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Dateline is a free listing for local non-profit community groups to promote their events for the coming week.

Notices should be emailed to kmiceli@miltoncanadianchampion. com. The deadline is noon on the Monday of the week before the week of the event. The listing runs Sunday to Saturday.

₹ Sunday Sept. 28

The Milton Show Choir holds a rehearsal as part of Culture Days. 'It's Like Glee But Better' takes place in the MinMaxx Hall of the Milton Centre for the Arts, 1010 Main St. E., from 1:30 to 2:30 p.m. Everyone is welcome. For more information, visit www.miltonshowchoir.ca or call 289-808-9340.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Pickleball at the Milton Leisure Centre, 1100 Main St. E., from 7 to 8 p.m. The cost is \$3.50 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946.

Monday Sept. 29

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from noon to 4 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The **Milton Rotary Club** meets at the Community Living North Halton board room, 917 Nipissing Rd., from 6:30 to 8 p.m. Please arrive at 6:15 p.m. For more information, call (905) 878-4094.

The Deck youth drop-in centre, 900 Nipissing Rd., is open from 3 to 6 p.m. for all ages. Visit www.yfcmilton.com.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Art Club, Snooker League and Craft Club from 9 a.m. to noon, Duplicate Bridge from 9:15 a.m. to noon, Tai Chi from 9:30 to 11 a.m., Billiards from noon to 9 p.m., Technology Support Drop-in from 1 to 3 p.m., Canasta from 1 to 4 p.m., Contract Bridge and Bid Euchre from 1:30 to 4 p.m., Tap Dancing from 1:45 to 3 p.m. and Table Tennis from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call (905) 875-1681.

Tuesday Sept. 30

The **Milton Toastmasters** meets from 7:30 to 9:30 p.m. at the Royal Canadian Legion, 21 Charles St., in the upper hall. Please arrive at 7:15 p.m. Everyone's welcome. For more information, call (416) 992-0254 or visit www.

miltontoastmasters.org.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 9:30 a.m. to 2 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Indoor Lawn Bowling is played from 1 to 3 p.m. at the Milton Soccer Centre, 821 Main St. E. Pay as you go for \$7. Instructions and bowls are provided for novices.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Kitchen Band from 9 to 11:30 a.m., Carving Club and Snooker League from 9 a.m. to noon, Billiards from noon to 9 p.m., Cribbage from 1 to 3 p.m., Table Tennis from 1 to 4:30 p.m., Bingo from 2 to 4 p.m. and Conversational French from 2:30 to 3:30 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Bid Euchre runs from 7:30 to 10 p.m. The cost is \$2.50. For more information, call (905) 875-1681. Pickleball is held at the Milton Leisure Centre, 1100 Main St. E., from 1 to 2:45 p.m. The cost is \$3.50 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946. Older Adult Shinny is held at the Milton Sports Centre from 10:30 a.m. to 12:20 p.m. The cost is \$5.50 for those aged 65 years and over and \$6.50 for those aged 45 to 64 years. For more information, call (905) 875-5393.

Wednesday Oct. 1

St. David's Presbyterian Church (Guelph Line and Hwy. 401) in Campbellville invites residents to enjoy **euchre and bid euchre** at 1 p.m. The cost is \$2 per person.

The Community Withdrawal Management Services Drop-In Group meets at the ADAPT office, 245 Commercial St., Unit B1, from 6:30 to 8 p.m. The group supports people in the community looking to examine their substance abuse. Topics include healthy living skills, budgeting, self-esteem and healthy relationships. For more information or to reserve a seat, call (905) 827-5320.

The Royal Canadian Sea Cadet Corps Chaudiere, a youth program for boys and girls aged 12 to 18 years, meets at 6:15 p.m. at the Milton Fair Grounds, Building 3, on Robert Street. For more information, call (905) 875-1400 and leave a message.

