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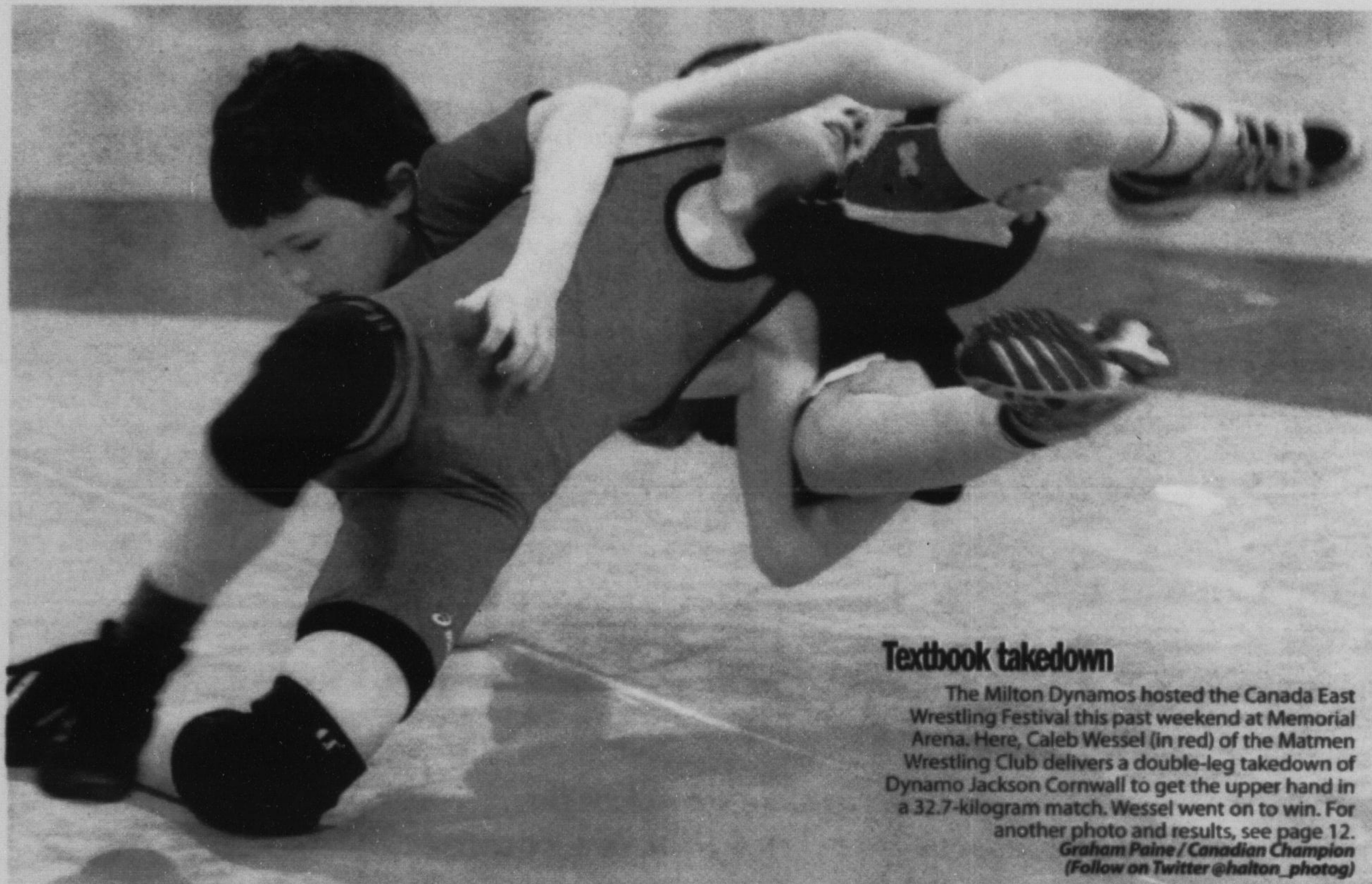


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A Metroland Media Group Publication • Volume 154 No. 19

Tuesday May 14, 2013

36 Pages • \$1.00 (incl. H.S.T.)



Textbook takedown

The Milton Dynamos hosted the Canada East Wrestling Festival this past weekend at Memorial Arena. Here, Caleb Wessel (in red) of the Matmen Wrestling Club delivers a double-leg takedown of Dynamo Jackson Cornwall to get the upper hand in a 32.7-kilogram match. Wessel went on to win. For another photo and results, see page 12.
Graham Paine / Canadian Champion
(Follow on Twitter @halton_photog)

Man gets 13 years for attempted murder

By Julia Le
CANADIAN CHAMPION STAFF

A Milton man who slit his pregnant girlfriend's throat while she was asleep in her family home received a jail sentence of 13 years Friday morning in Milton court.

Although defence lawyer Saara Wilson sought a seven to 10-year sentence for her client Brandon Adamson, while Crown Attorney Monica Mackenzie had asked for 10 years, Justice Douglas Gray deemed the "appropriate and fit sentence" to be longer.

Calling the 21-year-old's actions "planned and deliberate" Gray said in his reasons for sentencing seven-years "would be singularly inadequate to reflect society's revulsion at Mr. Adamson's conduct and would fail to send a clear message that such conduct is entirely unacceptable."

For the same reason, he also rejected the Crown's submission that a 10-year sentence would be appropriate.

The courtroom was silent while Gray spoke, with Adamson's family and friends on one side of the courtroom and victim Sarah

Mission complete

Chris Hadfield officially completed his five-month mission aboard the International Space Station (ISS) yesterday, and as of press time was scheduled to return to Earth around 10:30 p.m.

A Twitter sensation with his thousands of spectacular photographs and 800,000-plus followers, the native Miltonian has done wonders to raise the profile of the Canadian Space Program, as well as increase public knowledge of life aboard the ISS.



Knox restoration earns recognition

Knox Presbyterian Church, which underwent a two-year, \$1.9-million restoration, was among the local buildings that were recently recognized with Heritage Milton awards. See story on Community on page 8.

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ASK EMILY



"Emily" Hawkins. Wise, kind with a pass-on approach to life.

Dear Fellow Felines: I get lots of questions about weight loss, increased thirst and urine output, and these are all symptoms that must not be ignored. Whilst they are the symptoms of diabetes, they also share common ground with other diseases and a check up and tests will allow your Vet to differentiate. My Mom says feline "diabetes mellitus" is on the rise because more cats are indoors and lead a rather sedentary life. This promotes obesity. Just like our humans! Take care my Darlings.
Signed, Emily

IF ONLY PETS COULD SPEAK.

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