

Maple — a hot flavour trend this spring

If you look on food shelves and at restaurant menus, it's hard not to notice that maple has become a hot food trend, flavouring everything from beer to yogurt, potato chips and now bagels.

Chefs, food manufacturers and even brew masters are embracing maple for its natural goodness and diverse flavour profile including brown or burnt sugar, caramel, toasty, woody, malty, sweet and slightly smoky.

"Maple is about to come into its own as a hot trend this spring," says food trendologist and Professional Home Economist, Amy Snider-Whitson of The Test Kitchen Inc.

"It's a quintessential Canadian flavour that has a prominent place at breakfast tables across the country."

"The sweet yet toasty nature of maple pairs well with both sweet and savory foods, such as: peanut or other nut butters, peameal, bacon or ham, aged cheddar, tart apples, and cream cheese," adds Snider-Whitson.

Dempster's is jumping on the maple bandwagon and introducing limited-edition Maple French Toast Bagels. Combining two of Canada's most-loved foods — maple and bagels — these bagels make a sweet addition to any breakfast.

Dempster's Maple French Toast Bagels are available at major grocery store chains in Canada for a limited time from now through May 22.

To learn more, go to www.dempsters.ca.

www.newscanada.com



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www.insidehalton.com

I wear it for my mother.

My mom was diagnosed with uterine cancer at age 52 when I was still a teenager and fought it with amazing strength and optimism that was an inspiration to our whole family. Today, she is a happy, healthy woman who continues to inspire the people around her.

It is estimated that 4,700 new cases of cancer will be diagnosed in Canada in 2012. Supporting cancer research can help to find new and better ways to diagnose and treat the disease.

Join the fight. Wear a daffodil.

fightback.ca



APRIL IS THE MONTH TO FIGHT BACK

Dorthie, daughter of a uterine cancer survivor.

This important message has been brought to you by the following concerned Community Minded Businesses:

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* April is Daffodil Month *



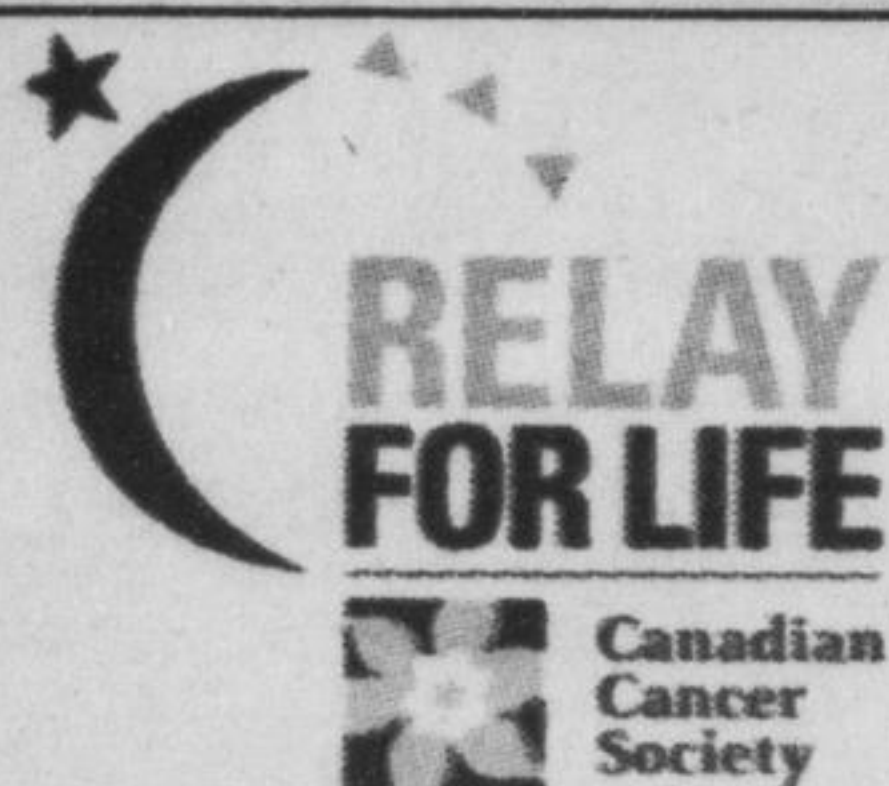
Milton Mayor Gordon Krantz (left) and Sergeant Paul Rudall of Halton Police (right) being 'pinned' by Leadership Volunteer Frances Anania

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UPCOMING EVENTS

CANCER DOESN'T SLEEP SO NEITHER DO WE!

JOIN THE BIGGEST CANCER EVENT TO MAKE THE BIGGEST DIFFERENCE

Relay For Life Milton - June 13th, 2014 - 7pm-7am, Milton Fairgrounds

Relay For Life is the biggest cancer event taking place in 20 countries worldwide, including over 500 communities in Canada. It is a 12 hour overnight fundraising event where teams of 10-15 people take turns walking a track all night long, while all around there is a fun festival atmosphere.

Relay For Life is overnight, simply because cancer doesn't sleep so neither do we! For thousands of Canadians fighting cancer right now, their journey is long and hard. From the shock of initial diagnosis through days of treatment and the long nights that follow them. At Relay each step we take is our way of showing them they are not alone.

Relay is more than just another fundraiser, we celebrate life and honour cancer survivors, who we invite to join us for a celebration dinner and victory walk. We also remember loved ones lost in a moving twilight ceremony where we light hundreds of candles in memory of those touched by cancer. Then we finish up the event with a fight back ceremony where we pledge to fight back against cancer every day of our lives!

Join us as a team captain, participant, volunteer or survivor

COME CELEBRATE LIFE WITH US! Call 905-845-5231 or visit www.relayforlife.ca/milton to register today

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