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Dateline is a free listing for local non-profit community groups to promote their events for the coming week.

Notices should be emailed to kmiceli@miltoncanadianchampion. com. The deadline is noon on the Monday of the week before the week of the event. The listing runs Sunday to Saturday.

Sunday Mar. 30

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Pickleball** at the Milton Leisure Centre, 1100 Main St. E., from 7 to 8 p.m. The cost is \$3.50 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946.

Monday Mar. 31

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from noon to 4 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The **Milton Rotary Club** meets at the Community Living North Halton board room, 917 Nipissing Rd., from 6:30 to 8 p.m. Please arrive at 6:15 p.m. For more information, call (905) 878-4094.

**The Deck** youth drop-in centre, 900 Nipissing Rd., is open from 3 to 6 p.m. for all ages. Visit www.yfcmilton.com.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Art Club, Snooker League and Craft Club from 9 a.m. to noon, Duplicate Bridge from 9:15 a.m. to noon, Tai Chi from 9:30 to 11 a.m., Billiards from noon to 9 p.m., Cyber Cafe from 1 to 3 p.m., Contract Bridge and Bid Euchre from 1:30 to 4 p.m., Tap Dancing from 1:45 to 3 p.m. and Table Tennis from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call (905) 875-1681.

Tuesday Apr. 1

The **Milton Toastmasters** meets from 7:30 to 9:30 p.m. at the Royal Canadian Legion, 21 Charles St., in the upper hall. Please arrive at 7:15 p.m. Everyone's welcome. For more information, call (416) 992-0254 or visit www. miltontoastmasters.org.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 9:30 a.m. to 2 p.m. To make an appointment, call Jill Hicks at (905)

878-2383, ext. 7610.

Indoor Lawn Bowling is played from 1 to 3 p.m. at the Milton Soccer Centre, 821 Main St. E. Pay as you go for \$7. Instructions and bowls are provided for novices.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Kitchen Band from 9 to 11:30 a.m., Carving Club and Snooker League from 9 a.m. to noon, Billiards from noon to 9 p.m., Cribbage from 1 to 3 p.m., Table Tennis from 1 to 4:30 p.m., Bingo from 2 to 4 p.m. and Conversational French from 2:30 to 3:30 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Bid Euchre runs from 7:30 to 10 p.m. The cost is \$2.50. For more information, call (905) 875-1681. Older Adult Shinny is held at the Milton Sports Centre from 10:30 a.m. to 12:20 p.m. The cost is \$5.25 for those aged 65 years and over and \$6.25 for those aged 45 to 64 years. For more information, call (905) 875-5393. Pickleball is held at the Milton Leisure Centre, 1100 Main St. E., from 1 to 2:45 p.m. The cost is \$3.50 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946.

Wednesday Apr. 2

The Community Withdrawal Management Services Drop-In Group meets at the ADAPT office, 245 Commercial St., Unit B1, from 6:30 to 8 p.m. The group supports people in the community looking to examine their substance abuse. Topics include healthy living skills, budgeting, self esteem and healthy relationships. For more information or to reserve a seat, call (905) 827-5320.

The Royal Canadian Sea Cadet Corps Chaudiere, a youth program for boys and girls aged 12 to 18 years, meets at 6:15 p.m. at the Milton Fair Grounds, Building 3, on Robert Street. For more information, call (905) 875-1400 and leave a message.

The Milton chapter of BNI meets at the Sunrise Cafe from 7 to 8:30 a.m. Visitors are welcome. For more information or a reservation to attend, call Heidi Cherry at (416) 580-7507. Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from noon to 4 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Snooker League and Craft Club from 9 a.m. to noon, Contract Bridge from 9:15 to 11:30 a.m., Song Spinners Chorus from 9:30 a.m. to 12:30 p.m., Billiards from noon to 9 p.m., Canasta from 1 to 3:30 p.m. and Bingo from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call the centre at (905) 875-1681. The Weekly Lunch Counter is open at noon and features the Meal Deal for \$8. Visit the reception desk to sign up or phone in your order by Monday. Volleyball is held at the Milton Leisure Centre, 1100 Main St. E., from 12:30 to 2:30 p.m. The cost is \$3.75 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946.

Thursday Apr. 3

The Canadian Federation of University Women, Milton and District, presents 'Personal Safety' with guest speaker Shihan Darlene Kranstz of Milton Jui-Jitzu. The presentation addresses the importance of creating a greater awareness of yourself and your environment, leading to strategies to avoid potential danger and how to take effective action. The event takes place at Hugh Foster Hall, 141 King St. Doors open at 7:15 p.m. and the presentation is from 7:30 to 8:15 p.m.

