relates to the Halton District Health Council on matters of long-term care needs in the town and region. The local committee is currently reviewing existing services, setting priorities and making recommendations for the 1997-98 Annual District Service Plan. Advice from the community is welcome. For information, call 878-9965.

Friday Oct. 11

It's Hot Meal Deal Day at the Milton Seniors' Activity Centre, 500 Childs Dr. The 11:30 a.m. event features food and fellowship.

Saturday Oct. 12

St. John Ambulance holds a CPR child and infant course (CPR-Level D) designed for parents and anyone involved with the care of children who want to learn CPR and choking manoeuvres for infant and child casualties. The course starts at 9 a.m. Call 878-4330 for more information and registration.

Robberies on the rise in Milton

• from ROBBERY on page 1

115 to 120 pounds, five-foot-four to fivefoot-five with a slender build and light complexion.

She was wearing dark pants, a waistlength black leather or suede jacket and a thick purple elastic band in her hair. She may have been wearing glasses.

The National Trust was also robbed by a man September 30, as was the Bank of Nova Scotia at the Laurier Centre at Laurier Avenue and Ontario Street. Arrests were made in connection with the Bank of Nova Scotia hold up.

The culprits responsible for the robberies are believed to come from out of town because they generally don't wear disguises — an indication that they aren't afraid of being recognized, Det. Sgt. Walsh said.

Anyone with information on Friday's robbery is asked to contact Halton police at 878-5511, ext. 2416, or Crime Stoppers at 825-8477.



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Tuesday Oct. 15

The Victorian Order of Nurses holds a foot care clinic at the Bruce Apartments, 40 Ontario St., from 1:30 to 4 p.m. The cost is \$15. For further information or an appointment, call 827-8800. Foot care clinics are by appointment only.

The Canadian Mental Health Association hosts six-week education series Critical Thinking for Everyday Life. The course, which runs Tuesdays from 7 to 9 p.m. until November 9, is designed to encourage participants to expand their ability to think critically.

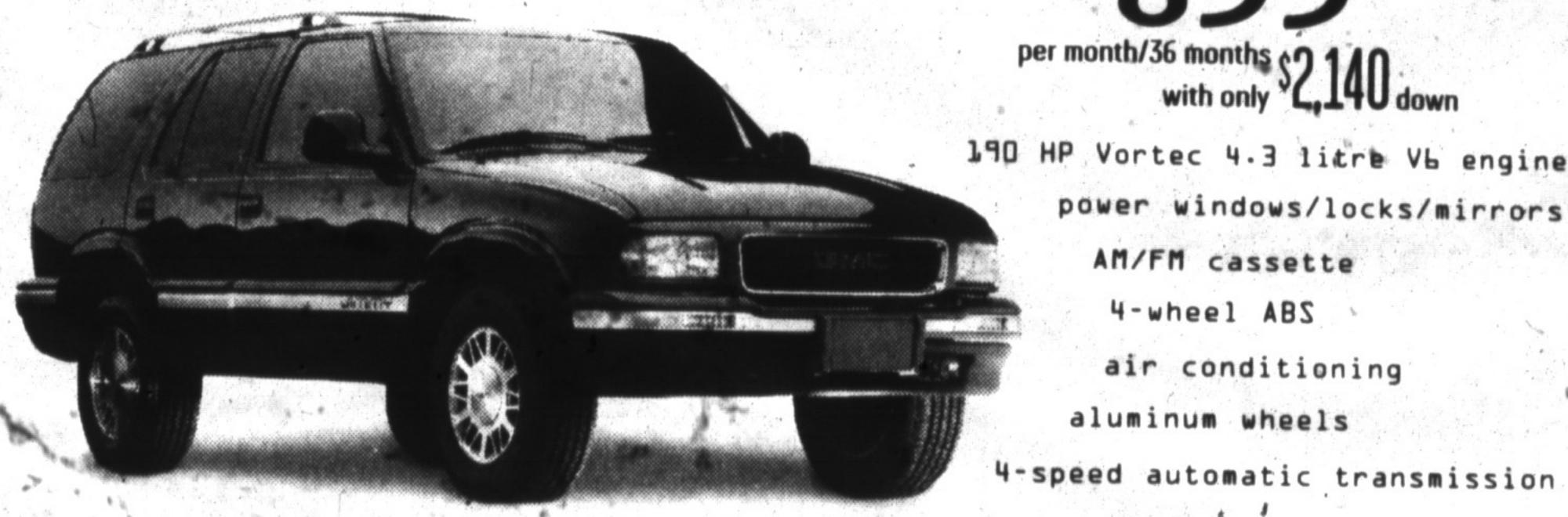
Participants evaluate definitions of critical thinking to develop an understanding of the higher level thinking skills needed to respond to today's rapidly changing and increasingly complex environment. The cost is \$65. To register or for more information, contact Susan Phair at 845-5044.



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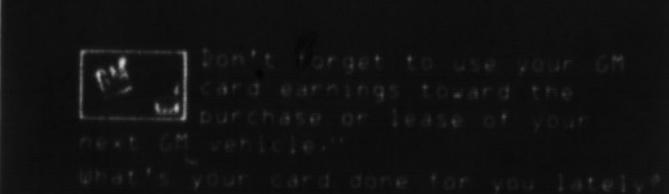
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