The 22nd annual Milton Good Neighbours Community Day is coming up on Saturday, May 3, and organizers are looking for teams of volunteers to help out.

The community day sees residents head out into the community and spend a few hours doing good deeds for senior citizens and others who need assistance in completing simple spring clean-up tasks.

painting a room, lifting or general cleanup. Commerce or the Canadian Champion. Seniors who'd like a hand with spring clean-

up jobs are encouraged to sign up as well.

It could include washing windows, yard work, To volunteer, call (905) 878-4085, go to www. miltongoodneighboursday.ca or enroll at the Milton Seniors' Activity Centre, Milton Town Hall, Milton Public Library, Milton Chamber of

In collaboration with



Mon April 28, 2014 7:00 - 10:00pm

itton Lions Hall 77 Thompson Road South

**Who Should Attend?** 

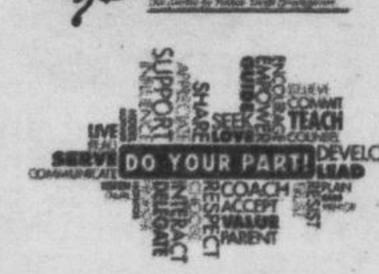
Adults and youth who care about our children, their future, and the well-being of our community.

To Register and For More Information:

Kay Nelles 800-265-2680 ext 102 kay@lionsquest.ca







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Join Us to Make a Difference for Kids



Working together, we can PREVENT BULLYING by promoting safe and healthy relationships for all young people. Learn and share with others who care about young people, strengthen what you are already doing, and be energized with new ideas.

Highlights

- Learn how our simple, everyday actions can have an impact
- Shift from focusing on young people's problems to promoting their strengths
- Commit to making a difference

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A STEP BEYOND

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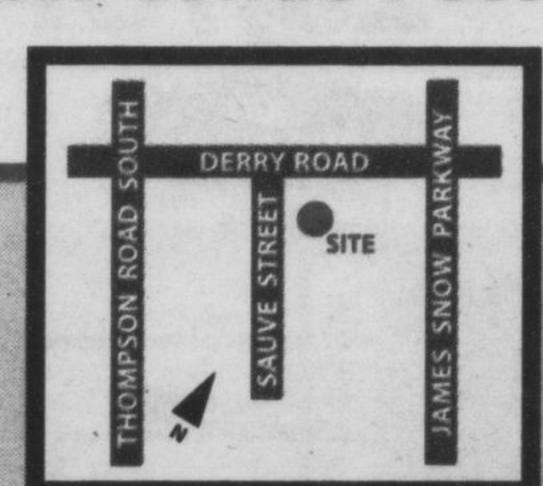
• Diabetes? • Swollen Ankles? • Corns, Calluses?



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