

**IDEAL FOR B.B.Q.**

Cut from Canada Grade A Beef, Dominion trim

# Blade steak

save 2.65/kg

## 3.06/kg

## 1.39/lb.

**GREAT FOR STEAKS**

**Club House plain 32 g pkg. Meat marinade .63**

| Nabisco Brands   |      | Baked Goods  |      |
|--|------|--|------|
| 675 g pkg. Nabisco Shreddies   | 2.39 | Richmello, 675 g loaf 60% whole wheat bread          | .89  |
| Unsalted, 340 g jar Planters dry roasted peanuts   | 1.99 | Richmello sliced, 675 g loaf Cracked wheat bread     | .89  |
| Salted or unsalted, 350 g cont. Planters mixed nuts  | 3.99 | Enriched, sliced, 450 g loaf Brookside white bread   | .69  |
| Glossette raisins or peanuts, Junior mints or 175 g snack size pkg. Lowney's Petite Oh Henry bar | 1.49 | 624 g pkg. Richmello peach pie                       | 1.89 |
| 340 g pkg. Lowney's Bridge Mixture   | 2.49 | Richmello, pkg. of 8 Hamburger rolls or hot dog buns | .79  |
| Regular or unsalted, 350 g tin Planters cocktail peanuts   | 2.89 | Pkg. of 12 Home Pride farmstyle rolls                | 1.05 |
| Salted, 325 g jar Planters dry roasted peanuts   | 1.99 | Pkg. of 6 Hostess dessert shells                     | .79  |

### Fresh Produce

A refreshing snack, California grown, Product of U.S.A., Canada No. 1 Grade

|   |                 |
|---|-----------------|
| Red Cardinal grapes   | kg 3.90 lb 1.77 |
| Product of Ontario, first of the season Large size blueberries                            | 1.99            |
| Fresh pineapple   | 1.68            |
| Product of Morocco, 4 lb. bag Valencia oranges  | 2.99            |
| Crisp and crunchy, Product of Ontario, Canada Fancy Grade, 3 lb. bag Red Delicious apples | 1.98            |
| Product of U.S.A. Fresh limes   | 12/99           |
| Product of Ontario, bunches Fresh, green leaf lettuce                                     | 2/99            |

First of the season Product of U.S.A. Canada No. 1 Grade California grown, fresh

# Red plums

heaping quart box

## 1.58

Product of U.S.A. Canada No. 1 Grade fresh

# Celery stalks

crisp & crunchy

## .98

|  |                 |
|--|-----------------|
| Crisp & crunchy, Product of U.S.A., Canada No. 1 Grade Fresh head lettuce          | each .98        |
| Ideal for slicing, Product of U.S.A., Canada No. 1 Grade Fresh cucumbers           | each .69        |
| Serve with a steak, Product of Ontario, 8 oz. pkg. Leaver Brand mushrooms          | 1.58            |
| Serve in a fruit salad, Product of Mexico Fresh mangos                             | each .99        |
| Ideal for cabbage rolls, Product of U.S.A., Canada No. 1 Grade Fresh green cabbage | each .99        |
| Product of U.S.A., bunches Fresh green onions                                      | 3/99            |
| A tasty garnish to any meal, Product of Ontario, bunch Fresh bunch radishes        | 2/99            |
| Product of Ontario and B.C., Canada No. 1 Grade Hot House tomatoes                 | kg 4.39 lb 1.99 |

|   |                 |
|---|-----------------|
| Cut from Canada Grade A Beef, Dominion trim Cross rib steaks                              | kg 4.39 lb 1.99 |
| Cut from Canada Grade A Beef, Dominion trim Boneless stewing beef                         | kg 4.39 lb 1.99 |
| Frozen Grade 'A' ducks  | kg 2.84 lb 1.29 |
| Shank or butt portion Fresh pork leg roast  | kg 3.51 lb 1.59 |
| Cut from Canada Grade A Beef, Dominion trim, boneless Hip cube steaks                     | kg 7.69 lb 3.49 |
| Smoked ham, beef, turkey, corned beef, chicken or pastrami, 71 g pkg. Buddig sliced meats | .79             |
| 500 g pkg. Shop's pure beef sausage   | 2.79            |
| Coors, 700 g cont. Potato salad or coleslaw   | 1.79            |

Cut from Canada Grade 'A' Beef, Dominion trim

# Cross rib roast

save 2.42/kg

## 4.17/kg

## 1.89/lb.

Ideal for meat loaf or patties, fresh daily

# Medium ground beef

IDEAL FOR B.B.Q.

