

COLUMN

I won't soon forget this experience

bank, but avoided that mistake the second time and was actually feeling somewhat confident and more than a little proud of myself as our loop ended.

And let me tell you, shaking hands with guys like Bauer and Harnett and hearing 'Good job' from them is nothing short of amazing.

You can tell they get a genuine enjoyment from sharing their love of cycling with the public and/or media, which made the experience even more special.

At one point during the session Harnett stressed the importance of positive thinking, that fear and negativity only serve to 'tighten up' a rider and lead to problems.

Boy do I have a newfound understanding — and appreciation — for that.

Having never played sports at a truly competitive level, I'd only heard stories of the positive influence good coaching can have on an athlete. Last week, I got that. Just for a few moments.

With that said, thanks so much Curt and Steve. You offered me a real appreciation for your sport and an experience I won't soon forget.



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KINGSMAN: THE SECRET SERVICE (14A) (GRAPHIC VIOLENCE, COARSE LANGUAGE)
FRI 4:15, 7:15, 10:15; SAT-SUN 1:15, 4:15, 7:15, 10:15; MON-THURS 7:15, 10:15

FIFTY SHADES OF GREY (18A) (DISTURBING CONTENT, SEXUAL CONTENT, NUJORITY)
CLOSED CAPTION & DESCRIPTIVE VIDEO FRI 4:30, 7:30, 10:20; SAT 1:30, 4:30, 7:30, 10:20; SUN 1:00, 4:00, 6:50, 9:50; MON-THURS 6:50, 9:50

THE SPONGEBOB MOVIE: SPONGE OUT OF WATER (G) (CARTOON/ANIMATION ACTION)
CLOSED CAPTION & DESCRIPTIVE VIDEO FRI 5:00; SAT 12:30, 2:45, 5:00; SUN 12:35, 2:45, 5:00

THE SPONGEBOB MOVIE: SPONGE OUT OF WATER 3D (G) (CARTOON/ANIMATION ACTION)
CC/DVDS FRI-THURS 7:20, 9:40

PADDINGTON (G) CLOSED CAPTION & DESCRIPTIVE VIDEO FRI 4:40; CLOSED CAPTION & DESCRIPTIVE VIDEO SAT 11:50, 2:15, 4:40; CLOSED CAPTION & DESCRIPTIVE VIDEO SUN 2:15, 4:40; STAR & STROLLERS SCREENING THURS 1:00

HOT TUB TIME MACHINE 2 (14A) (SUBSTANCE ABUSE, COARSE LANGUAGE, SEXUAL CONTACT) CLOSED CAPTION & DESCRIPTIVE VIDEO FRI 5:15, 7:45, 10:10; SAT 12:25, 2:50, 5:15, 7:45, 10:10; SUN 2:20, 5:05, 7:30, 9:55; MON-WED 7:30, 9:55; THURS 1:10, 7:30, 9:55

FOCUS (14A) (COARSE LANGUAGE, SEXUAL CONTENT) ULTRA-VIX, NO PASSES
FRI 5:05, 7:50, 10:30; SAT 12:00, 2:30, 5:05, 7:50, 10:30; SUN 1:50, 4:50, 7:40, 10:10; MON-THURS 7:40, 10:10

THE DUFF (14A) (SEXUAL CONTENT, LANGUAGE MAY OFFEND) CLOSED CAPTION & DESCRIPTIVE VIDEO FRI 5:30, 7:55, 10:25; SAT 12:40, 3:05, 5:30, 7:55, 10:25; SUN 12:30, 2:55, 5:20, 7:50, 10:20; MON-THURS 7:35, 10:05

AMERICAN SNIPER (14A) (COARSE LANGUAGE, GRAPHIC VIOLENCE, DISTURBING CONTENT) CLOSED CAPTION & DESCRIPTIVE VIDEO FRI-WED 7:00, 10:00; THURS 12:50, 7:00, 10:00

STILL ALICE (PG) (LANGUAGE MAY OFFEND, MATURE THEME) CLOSED CAPTIONED
FRI 4:30, 7:10, 9:45; SAT 11:30, 2:00, 4:30, 7:10, 9:45; SUN 2:00, 4:30, 7:10, 9:45; MON-THURS 7:10, 9:45

STILL ALICE (PG) (LANGUAGE MAY OFFEND, MATURE THEME) STAR & STROLLERS SCREENING THURS 1:00

THE LAND BEFORE TIME (PG) SAT 11:00

FRIDAY FEBRUARY 27, 2014 TO THURSDAY MARCH 5, 2014