

Your Health



NEWS AND INFORMATION FROM MILTON DISTRICT HOSPITAL

SEPTEMBER 2013

Milton District Hospital's Future Unveiled!

The redevelopment of Milton District Hospital continues to move forward as officials celebrated the release of a request for qualifications for the project by unveiling a large project sign on the property. The announcement was made by Deb Matthews, Minister of Health and Long-Term Care at an event held at the Hospital on September 4, 2013.



All thumbs up as Hospital's future is unveiled.

In the fast-growing community of Milton, this project will focus on increasing the Hospital's services and facilities that are most in demand. These include emergency, surgical, critical care, maternal newborn, diagnostic imaging and support services, as well as medical/surgical inpatient units.

The request for qualifications is the first step in the procurement process to select a team to design, build, finance and maintain the project. Submissions will be reviewed to pre-qualify project teams with the design, construction experience, qualified personnel and financial strength to deliver a project of this size and complexity. These teams will then be invited to respond to a request for proposal, which is expected to be released in the spring of 2014.

Thanks for all your support!

Thank you for supporting the Milton District Hospital Auxiliary and our special events. Thanks to all your support, we have raised a lot of money for the Hospital. We could not have done it with you! Take a look at the proceeds that have been raised so far:

Rummage & Plant Sale \$2,710.00
 Strawberry Fair \$17,957.00
 Gift Shop ongoing Penny Drive \$1,500.01

A special thank you to the *Milton Cruise/Optimist Club of Milton* who donated \$2,100, and to the *Halton Sportsmen's Association* for their donation of \$4,000.

Don't forget – Your Hospital Gift Shop, *Uniquely Yours* is tax free and new inventory arrives daily. Be sure to check it out.



MDHA volunteers wearing their green vests receive a \$4,000 cheque from members of the Halton Sportsmen's Association.

L-R: Bonna Richmond, Rose Barrow, Bob Rusk, Roy Brownridge, Betty Nisbet, Dorothy Downs and Ron Coulson.

Thank You to the Milton Community Fund

Thanks to the generosity of the *Milton Community Fund* Halton Healthcare Services (HHS) has been able to purchase specialized surgical instruments for the Operating Room at Milton District Hospital (MDH). A \$28,854 grant was used to purchase a flexible uteroscope/cystoscope for the MDH urology service. With the arrival of these new specialized scopes, MDH will now have another set of instruments to use. This will help reduce the wait time for certain procedures, and aid in the continued growth of these surgical services at the Hospital.

For more information, please log on to www.haltonhealthcare.com.



Scott Lowes, Medical Device Reprocessing Technician and Dr. Kevin Kwan, Milton District Hospital (MDH) Urologist show off the Operating Room's new surgical tool, a flexible uteroscope/cystoscope, which MDH was able to purchase thanks to the Milton Community Fund.

Medication Reconciliation: We all have a role to play

When you or your loved one arrives at the hospital, a healthcare professional will ask about the current medications that you are taking. Why is this crucial? The short answer is simple - to keep you safe, while in hospital. To do that, we need you to bring a list of all of your medications (or your actual medications), with you to the hospital. This list should include **all** medications being taken, such as prescriptions, over-the-counter and herbal medications.

This medication list provides the healthcare team with important information that will help guide your treatment and care. It may also alert them to any possible drug interactions.