The Deck youth drop-in centre, 900 Nipissing Rd., is open from 4 to 9:45 p.m. for all ages. Visit www.yfcmilton.com.

Milton District Hospital holds a one-on-one breastfeeding clinic with a certified lactation consultant from 6 to 9 p.m. To make an appointment, call Jill Hicks at (905) 878-2383, ext. 7610.

Indoor Lawn Bowling is played from 1 to 3 p.m. at the Milton Soccer Centre, 821 Main St. E. Pay as you go for \$7. Instructions and bowls are provided for novices.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds Canasta and Guitar Club from 9 to 11:30 a.m., Snooker League from 9 a.m. to noon, Walking Club from 9:30 a.m. to noon, Line Dancing from 10 to 11:30 a.m., Billiards from noon to 9 p.m., Bid Euchre from 1:30 to 4 p.m., Clogging from 2 to 3 p.m. and Table Tennis from 7 to 9 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For

more information, call (905) 875-1681. Older Adult Shinny is held at the Milton Sports Note Centre from 10:30 a.m. to 12:20 p.m. The cost Note is \$5.25 for those aged 65 years and over and \$6.25 for those aged 45 to 64 years. For more information, call (905) 875-5393. Pickleball is held at the Milton Leisure Centre, 1100 Main St. E., from 1 to 2:45 p.m. The cost is \$3.50 for those aged 65 years and over and \$5 for those aged 18 to 64 years. For more information, call (905) 878-7946.

Friday Apr. 4

The Deck youth drop-in centre, 900 Nipissing Rd., is open from 3 to 10:45 p.m. for all ages with parental permission to stay late required for kids in Grades 6 to 8. Visit www.yfcmilton.

Milton District Hospital holds a **drop-in** breastfeeding group with a certified lactation consultant from 10 to 11:30 a.m. at Our Lady of Victory School, 540 Commercial St., with information shared and babies weighed. For women and babies only. Call Jill Hicks at 9 (905) 878-2383, ext. 7610.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds the Rock & Roll Dinner and Dance from 6 to 9 p.m. Tickets, which are available at the reception desk, cost \$20 for members and \$22 for non-members. The centre also holds Snooker League and Contract Bridge from 9 a.m. to noon, Tai Chi from 9:30 to 11 a.m. Bingo from 9:30 a.m. to noon, Billiards from noon to 4 p.m. and Cyber Cafe from 1 to 3 p.m. Each activity costs \$2 for members and \$4.25 for non-members. Bid Euchre takes place at the Nassagaweya Tennis Club and Community Hall from 7:30 to 10 p.m. The cost is \$3. For more information, call (905) 875-1681.

Saturday Apr. 5

Indoor drop-in soccer is held at the Milton Soccer Centre, 821 Main St. E., for U10-12 at 6 p.m., U14-16 at 7 p.m. and adults at 8 pm. for \$5, and adults from 9 to 10:30 p.m. for \$7. There's a 24-player maximum.

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Billiards** and **Table Tennis** from 1 to 3 p.m. Each activity costs \$2 for members and \$4.25 for non-members. For more information, call (905) 875-1681.

## Wells known for fine applique work, three-dimensional flowers, bouquets

self," she said. "You're sitting there with your own thoughts.

"It gets tedious," she admitted. "It takes a fair bit of determination to finish a piece."

A member of the Royal City Quilters' Guild, she has won several awards for her quilts locally and is known for her fine applique work and three-dimensional flowers and bouquets. Her quilts have appeared in the Grand Na-

Quilt Show, the Pacific International Quilt Show in California, the World Quilt Competition in the United States, the Vermont Quilt Show and Quilt Canada.

In 2010, her quilt 'Nancy's Baltimore' won honourable mention at Quilt Canada. It's a quilt that took five years to complete and one of which she's very proud.

On three occasions, she has attended the Elly Sienkiewicz Applique Academy in Williamsburg, Virginia — one of the industry's most renowned quilting conferences, she explained.

There she learned new techniques and became inspired to continue her artistic endeavours in quilting.

As for the future, she sees herself making

quilts for her own children and grandchildren, which she's confident will be handed down for generations to come — a rewarding prospect in itself.

Wells' works will be on display until Monday, Mar. 31.

Julie Slack can be reached at jslack@miltoncanadianchampion.com or on Twitter @miltonmusing.