## 3.51/kg

Richmello pkg of 8 Hamburg rolls .79

## 1.59/lb.

### Fearman's Quality

|   |                 |
|---|-----------------|
| Mary Miles boneless Cooked dinner ham                         | kg 5.49 lb 2.49 |
| Canadian Queen, pure pork Breakfast sausage                   | kg 4.17 lb 1.89 |
| Fearman's Polish coil sausage                                 | kg 4.39 lb 1.99 |
| An ideal snack item, Canadian Queen, 500 g pkg. Sliced salami | 1.99            |
| Canadian Queen, 175 g pkg. Sliced cooked ham                  | 1.39            |
| Rindless, sliced, side, 500 g pkg. Mary Miles breakfast bacon | 2.49            |
| The children's favourite, 450 g pkg. Mary Miles wieners       | 1.59            |

WASHED YORK

Ideal barbecued, then serve with your favourite garnish of sour cream or melted butter, Product of P.E.I., Canada No. 2 Grade

# York Brand gem potatoes

IDEAL FOR BBQ

## .99

10 lb. bag

save 2.00

With every minimum \$25 order (Special retail of 1.68 without)

"EXCLUSIVE TO DOMINION STORES"

This is an ideal potato for baking, boiling, French fries or for the barbeque

the deli (Available at stores with deli counters only)

|  |                   |
|--|-------------------|
| Country Fare deli sliced Cooked roast beef | 100 g .99 lb 4.49 |
| Bittner's Polish coil sausage              | 100 g .53 lb 2.39 |
| Deli sliced round Bens smoked beef         | 100 g .88 lb 3.99 |

Pier 19 (SUBJECT TO AVAILABILITY)

|                       |                  |
|-----------------------|------------------|
| Fresh Pacific salmon  | kg 14.31 lb 6.49 |
| Fresh haddock fillets | kg 8.36 lb 3.79  |
| Fresh turbot fillets  | kg 6.59 lb 2.99  |

## YOUR SUMMER LIVING CENTRE...for all your summer needs

|   |                                |   |  |
|---|--------------------------------|---|--|
| Red Label 750 mL cont. Sweet green relish | Red Label 750 mL cont. Mustard | Red Label, 10 lb. bag Charcoal briquets | Red Label 9 inch, pkg. of 50 Foam plates |
| <b>.99</b>                                | <b>.99</b>                     | <b>2.79</b>                             | <b>2.99</b>                              |

FATHERS DAY SPECIAL

Pay only 3.99 with this coupon on the purchase price of one 900 g cont. of

### Schneiders bucket chicken

Coupon valid until close of business Sat., June 16, 1984. Limit: one coupon per family. Special retail of 4.99 without coupon. PLU#17

PAY ONLY **3.99** WITH THIS COUPON

Pay only 2.79 with this coupon on the purchase price of one 750 g pkg. of

### Planters blanched peanuts

Coupon valid until close of business Sat., June 16, 1984. Limit: one coupon per family. Special retail of 3.29 without coupon. PLU#11

PAY ONLY **2.79** WITH THIS COUPON

Quik-Ki plastic Garbage bags

Assorted colors Cottonelle bathroom tissue

Econo plastic Kitchen garbage bags

Woodbury, 45 Golden or herbal scented

Scented or unscented Roll on antiperspirant

Elastoplast, Fabric bandage

150 mL cont. Right Guard deodorant

Daisy ladies razors

Disposable razors

Brand name for less than non-name

pa

save .70

Glossette raisins Junior mints or L

Petite Oh Henry

Brass or copper (th in all stores, however)

Umbrella stands

Insulated each Picnic bags

Zip solid 375 g pkg of 6 Fire starter

the Park margarine

Coupon valid until 16, 1984. Limit: one coupon per family. Special retail of 1.99 without coupon. PLU#7

pu

flavours of herbal

Coupon valid until 16, 1984. Limit: one coupon per family. Special retail of 1.99 without coupon. PLU#5