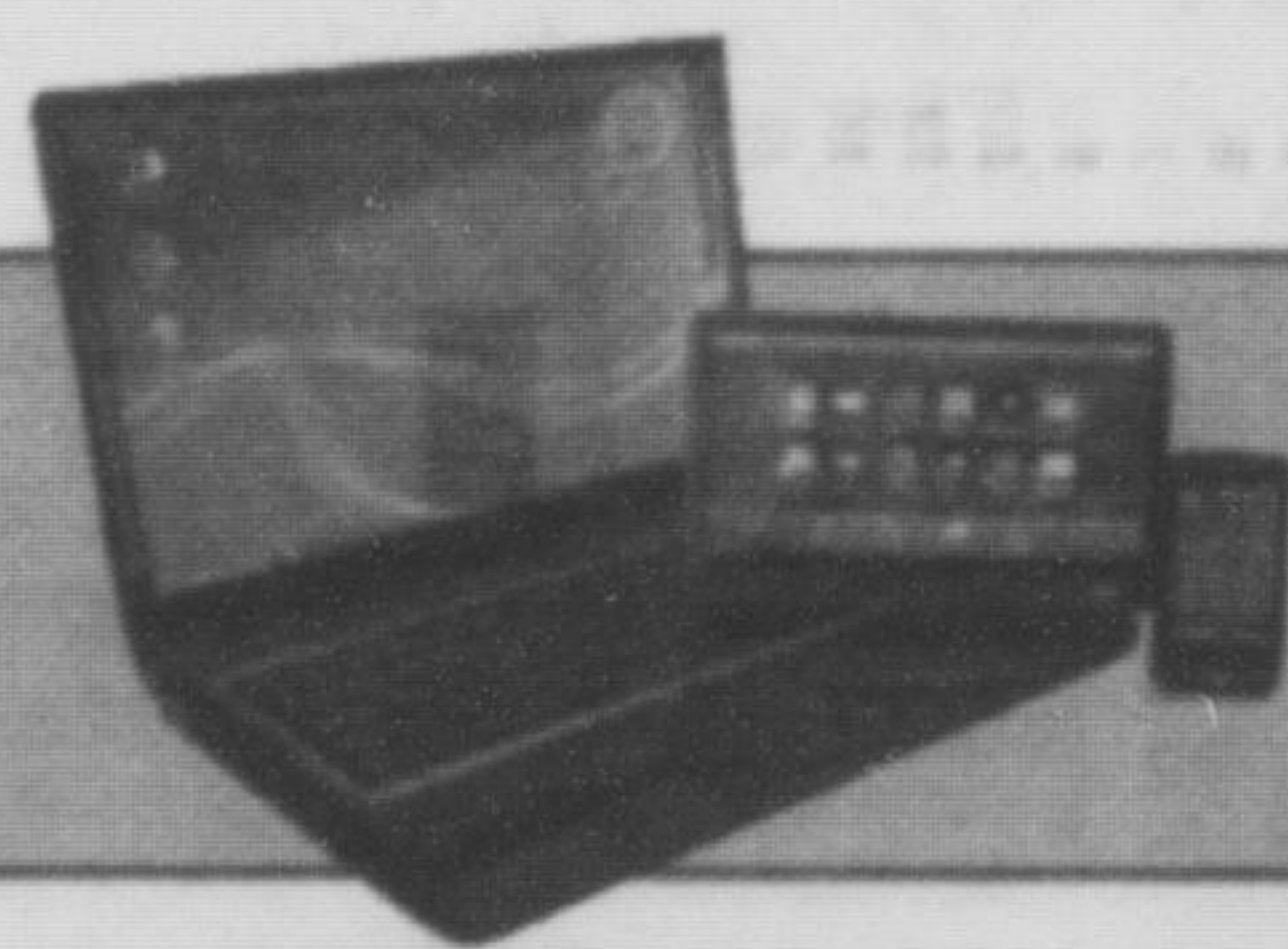
The goal is to ensure the best possible and most accurate medications for your treatment plan, and part of achieving that starts with getting the Best Possible Medication History (BPMH). This home medication list provides the foundation for Medication Reconciliation and is compared with current in-hospital medications at - admission, transfer between departments and discharge.

Remember, we all have a role to play in Medication Safety and it begins with you.

Mental Illness Awareness Week

October 6-12, 2013 is Mental Illness Awareness Week. This annual event was established to open the eyes of Canadians to the reality of mental illness and end the associated stigma that individuals often experience.

The Mental Health Program at Halton Healthcare Services aims to provide high-quality, client-centred services to individuals experiencing moderate to severe mental health issues. Services are offered across the lifespan with specialty resources dedicated to children, youth, adults, and seniors. For more information log on to www.haltonhealthcare.com.



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www.haltonhealthcare.com.