

Do you know your cancer risk?

The Mississauga Halton/Central West Regional Cancer Program encourages residents to learn about their cancer risk through My CancerIQ.

An interactive, online tool to help Ontarians understand their personal risk factors for breast, cervical, colorectal and lung cancer My CancerIQ will be demonstrated through a regional tour, with a stop in Milton on Monday. Residents can visit the experiential booth at the Milton District Hospital in the lobby — from 9 a.m. to 5 p.m. — talk to experts from the regional cancer program and learn about

their own cancer risk through the online tool. Cancer Care Ontario, in partnership with the Ministry of Health and Long-Term Care, created My CancerIQ to empower Ontarians to be more proactive about their health.

My CancerIQ calculates a person's risk of developing breast, colorectal, cervical and lung cancer compared to other Ontarians of the same age and sex.

Based on the results, My CancerIQ provides personalized recommendations for reducing cancer risk.

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