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M&M Meats to hold annual charity BBQ

More than 450 M&M Meat Shops locations across Canada, including those in Milton, will be at the grills to take part in the 25th annual Charity BBQ Day to benefit the Crohn's and Colitis Foundation of Canada (CCFC) on Saturday, May 11.

Running from 10 a.m. to 4 p.m., the community event raises public awareness and funds for medical research for Crohn's disease and ulcerative colitis, together known as inflammatory bowel disease (IBD).

Supporters of the charity barbecue can get a hamburger or hot dog, a drink and bag of chips for a minimum donation of \$3.

For an additional \$2, supporters can purchases a strawberry shortcake

All the food and time is donated to ensure every penny raised goes directly to the CCFC's Crohn's and colitis research.

More than 200,000 Canadians are affected by either Crohn's disease or ulcerative colitis, with the number growing each year.

This year's total fundraising goal for the day's event is set at \$1.3 million. Over the past 24 years, the charity barbecue has grown to become CCFC's largest annual fundraising activity by any single supporter, raising more than \$23.1 million for medical research dedicated to finding a cure for IBD.

Milton's M&M Meat Shops are located at 420 Main St. E. and 81 James Snow Parkway.

For more information about CCFC, visit www.ccfc.ca.

Charity breakfast to help hospital

The Halton Sportsmen's Association will host its annual charity breakfast on Saturday, May 4.

The breakfast — at the club's 5125
Steeles Ave. location — runs from 6
to 11 a.m. and cost \$5.

Prizes will be raffled off, with tickets going for \$1 each or three for \$2.

All of the prizes and food have been donated by local businesses.

Proceeds from the breakfast will go to the Milton District Hospital Auxiliary.