

Farmers are plugged in

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Guiding visitors on this part of the tour was racehorse owner Dave Unger, who said more than 100 horses compete in about 10 events on an average race night.

Horses are required to be at the site more than two hours prior to post time, when they are put in harness, checked over thoroughly and brought to what Mr. Unger called a "relieving area". "The less they have in them, the faster they go," he laughed.

There are currently 50,000 people working in the Ontario harness racing industry, which Mr. Unger said should be recognized as an important part of the agricultural scope of the province.

"Many people talk about cruelty to animals but believe me, these animals are pampered like kids," he said.

More standardized drug testing has come into the harness racing game in the past several years, and horses and owners can be suspended anywhere from a month to

life if a horse is found with illegal chemicals in its system.

Mr. Unger also explained how expensive keeping a racing horse is. A horse's stabling, training and food can cost up to \$2,000 a month.

"This industry wouldn't exist without grants and tax exemptions from the government," Mr. Unger stressed.

HAAC president Cecil Paterson noted that both rural and urban area councilors took in the tour, and that it attracted a number of new faces.

"Our mandate is to try and educate our elected officials about the issues facing farmers, so that in turn they can better represent us when these issues come up at council," said Mr. Paterson.

"We've had adequate representation for the recent rural area signage and watershed programs and some of our comments have even gone to Ontario Municipal Board (OMB) meetings, so our efforts have far-reaching impact," he added.

Public school board holidays

The following is the 1996-97 calendar of holidays and professional development days for the Halton Board of Education:

Holidays	Secondary
• Oct. 14 - Thanksgiving	PD/PA Days (Non-semestered)
• Dec. 23 - Jan. 3 - Christmas break	• October 11
• March 10-14 - Spring break	• November 29
• March 28 - Good Friday	• January 30-31
• March 31 - Easter Monday	• April 25
• May 19 - Victoria Day	• June 23-26
	• June 20, 1997 is the last school day for non-semestered students
	• June 23, 1997 is the last school day for semestered students
	• June 26, 1997 is the last working day for secondary teaching staff
Elementary	
Professional Development/Activity Days (Semestered)	
• October 11	
• November 29	

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HOLIDAY HOURS

Open Thanksgiving Day (Monday Oct. 14)

9 am to 4 pm

Halton: Flu shot a good idea

With winter on its way, the Halton regional health department is reminding residents to get their flu shots.

As well as being a nuisance, influenza can pose some serious health risks. It causes, on average, more than 6,700 deaths in Canada a year.

However, vaccinations prevent up to 70 per cent

of flu cases, according to the health department.

Flu causes high fevers, chills, headaches, aches and pains. The only cure is plenty of bedrest, fluids and acetaminophen as recommended by your doctor.

The virus is passed through sneezing and coughing and can be caught at anytime, almost anywhere.



SHOPPERS PUBLIC AUCTION


Over 75 Items on the Block. Wed. Oct 23rd

With any purchase made between now and Oct. 23 you can receive Auction Bucks, dollar for dollar (before taxes)* to be used at our Public Auction, October 23. These are just some of the items that will be on the Auction Block.

WATCH FOR OUR 'DOUBLE BUCK' DAYS COMING SOON!

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- Size 7 Basketball (Orange)
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- Calendar Frame with 1997 Calendar
- Weaved Throw
- CAVERY
- Fleece Jacket
- COTTAGE COVE
- Premier Cardigan with Turtle Neck
- CAVERY CLASSICS
- Sweater
- Dress
- A&W
- Stuffed Bear
- CHOMPS
- T-Shirt
- YESHNE BED & BATH
- Wrapped Basket
- FLOWERS BY IMAGEWEAR
- Rose-Scented Silk Flower Arrangement
- FREAKY FLOW
- T-Shirt
- EYE IN THE SKY
- T-Shirt
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- Bulova Clock
- HAIR IMAGES
- Gift Pack
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- Body Suit