

Loblaws

40ollar

pork chops
fresh shoulder butt



pay only **\$1.00** off
2.84 /kg
1.29 lb

sugar plum
bacon
Swifts sliced side
500 g pkg.



with minimum \$15. purchase excluding cigarettes and this purchase and coupons below

\$1

sausage
pure pork



frozen Canadian Queen brand

2.20 /kg
1.00 lb

ground beef
lean
freshly ground



pay only **3.73** /kg
1.69 lb

1.00 lb. off

broccoli
fresh



product of U.S.A.

\$1.00 bunch

fresh lemons
6 for **\$1.00**



product of U.S.A. - California grown

cooked smoked hams

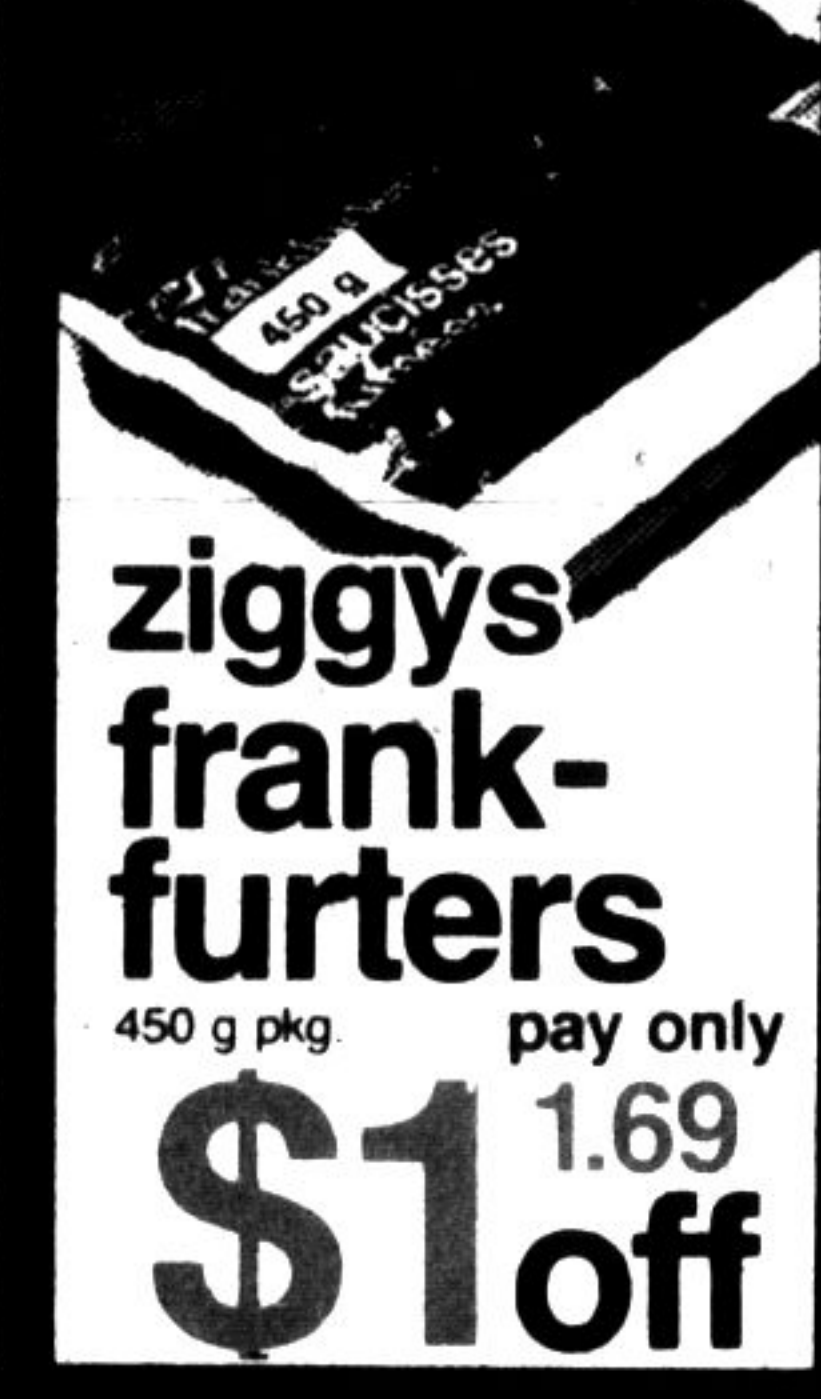


Loblaws semi-boneless halves

pay only **5.40** /kg
2.45 lb

\$1.00 lb. off

ziggys frankfurters

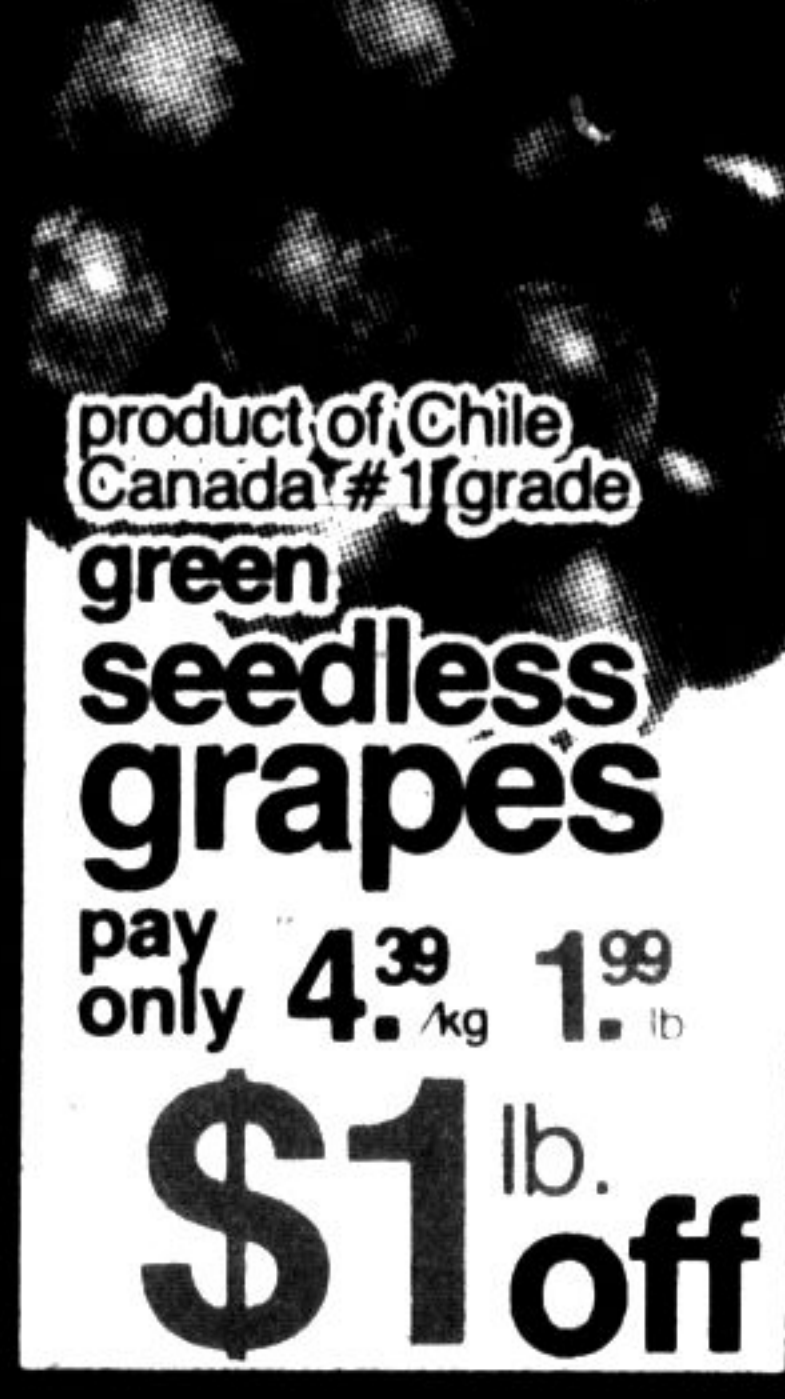


450 g pkg

pay only **1.69**

\$1.00 off

seedless grapes



product of Chile Canada #1 grade

pay only **4.39** /kg
1.99 lb

\$1.00 lb. off


green onions
3 bunches for **\$1.00**



product of U.S.A.

oranges
seedless navel large size
5 for **\$1.00**

boneless pork roast



fresh shoulder butt

4.41 /kg
2.00 lb

ziggys cold cuts



4 specified varieties 175 g pkg.

