

Uloblams

regular ground beef

freshly ground

/kg **2.18**

lb. **.99**

product of Ontario - Canada #1 grade

10 lb. bag new white potatoes

FOODLAND ONTARIO

pay only **88¢**

less than **1/2** price

fresh pork roast

picnic shoulder

2.18 /kg

.99 /lb.

fresh shoulder butt **pork chops**

/kg **3.06**

lb. **1.39**

hot or sweet 500 g pkg no name™ fresh	2.79	500 g pkg frozen no name™ pure pork sausage	2.39
Italian sausage 6 specified varieties 300 g pkg	.99	no name™ vac pac. 2's	kg 5.49
no name™ fresh pasta	.99	polish sausage	lb. 2.49
3 specified varieties 600 g pkg no name™	2.99	frozen Seaglo brand cod fillets	kg 4.39
cooked meat chubs	2.99	350 g pkg frozen Seafresh brand fish sticks	lb. 1.99
375 g pkg, no name™ Bavarian smokes	1.99		1.79

ziggys sliced side bacon

500 g pkg.

2.29

Swiss Chalet chickens

fresh predressed grade "A"

2 1/2 - 3 1/2 lb. size

3.28 /kg

1.49 /lb.

product of Ontario Ontario no. 1 grade

red sweet peppers

/kg **1.52**

lb. **.69**

cooked ham

no name™ sliced

375 g pkg.

3.29

5-8-12 fall fertilizer

no name™ product of Ont.

20 kg bag

4.99

carrots

product of Ontario Canada no. 1 grade

5 lb. bag

.99

old cheddar cheese Schneiders

coloured or white

375 g wedge

3.69

onions

Canada no. 1 small grade

10 lb. bag

1.29

bartlett pears

product of Ontario Canada no. 1 grade

4 L bsk.

3.99

white, white print or almond 2 ply, 2 roll pkg

Royale paper towels **1.49**

white, yellow or beige 2 ply, 200 s box

White Swan facial tissue **.99**

frozen, beef and bean, green chili beef and bean or red chili beef and bean

El Monterey burritos 142 g pkg **.69**

14 fl. oz. tin

Stokely/Van Camp pumpkin **.75**

with garlic, with onion or plain, 455 mL. bottle

Heinz barbecue sauce **1.49**

frozen, unsweetened, Granny Smith apple or concord grape, 12 1/2 fl. oz. tin

concentrated SunPac juices **1.39**

Riviera mushrooms

pieces & stems

10 fl. oz. tin

.99

Tang fruit drinks

apple, grape, orange or mixed fruit

3 x 250 mL tetra-pak sleeve

1.29

product of Ontario Canada #1 grade

corn-on-the-cob 6 **.99**

product of Ontario Canada #1 grade

celery stalks each **.59**

product of Ontario Canada fancy grade

Paula Red apples 3 lb. bag **1.88**

product of South Africa

Valencia oranges 4 lb. bag **3.99**

product of U.S.A.

Canada #1 grade prune plums kg **1.52** lb. **.69**

product of U.S.A.

nectarines kg **2.18** lb. **.99**

raid insect spray

House & Garden

350 g aero. tin

3.99

charcoal briquets

Royal Oak

10 lb. bag

2.99

liquid, 500 mL. bottle

Palmolive dish detergent **1.59**

3 L jug

Downy fabric softener **5.29**

28 cm x 15 m roll box

clear plastic wrap Stretch 'n Seal **1.29**

assorted varieties 150 g box

Betty Crocker hamburger helper **1.79**

ready cut macaroni, spaghetti or spaghetti

Catelli pasta 1 kg box **1.39**

for medium dogs or large dogs, 900 g box

Milk Bone dog biscuits **2.59**