

## At Halton Centennial Manor

# Donated time makes the difference

A cure for the summer time blues has been found at the local home for the aged by about 20 teenagers. The Halton Centennial Manor volunteers have escaped vacation boredom by spending their days with the elderly residents. The young volunteers, who are generally about 14 years of age, are often stepping into shoes filled by adult volunteers.

"A lot of regular volunteers take the summer off," explained Karen Hutchinson, acting volunteer coordinator.

She hopes to see many of them return this fall but even with the 120 she expects to see in September, there won't be enough.

"I need more people who can commit themselves to one visit a week," she said.

The coordinator doesn't want to feel like she is "taking advantage" of regular volunteers. One method of ensuring this doesn't happen will be a plan to interest those visiting friends and relatives at the home in helping with programs and special events.

Scheduling visits to coincide with Manor activities would make them more accessible to residents who often require help to reach these events.

Transporting residents is one of the many jobs filled by volunteers. According to Ms. Hutchinson most volunteers want to come in everyday.

She has been surprised by the dedication of the young people.

"I thought they would be shy of older people," she said.

Ms. Hutchinson tries to give volunteers a variety of jobs in an effort to keep their enthusiasm from waning. They can be seen accompanying residents on picnics, to the hairdresser, or on visits to the Tuesday afternoon ice cream parlor in the auditorium. The adjuvant and craft programs also benefit from their time.

Some of the volunteers have specific residents to visit. Those relationships and performing their many volunteer tasks help the teens to "get a good understanding of the elderly."

"The contact helps them to mature," suggests Ms. Hutchinson.

When volunteers return to school in the fall, others will have to take over. Activities introduced this summer, thanks to the availability of volunteer manpower, can only continue with volunteer support.

A sing-song held one morning and evening a week has become so popular Ms. Hutchinson said it will become a more frequent activity. Some programs evolve strictly from the interests of volunteers.



Manor resident Lilly Hayward has plenty of willing helpers to transport her from the hairdressing shop. Volunteers (from left) Joanne Snow, Heather McNeill and Arlene Brown are among 20 young people helping at the home for the aged this summer.

A swimming program to begin in the fall, came about through a volunteer with lifeguarding skills.

"We can do a lot of things if we have the volunteers," the coordinator explained.

Adjuncts, who work with residents to develop better mental and physical fitness, are dependent on volunteers. According to Ms. Hutchinson the program couldn't be run without them.

Most volunteers live in Milton and Campbellville. Although the manor is operated by Halton Region and serves the entire area, travel in distance limits volunteer sources. A van driven by a volunteer Mondays and Fridays is available to volunteers at no charge.

"Some volunteers really depend on the van," said Ms. Hutchinson.

While volunteers leave their mark at the Manor on a personal level with residents, it is hoped something more tangible will result from their efforts.

This fall a volunteer will be assessing the Manor's small library to determine its popularity and improvements which may be required.

"We're trying to get a proper library," explained Ms. Hutchinson.

Many of the books now available are published in fine print and only one book magnifier is available to residents with poor vision. Relocating the library to a "brighter and cooler" place and cataloguing books is the anticipated outcome of the assessment, according to the coordinator.

Each fall a concentrated recruitment of volunteers is aimed at increasing their numbers. A display at Milton Mall is one method of attracting new helpers. Volunteers tour the facility and can decide which area they want to assist in. Training is provided.

For more information about volunteering at the Manor call Karen Hutchinson at 878-4141.

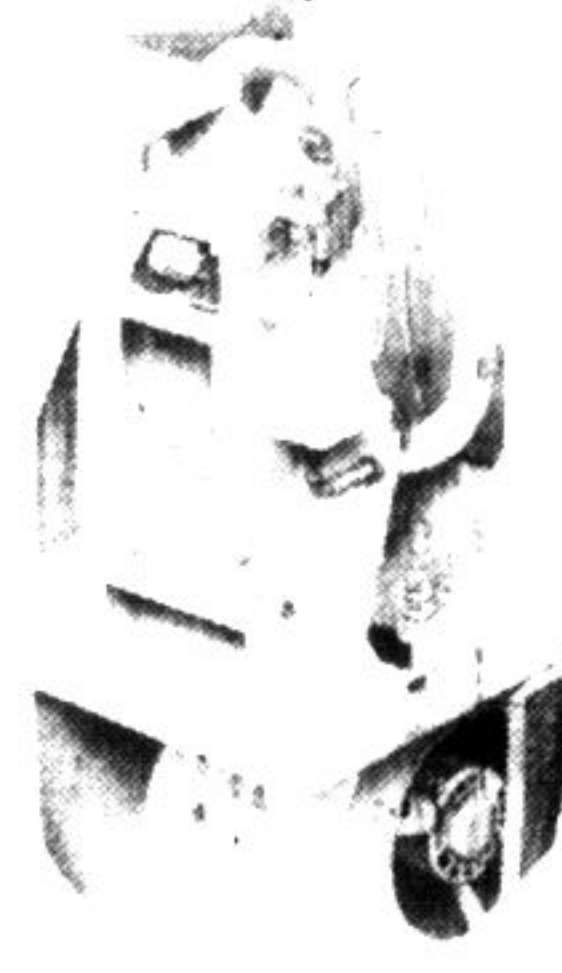
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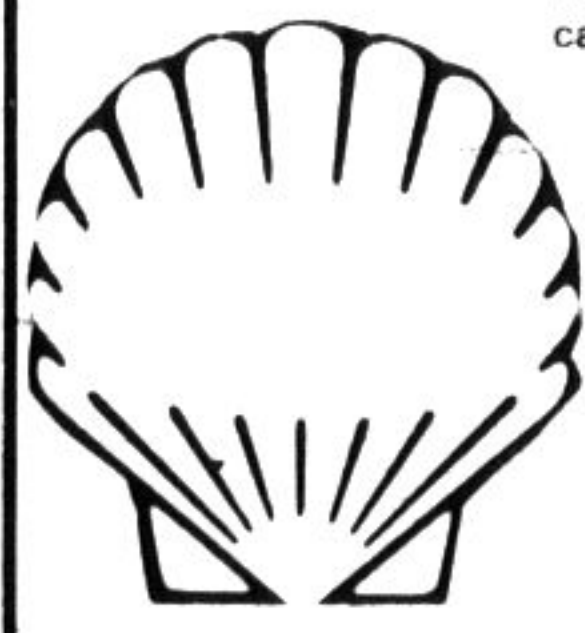
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The following establishment has applied for a licence of the class indicated, and the application will be entertained at the aforementioned location and time.

**Application For New Licence**  
Hobo's Roadhouse Restaurant  
575 Ontario Street South, Milton  
Dining Lounge Licence  
Applicant: 590317 Ontario Ltd.

AND FURTHER TAKE NOTICE that any person who is resident in the municipality and who wishes to make representation relative to the application, shall make their submission to the Board in writing prior to the date of the hearing, or in person at the time and place of the hearing. (Copies of written submissions will be forwarded to the applicant.)

Liquor Licence Board of Ontario  
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