

## HALTON ECO FESTIVAL

A fun and educational Environmental Fair for the whole family!



14th annual

- FREE to attend
- Free parking
- Free Blue Boxes

One Day Only!

Featuring:

- 50 booths • education speakers • eco products • solar
- local environmental campaigns • kid's eco fun zone
- alternative healthcare • free draw & giveaways • eco cafe

At the Glen Abbey Community Centre,  
1415 Third Line, Oakville, south of Upper Middle Road

### Saturday, April 5

10 am to 5 pm, (905) 849-5501

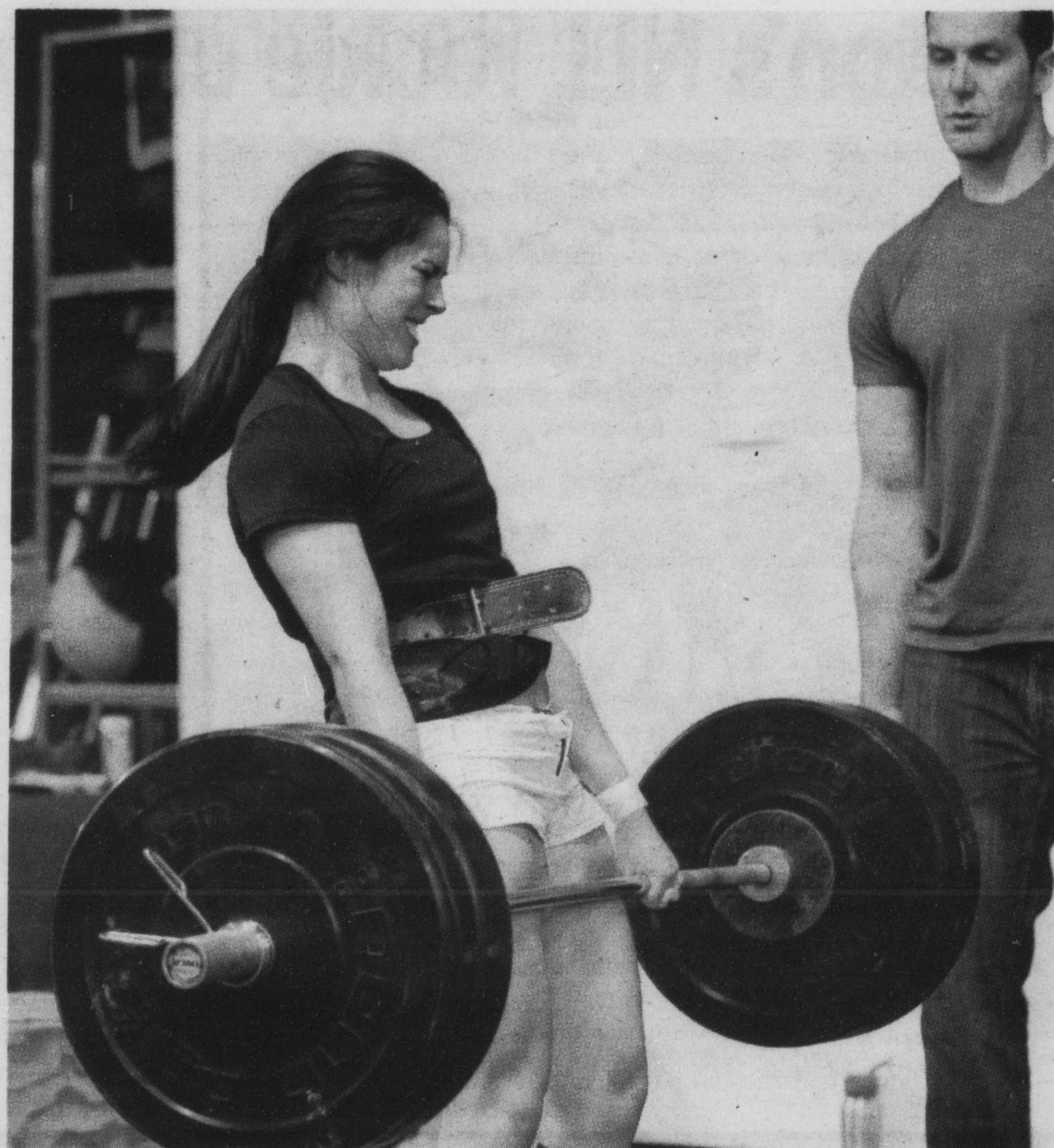
[oakvillepeacecentre.org/haltonecofest](http://oakvillepeacecentre.org/haltonecofest)

Business without advertising is like winking  
in the dark ~  
You know what you're doing ~  
but nobody else does!

### Heavy-duty challenge

Reebok CrossFit FirePower hosted the annual CrossFit Open Friday evenings throughout March. Participants faced a different challenge each week and were ranked among others from across North America. Week three's challenge was the dead lift/box jump. Here, Jasmine Sheehan grimaces as she competes in the dead lift under the watchful eye of club co-owner George Savard. Her best lift of the night was 205 pounds.

Graham Paine /  
Metroland West  
Media Group  
(Follow on Twitter @  
halton\_photog)



## Made presence felt from the onset

42...ed an assist in an opening-round 7-1 rout of Japan. From there she scored in a 7-0 win over Finland and punctuated round-robin play with a goal and assist to help down the Czech Republic 5-0.

"I was nervous, but at the same time really excited about what waited ahead," noted the newly-crowned world champion, who recently committed to Boston University and has two U18 national gold medals from her time with the provincial program — the first with the second-entry Blue team and then this past fall after getting an upgrade

to Ontario Red. "Putting on that Canadian jersey before the first game was when it really hit me."

Bach has one more title to vie for this season, as her Mississauga Chiefs head into this week's league playdowns in Oakville. Finishing just two points out of first place, they're a bonafide contender for the championship, with Bluewater serving as their initial obstacle Saturday morning.

Steve LeBlanc can be reached at [sleblanc@miltoncanadianchampion.com](mailto:sleblanc@miltoncanadianchampion.com) or on Twitter @MiltonOnSports.

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