

# Women's triathlon a huge success

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Rebecca was less than two minutes behind while Carrie-Ann Nichols was the top Milton finisher, stopping the clock at 37:04 for fifth place.

The top duathlon finisher was Katherine Madsen of Guelph at 35:19 and the final competitor (in the triathlon) came in at one hour, 18 minutes and 33 seconds.

Like last year, there were a number of mother-daughter teams Sunday including Campbellville's Norma Smith racing with daughters Laura and Teresa. "I didn't see them too much on the course," said Norma. "They came in ahead of me, that's all I know."

The trio were competing for the first time, and 14-year-old Teresa said she was huffing and puffing a little near the end. Fifteen-year-old Laura said she got off to a strong start in the water, which helped her build some momentum. The three said they would likely return for next year's event.

Another first-timer from Milton was Rebecca Johnston, 11, who after signing up herself enticed Mississauga cousin Jasmine Green to enter as well. The two came in neck and neck at 65:14.

Braam, who ran the event this year and finished in 40:11, said she was somewhat surprised at the large turnout and at how smoothly everything went. "My husband Ed kept saying that if we held it again we'd get our 200 people but we kept looking at him in disbelief."

"Two hundred is our capacity right now. Any more than that and we wouldn't be able to run it as smoothly as we have. Besides, it's supposed to be a non-intimidating event and more isn't always better," she said.

Top finishers (both triathlon and duathlon combined) in individual categories were as follows:

**Overall** - 1st Jillian Coward of Kerwood (34:52), 2nd Adrienne Gabarro of North York (35:30), 3rd Rebecca Coward (36:14), 4th Leith Drury of Toronto (36:31), 5th Carrie-Ann Nichols of Milton (37:04).

**10-15 Age Group** - 1st Jillian Coward, 2nd Adrienne Gabarro, 3rd Rebecca Coward, 4th Carrie-Ann Nichols, 5th Ashleigh Snow of Campbellville (37:39).

**16-19 Age Group** - 1st Jennifer Lindgren of Whitby, 2nd Sandy Gent of Milton (40:41), 3rd Claire Brauma of Whitby, 4th Kate Stacy of Hamilton, 5th Leah Nugent of Mississauga.

**20-29 Age Group** - 1st Erin Sweeney of Burlington, 2nd Michelle Moleta of Brampton, 3rd Heather Korol of Hamilton, 4th Rishia Burke of Milton (40:25), 5th Amanda Ritchie-Warren of Hamilton.

**30-39 Age Group** - 1st Katherine Madsen of Guelph, 2nd Lori-Ann Muenzer of Etobicoke, 3rd Leslie Parking of Woodstock, 4th Lynn O-Conner of Toronto, 5th Val Copeland of Grimsby.

**40-49 Age Group** - 1st Pam Playfair of Stoney Creek, 2nd Wanda McWilliams of Warren, Pennsylvania, 3rd Maureen Hussey of Scarborough, 4th Laurie Malabar of Toronto, 5th Nancy Cole-Hryciw of Acton.

**50-59 Age Group** - 1st Leith Drury, 2nd Shirley Pommier of Sudbury, 3rd Tina Braam of Milton (40:11), 4th Kathie Key of Milton (40:45), 5th Judith Rouse of Georgetown.

Other Milton finishers were Kassie Sliemers, Stephanie Sliemers, Stephanie Fennell, Erynn Mayes, Laura Smith, Teresa Smith, Rebecca Johnston, Julie Seeds, Julie-Ann Crawford, Karen Stamper, Darlene Long, Joan Whitman, Lisa Boehmer, Gwen Jarrett, Anna Finlan, Lisa Brown, Ellen De Guerre, Susan Collard, Kathy Richardson, Asha Szelei-Miko, Ursula Crawford, Bonnie Beaumont, Gloria Hewitt, Leslie Feddery, Brenda Mayes, Marsha Zuest, Debbie Fennell, Norma Smith, Claudia Scobie, Roberta Bleiler, Chrissie Henderson, Colleen Feddery, Tiffany Scobie, Jennifer Gray, Gillian Sheppard, Judy Arch, Sharon Niclas and Suzanne Mikler.

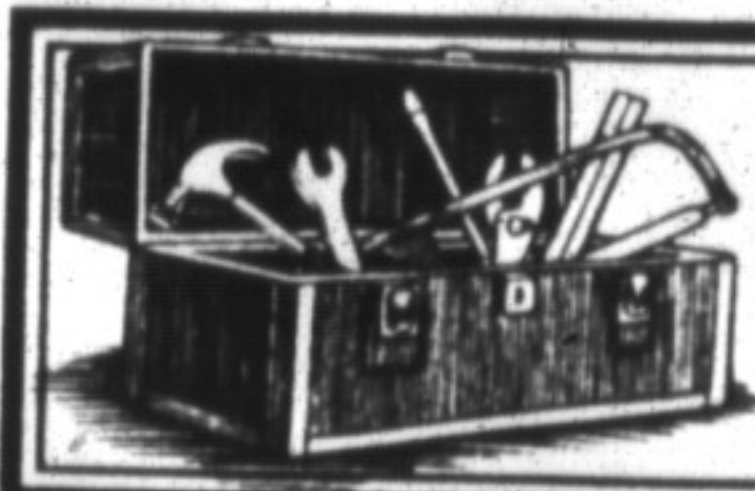
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