



Super Savings



All available varieties, Canadian Brands
Regular and King size cigarettes

BONUS BUY 12.99 carton

Warning: Health & Welfare Canada advises that danger to health increases with amount smoked. Avoid inhaling.



Powdered laundry 6 litre box
Tide detergent

save up to 1.70 **3.69**

With every minimum purchase of \$20, excluding tobacco (Special retail of \$4.29 without minimum purchase)



Super concentrated 1 litre cont.
Downy fabric softener

save 1.30 **3.99**



Apple, five fruit or grape 3 x 250 mL tetra pack

Sprint drinks

save .38 **.99**



In tomato sauce, with or without pork 14 fl. oz. tin

Heinz beans

save .40 **.69**



Pieces & stems 10 fl. oz. tin

Success mushrooms

save .30 **.69**



save 1.99/kg

With crackling, picnic
Fresh pork shoulder roast

1.74/1.79 /kg lb.



save 1.79/kg

Bake, broil or fry, shoulder butt
Fresh pork chops

3.26/1.48 /kg lb.



save 1.55/kg

Frozen
Pork side spareribs

3.28/1.49 /kg lb.



save 1.33/kg

Frozen or previously frozen
Chicken drumsticks

2.99/1.19 /kg lb.

Grocery

Assorted flavours 170 g tin
Pamper cat food **3/\$1**

Assorted colours 2 ply, 4 roll pkg.
Duvet bathroom tissue **2.19**

Champagne, yellow or white 2 roll pkg.
Viva paper towels **1.39**

Grocery

Liquid, 1.5 litre cont.
Palmolive dish detergent **3.99**

Econo plastic pkg. of 40
Garbage bags **2.97**

Econo plastic pkg. of 24
Kitchen garbage bags **.89**

Grocery

White, yellow or sandalwood, Scotties handypak, pkg. of 100
Facial tissue **2/\$1**

Assorted sizes and colours, control top or sandalfoot, each
No Nonsense pantyhose **1.99**

Assorted varieties Revlon Flex, 450 mL cont.
Shampoo or conditioner **3.99**



Available at stores with deli counters only

Fresh cod fillets kg/ **6.15** lb. **2.79**

Fresh perch fillets kg/ **6.15** lb. **2.79**

Headless and dressed
Frozen Lake Erie smelts kg/ **2.62** lb. **1.19**

Bittner's deli sliced Bottom round pastrami 100 g/ **.86** lb. **3.89**

Bittner's deli sliced Veal & pork bologna 100 g/ **.50** lb. **2.29**

Deli sliced Bittner's Genoa salami 100 g/ **.88** lb. **3.99**

Fine, golden or coarse
Bittner's liver sausage 100 g/ **.31** lb. **1.39**

Deli sliced Coorsh stuffed chicken 100 g/ **.66** lb. **2.99**

Maple Leaf Kolbassa coil 100 g/ **.75** lb. **3.39**

Meat

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Fresh Loin veal chops **8.36** /kg **3.79** lb.

Fresh shoulder boneless Veal scallopini **8.80** /kg **3.99** lb.

Butt or shank portion, fresh
Pork leg roast **2.62** /kg **1.19** lb.

New Zealand frozen, short cut Lamb leg **3.95** /kg **1.79** lb.

Frozen or previously frozen Chicken wings **1.96** /kg **.89** lb.

Fresh leg Pork schnitzel **6.59** /kg **2.99** lb.

Fully cooked whole or half Bittner's Black Forest style ham **6.59** /kg **2.99** lb.

Cut from Canada Grade 'A' Beef Braising short ribs **4.39** /kg **1.99** lb.

375 g pkg. Country Fare wieners **.99**



Vacuum pack ground or au 369 g pkg.

Mother coffee

Orange pekoe 227 g pkg. of

Red tea

Salted or unsalted 450 g pkg.

Dominic soda

Bal

Lemon meringue

Your choice, 450 g loaf

Light or rye bread

All butter pkg. of 6

Croissant rolls

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Ideal with stea Product of Or Leaver Brand

Fresh mushroom

Ideal for salads Product of U.S. Ontario No. 1 G

Green pepper

Excellent in s Product of M

Fresh zucchini

The right si

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