



Société Alzheimer Society
HAMILTON AND HALTON
HAMILTON ET HALTON

Milton and Area Community Sponsors

From September to December, 2013

Coffee Break

You can host a Coffee Break anywhere you choose - your office, your school, your church, home or business!



We provide the kit, which includes coffee, or you can provide your own food and drinks
It's fun, social, and easy to organize!

For more information or to order your host kit:


Catherine Pegg
289-837-2310
cpegg@alzhh.ca

Diane Lindsey
905-529-7030
dlindsey@alzhh.ca

visit www.alzheimercoffeebreak.ca
for more information

Next Steps
Dementia Education series



First Link  Premier lien **FREE education programs**
First Steps | Next Steps | Care Essentials | Option for Care | Care in the Later Stages

This **3 session learning series** is for caregivers and friends of persons with a dementias.
To help to build a strong understanding of the dementias.

Session Topics:

- What is Dementia? • Brain / Behavior connection • Enhancing Abilities
- Treatment, Research and Finances
- Care for the Care Partner

- Dates: Tue. Nov. 12th, Fri. Nov. 15th, Tue. Nov. 19th
- Time: 10:30am-2:00pm
- Location: Birkdale Retirement Residence
611 Farmstead Drive, Milton
- Parking: free • Lunch: please bring a lunch!



To register, please contact:
289-837-2310 or 1-888-343-1017



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TODAY IS A GOOD DAY
TO TAKE A LONG-TERM VIEW

Long term care. Get the care you want. Know your options.

 Heidi Cherry
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