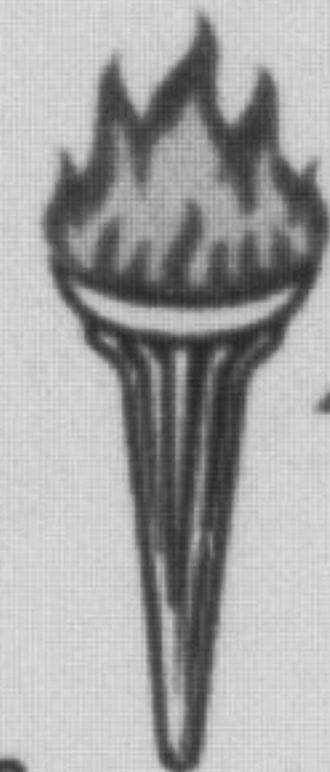


NOW OPEN
SIZZLING PRICES
SUPER FRESH & SUPER CLEAN

THE VARIETY AND THE DEALS YOU WILL
 SAVOR IT IN YOUR MEALS!

17 18 19 20 21 22 23
 May 2013



ADONIS

A world of freshness

www.groupeadonis.ca

<p>White zucchinis Baladi Mexico</p> <p>99¢ 2.18 kg</p>	<p>Italian tomatoes XL Roma Mexico</p> <p>99¢ 2.18 kg</p>	<p>Cucumbers Balady Ontario</p> <p>149 3.28 kg</p>	<p>Seedless red grapes Chili</p> <p>149 3.28 kg</p>	<p>Nectarines 72 size USA</p> <p>99¢</p>	<p>Mangos 8 size Mexico</p> <p>99¢</p>	<p>Apples Royal Gala 100 size Chili</p> <p>99¢ 2.18 kg</p>	<p>Cantaloup Jumbo 9 size Guatemala</p> <p>249</p>
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SMALL PIZZAS (10")
6 DIFFERENT TOPPING

2 FOR 10⁰⁰

FISH SHOP

Seabream royal porgies 400/600

Haddock fillet

If weather allows it

549
12.10 kg

FRESH MEAT

Grain fed veal palet

Ground veal meat

339
7.47 kg

295
6.50 kg

Chicken breast marinated with red sauce

Commercial spencer steak

429
9.46 kg

385
8.57 kg

QUALITY DELICATESSEN

Greek feta cheese

Old white cheddar cheese

725
15.88 kg

589
12.88 kg

Prosciutto cotto Casa Italia

Reg Oka cheese

Reg. or old fashioned smoked meat

Assorted mortadella San Daniele

399
8.80 kg

799
17.51 kg

499
10.80 kg

449
9.88 kg

FRESH DAILY

White french bread Adonis 283 g

Baguette

79¢

OUR FREEZERS

Kihiminitrolls feta Cheese Alfa 500 g

Ice cream bars 12 x 60 ml ou minilbar ou mini sandwich 14 x 45 ml Assorted Nestlé

Ice cream 1.5 L

Okra Zero Cedar 375 g

Raw peeled black tiger shrimps 16/20 Blue Tide 907 g

399

299

139

1299

OUR FRIDGES

Plain yogurt 0% 2% 3-25% Phoenicia 750 g

Soft tofu 300 g or desert tofu 2 x 150 g Sunrise

Tzatziki Arahova 500 g

Creamy or Source yogurts Assorted Yoplait 16 x 100 g

189

89¢

399

Duo light cheese The Laughing Cow 400 g 16 x 8 UN

Méditerranée yogurt Assorted Liberté 500 g

599

199

UNIVERSAL GROCERY

Okra Phoenicia 796 ml

Basmati rice Chef Nassim 4.54 kg (10 lb)

Carbonated water Assorted Nestlé 1 L

Beverage Assorted Fruité 2 L

99¢

799

59¢

99¢

Mixed nuts Cedar 454 g

Cookies Assorted Lu 120 g - 200 g

Maple syrup L'Érabeille ou Labonté 540 ml

Muslix cereals Assorted Kellogg's 450 g

399

2/500

599

297

Fava beans Cedar 2.84 L (100 oz)

Snackbread crispy toast Assorted Ryvita 200 g - 250 g

Pasta sauce Assorted Classico 410 ml - 650 ml

Pasta Product of Italy Assorted Valdigrano 500 g

229

2/300

269

79¢

Extra virgin olive oil Calamata 3 L

Mixed quinoa seeds Cedar 454 g

Soft drinks Assorted Coke or Sprite 2 L

Barazik Daoud Brothers 800 g sweets

1599

229

2/300

699

Hazelnut & chocolate spread Cedar 750 g

Deglet Nour dates Daia 200 g

Coconut milk Cedar 398 ml

Regular or baked chips Lay's 180 g - 270 g

249

79¢

79¢

2/500

We reserve the right to limit quantities. While quantities last. Images are for illustration purposes only. The text prevails over images.

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