Loblaws sliced

\$1.00

sole fillets



397 g pkg. Highliner brand individual wrap

pay only **3.49**

\$1.00 off

fresh mushrooms



product of Ontario

12 oz. pkg. **1.99**

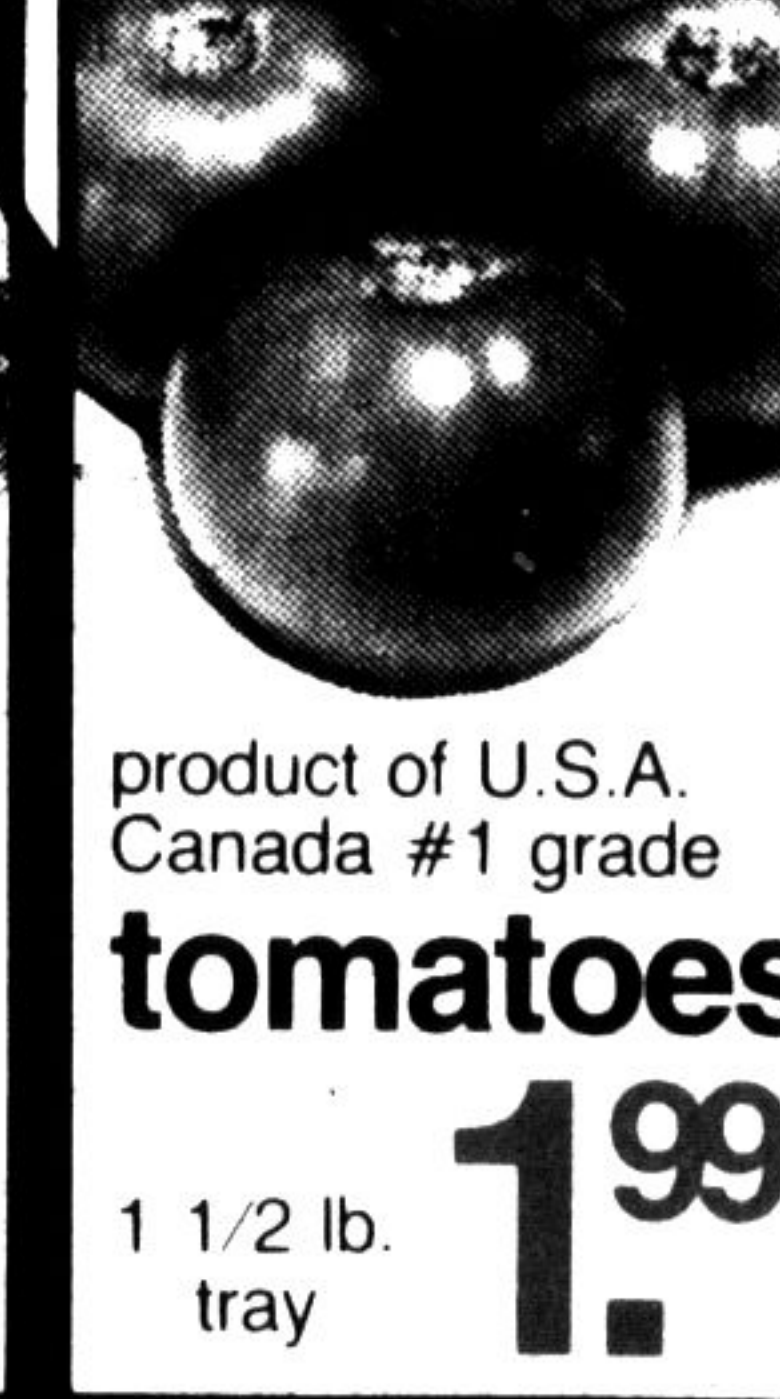
romaine lettuce



product of U.S.A.

