in February.

Check it out at www.haltonhealthcare.com and subscribe today.



#### **HHS Recognized as Local Food Champions**

Halton Healthcare Services (HHS) was recently recognized as Local Food Champions in the Broader Public Sector by the Ontario Greenbelt at the 2015 Local Food Symposium in Niagara-on-the-Lake. The award recognized HHS and its Good For You, Locally Grown Food Services project for its innovative approach to adding more local food to hospital menus and successfully leading the way to create systemic changes in the public sector by increasing local food awareness.



Presentation of Award (left to right) Anita Stewart, Author & Culinary Activist, University of Guelph; Elma Hrapovich, Director, Clinical Nutrition & Food Services, Halton Healthcare Services; Marianne Katusin, Manager, Operational Readiness, Food Services, Halton Healthcare Services; Burkhard Mausberg, CEO, Ontario Green Belt Fund

### Ladies Night Out Fashion Show with live entertainment

presented by Dittos Boutique and hosted by Milton
 District Hospital Auxiliary

Date: Thursday, March 26, 2015

Time: 6:30 pm - 9:30 pm

Location: Teatro Conference & Event Centre, 121 Chisholm Drive, Milton

Tickets \$25 available at Dittos Boutique (26 Main St E Milton), the Hospital Gift Shop or call June Rushak @ 905-693-8299. All proceeds to Milton Hospital Expansion.

#### **HHS Energy & Facility Renewal Program**

Enhancing the overall patient care experience, greening our facilities and improving the energy efficiency of our facilities are important to us. That is why HHS has embarked on an Energy and Facility Renewal Program in partnership with Honeywell. This program is focused on upgrading our building infrastructure, conserving energy, reducing operating costs and lowering environmental emissions; all contributing to an enhanced environment for our staff and the patients we serve.

The proposed savings of this Energy & Facility Renewal Program across HHS will be approximately \$193,000 per year.

## Are You Eligible For OHIP-funded Physiotherapy? Available at Work-Fit Total Therapy Centre

You may be eligible for OHIP-funded physiotherapy offered through Work-Fit Total Therapy Centre at MDH if you have a valid Ontario Health Card (OHIP), a doctor's or a nurse practitioner's referral and one of the following:

- If you are 19 years of age or younger, or 65 years of age or older
- · If you are receiving benefits from OntarioWorks or from the Ontario Disability Support Program
- If you have been discharged from hospital after an overnight stay for a condition requiring physiotherapy

The Work-Fit Total Therapy Centre, owned and operated by Halton Healthcare Services, is Jocated in the Outpatient Rehabilitation Department of the Milton District Hospital, located at 7030 Derry Road, Milton. For more information call 905-876-7007. All net proceeds support hospital programs.



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