The Milton chapter of BNI meets at the Lunchbox Cafe (Thompson and Nipissing roads) from 7 to 8:30 a.m. Visitors are wel-

come. For more information or a reservation to attend, call Heidi Cherry at (416) 580-7507. Milton District Hospital holds a **one-on-one breastfeeding clinic** with a certified lactation consultant from noon to 4 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds free seminar 'Life is a Story - A Bucket List of Experiences' from 1 to 2 p.m. Advance sign-up is required at the centre or online at www.milton.ca. The centre also holds Snooker League and Craft Club from 9 a.m. to noon, Contract Bridge from 9:15 to 11:30 a.m., Song Spinners Chorus from 9:30 to 11:30 a.m., Billiards from noon to 9 p.m., Canasta from 1 to 4 p.m. and Bingo from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call the centre at (905) 875-1681. The Weekly Lunch Counter is open at noon and features the Meal Deal (salad, entree, dessert and beverage) for \$8 for members and \$8.80 for non-members. Visit the reception desk to sign up or phone in your order to the centre by Monday. Volleyball is held at the Milton Leisure Centre from 12:30 to 2:30 p.m. The cost is \$3.75 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946.

Thursday Oct. 2

The Deck youth drop-in centre, 900 Nipissing Rd., is open from 4 to 9:45 p.m. for all ages. Visit www.yfcmilton.com.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 6 to 9 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Indoor Lawn Bowling is played from 1 to 3 p.m. at the Milton Soccer Centre, 821 Main St. E. Pay as you go for \$7. Instructions and bowls are provided for novices.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Guitar Club from 9 to 11:30 a.m., Snooker League from 9 a.m. to noon, Walking Club from 9:30 a.m. to noon, Line Dancing from 10 to 11:30 a.m., Billiards from noon to 9 p.m., Bid Euchre from 1:30 to 4 p.m., Clogging from 2 to 3 p.m. and Table Tennis from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call (905) 875-1681. Pickleball is held at the Milton Leisure Cen-

tre, 1100 Main St. E., from 1 to 2:45 p.m. The cost is \$3.50 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946. Older Adult Shinny is held at the Milton Sports Centre from 10:30 a.m. to 12:20 p.m. The cost is \$5.50 for those aged 65 years and over and \$6.50 for those aged 45 to 64 years. For more information, call (905) 875-5393.

Friday Oct. 3

The Deck youth drop-in centre, 900 Nipissing Rd., is open from 3 to 10:45 p.m. for all ages with parental permission to stay late required for kids in Grades 6 to 8. Visit www.yfcmilton.com.

Milton District Hospital holds a drop-in breastfeeding group with a certified lactation consultant from 10 to 11:30 a.m. at Our Lady of Victory School, 540 Commercial St., with information shared and babies weighed. For women and babies only. Call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Snooker League** and **Contract Bridge** from 9 a.m. to noon, **Tai Chi** from 9:30 to 11 a.m. **Bingo** from 9:30 a.m. to noon, **Billiards** from noon to 4 p.m. Each activity costs \$2 for members and \$4.25 for non-members. The **Technology Support Group Drop-in** takes place from 1 to 3 p.m. The cost is \$3 for members and \$5 for non-members. **Bid Euchre** takes place at the Nassagaweya Tennis Club and Community Hall from 7:30 to 10 p.m. The cost is \$3. For more information, call (905) 875-1681.

Saturday Oct. 4

Residents are invited to a free public event to celebrate the official opening of the new Civic Operations Centre, 5670 Reg. Rd. 25, from 10 a.m. to noon. The event includes a ribbon-cutting ceremony, free refreshments and family-oriented activities, including tours and the 'Touch a Truck' activity.

Indoor drop-in soccer is held at the Milton Soccer Centre, 821 Main St. E., for U10-12 at 6 p.m., U14-16 at 7 p.m. and adults at 8 p.m. for \$5, and adults from 9 to 10:30 p.m. for \$7. There's a 24-player maximum.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Billiards** and **Table Tennis** from 1 to 3 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call (905) 875-1681.

Warmels says he wasn't looking for a perfect person — nobody is

Asked if the show taught him anything about women, he laughs loudly.

"I think it taught me more about myself than it did about women in general. I think it taught me about people in general and what certain personalities, when you put them in highly stressful or highly competitive situations, who reacts in what way.

"That's the most interesting part of it. You get some people that become very reclusive, who on a normal day to day basis wouldn't be that way at all.

"And then you get other people who kind of come out of the woodwork and they're kind

of, like, 'I'm going for this. I'm gonna do everything I can.'

"I think for myself it was more of learning how I deal with stress and how much of it I can and can't handle at a time or in two months straight."

He wasn't looking for "a perfect person — no-

body is — but if they're happy with the path that they're on and how much effort they're putting into being the person they want to be, that's gonna be someone I'm attracted to," he says.

We should know soon enough if that woman was among the 25.