each **.79**

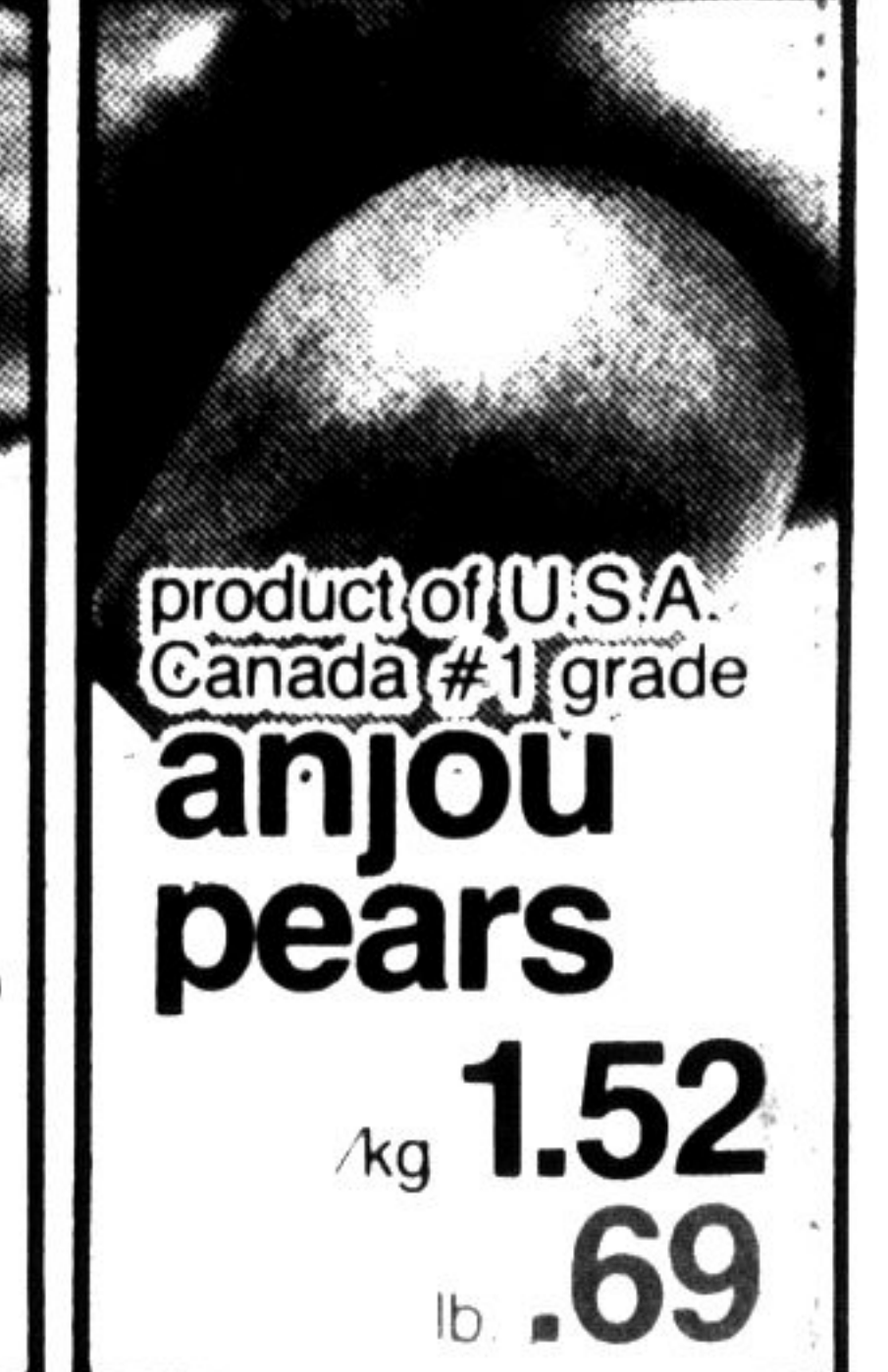
tomatoes



product of U.S.A. Canada #1 grade

1 1/2 lb. tray **1.99**

anjou pears



product of U.S.A. Canada #1 grade

/kg **1.52**
lb **.69**

lamb legs



whole frozen New Zealand

4.41 /kg
2.00 lb

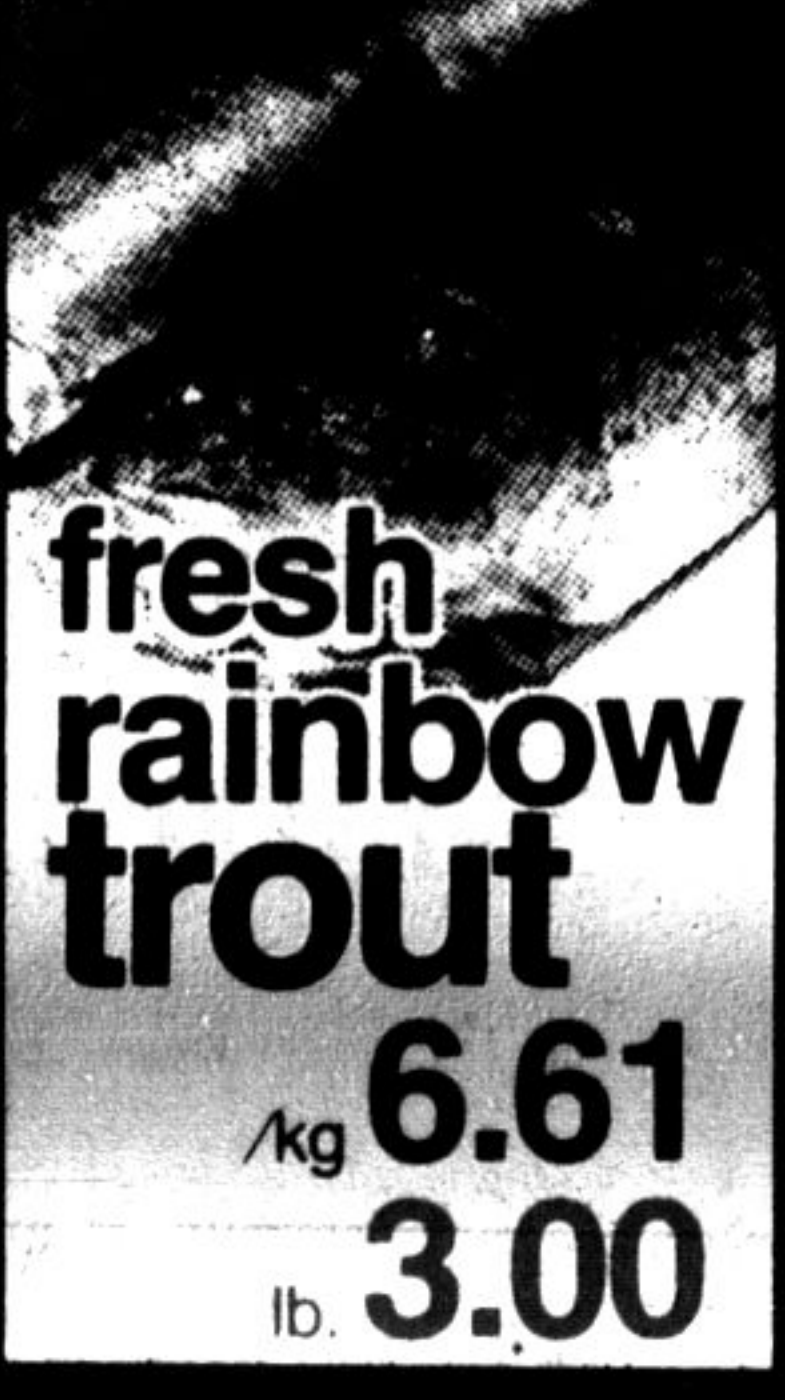
butterball turkey breasts



frozen, Swifts deep basted

/kg **6.61**
lb **3.00**

fresh rainbow trout



/kg **6.61**
lb **3.00**

flowers for Valentines
product of Ontario

cyclamen
in a wicker planter hat 6 inch pot **6.99**

product of Ontario fresh cut carnations bunch **3.49**

product of Ontario potted mums 6 inch pot each **4.99**

McCain tetra-pak drinks



\$4.00 off when you buy regular price **9.95** (9 sleeves 3 x 250 mL)

fresh picnic shoulder pork roast **2.20** /kg **1.00** lb

sliced, 175 g pkg Loblaws cooked ham **1.59**

braunschweiger, 300 g pkg Loblaws liver sausage **1.49**

Z&W foods 3 specified varieties cooked meat chunks **3.06** /kg **1.39** lb

sliced jagdwurst or kolbassa, 175 g pkg Ziggys cooked meats **1.59**

