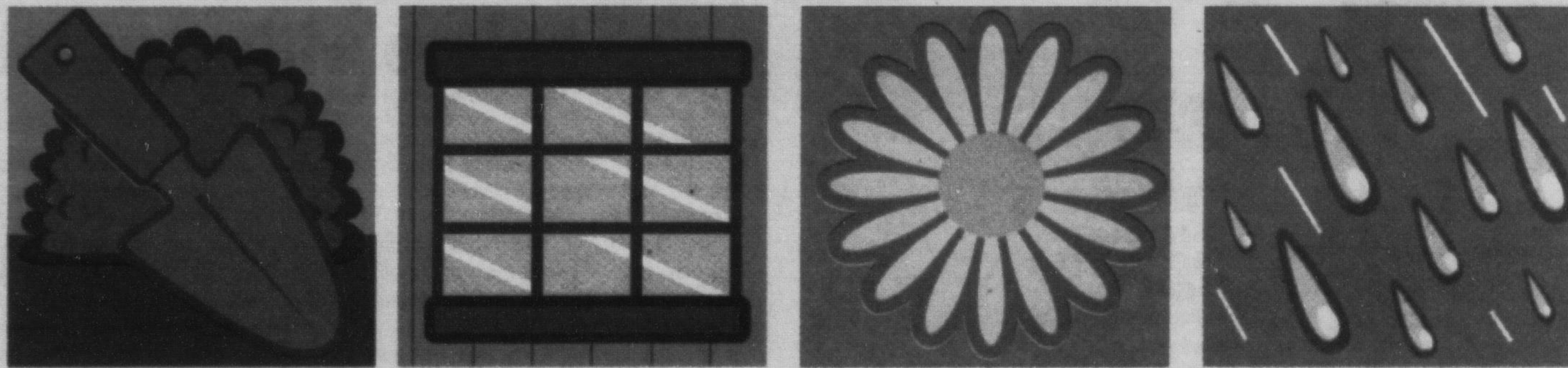


S P R I N G



HOME & GARDEN GUIDE

Advertorial

Fashion trends meet home décor this spring

(NC)—It's no secret that interior décor takes its cues from fashion. Sharon Grech, the colour and design expert for Benjamin Moore, points out that the pastel colours popping up in fashion apparel and accessories are also brightening up the home this spring.

"There is a palpable shift as Canadians are now ready for a "cleansing" of the palate," she begins. "Hits of white, pale greys and a bouquet of pastels bring a desired lightness to your wardrobe and to your home this season. Pastels have been popular in the past, but rest assured, what's in style today is very much of the moment and sophisticated."

The new pastels work best, Grech says, when contrasted with a darker charcoal shade or the rough texture of reclaimed wood or heavy woven textiles. These heavier materials and colours give the pastel a less fragile sensation. Designers today take some of the sweetness out of the pastel look by not always pairing it with a clean, crisp white, but instead with other neutrals like grey, sand and tan.

"Benjamin Moore's favourite pastel for the home this year is Lemon Sorbet," says Grech. "Fresh and bright, it is the perfect pick for any space. Its wispy nature is the ideal backdrop for any colour, especially when paired with warm grey

furniture and blue-green accents, to create a living space that is energetic and calm all at once."

There is a fine line when it comes to this airy trend. Just as in fashion, don't outfit the whole home in pastels. You wouldn't dress in head-to-toe pastels, and the same goes for the home. "It's all about balance," she says.

You can follow this trend online at BenjaminMoore.ca or visit your local retailer for more information.

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Benjamin Moore's 2013 Colour of the Year Lemon Sorbet proves it's got staying power, especially when paired with soft grey.



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