

## Youth mental health initiative launched

Early autumn can be a stressful time for children and teens, with the return to school and anxiety of making new friends and keeping up with school work.

These challenges are amplified when a youth is dealing with mental health and addiction issues. With that in mind, and in recognition of Mental Illness Awareness Week (October 6 to 12), the Mississauga Halton Community Care Access Centre (CCAC) has launched its

new Mental Health and Addiction Nurses initiative.

The Mississauga Halton CCAC co-ordinates in-home and community support services, as well as provides information and referrals and long-term care placements for children and teens suffering from addiction or mental health problems.

For help or more information, visit [www.ccac-ont.ca](http://www.ccac-ont.ca).

## Grand opening

MinMaxx celebrated the grand opening of its new real estate office on Main Street and held a customer appreciation event Sunday afternoon at the Milton Centre for the Arts. At left, Mayor Gord Krantz (right) and MinMaxx co-founder, CEO and Broker of Record Azim Rizvee make the official ribbon cutting.

Inset, performers dance during the customer appreciation festivities.

*Eric Riehl / Canadian Champion*

(Follow on Twitter @halton\_photog)



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# the Canadian CHAMPION

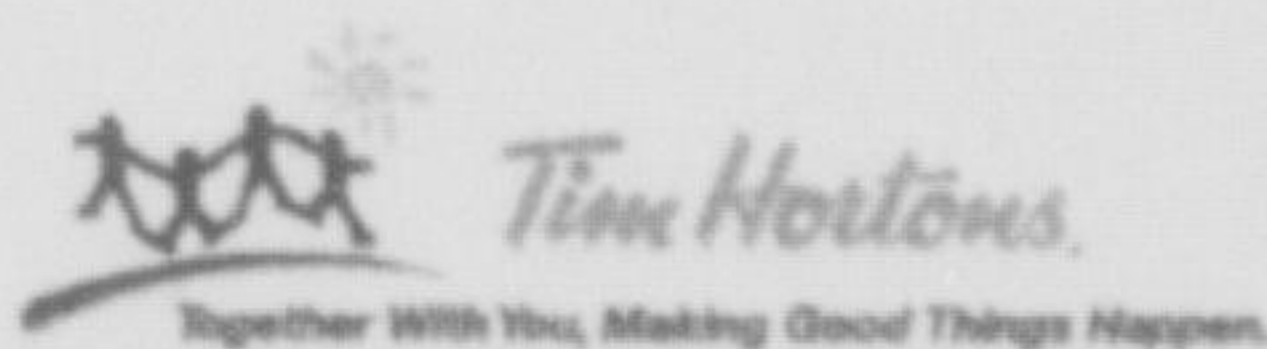
Thank You  
for bringing smiles  
to our community.

Smile Cookies are gone, but the smiles they've left in our community will last forever. Thanks to your support, Tim Hortons will be donating the entire proceeds to The Bob Rumball Associations for the Deaf. The donation will support the PAH! program, the only children's mental health program in Ontario that serves Deaf and hard of hearing children and youth.

To find out more visit [timhortons.com](http://timhortons.com)



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# LIVE BAIT — ALE HOUSE —



Dine & Stein

Join us on  
October 10<sup>th</sup> to 19<sup>th</sup>

3 Course Meal and 32oz Stein of Beer for only **\$33.95**

### To Start

#### Gemischter Salat (Chopped Salad)

Fingerling potatoes, green beans, cucumbers, cherry tomatoes and green onions in a sweet mustard vinaigrette

#### Beer and Cheddar Soup

Wisconsin aged cheddar, Stone Hammer Lager, and a silky cream finish

### Main Course

#### Schweinbraten

(Bavarian Style Pork Roast)  
Slow cooked pork roast with braised red cabbage, mashed potatoes and chunky apple sauce

#### Chicken Schnitzel

Crispy and seasoned chicken cutlets with sauerkraut, signature baker and green beans

#### Bratwurst

Bavarian Style Sausages Roasted and served with sautéed mushrooms, onions, fingerling potatoes and our house mustard.

### Dessert

#### Black Forest Sundae

Cherry chocolate brownie with chocolate ice cream, chocolate sauce, cherry compote and whip cream.

#### Ice Cream

Choice of Vanilla or Chocolate.

**\$33.95** includes 32oz Stein of Beer of your choice

**\$26.95** Dinner Only

(Plus Applicable Taxes and Gratuity)



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