frozen highliner brand, 350 g pkg Boston bluefish fish sticks **2.19**

choice 28 fl. oz. tin Aymer tomatoes **1.19**

Kellogg's 675 g box corn flakes cereal **1.99**

white or almond 2 ply, 2 roll pkg Atlantic paper towels **1.49**

Betty Crocker, white, devil's food or German chocolate, 510 g box super moist cake mix **1.59**

salad dressing 1 L jar Kraft miracle whip **3.25**

30.5 cm x 60 m roll box Handi-wrap **2.15**

McCain, frozen 25 oz box strawberry shortcake **2.99**

Club House 1 1/4 oz. envelope chili seasoning mix **.75**

economy, 100's 12 oz. box Red Rose tea bags **2.19**

Nabisco cereal 675 g box spoon size shredded wheat **1.99**

white, yellow, beige or peach, 1 ply, 4 roll pkg White Swan bathroom tissue **1.89**

Stafford 19 fl oz tin apple pie filling **1.65**

Baker's semi-sweet 350 g cello pkg chocolate chips

frozen, concentrated, unsweetened juice or Revive citrus beverage McCain drinks 12 1/2 fl. oz. tin

Betty Crocker, ready-to-spread chocolate, vanilla or milk choc. 450 g plastic tub creamy deluxe frosting