

*Spring & Summer*  
**HOME IMPROVEMENT**

**Indoor Air Quality is Nothing to Sneeze at**

Whether it's Fido, a special someone's cigar or that Friday-night fish fry, your indoor air can get pretty thick. A quick look at the sunlight beaming through your windows will show you the dust, smoke and other particles that float through your home's "atmosphere".

These particles affect the walls, drapes and furnishings around you by clinging to and damaging them. But they can also bother you and the people in your house. It only takes one grain of pollen (smaller than a pin head) to trigger an allergic reaction and make breathing miserable — especially for someone with asthma.

What can you do? There are three ways you can improve your indoor air and reduce the number of problem pollutants. "First you can control the source." Of course that you mean getting rid of Fido, quitting smoking or giving up fish. Second, you can dilute your indoor air by throwing open the windows or adding a device such as an air-to-air heat exchanger. Third, you can filter your indoor air using a high-quality filter or air cleaner."

Air filters remove airborne particles before they soil furnishings, foul critical system components, cause discomfort or otherwise spoil a comfortable indoor environment. There are various filtration systems available from simple duststop filters to high-efficiency particle arresting filters, which can capture up to 99 per cent of airborne contaminants. No matter which filtration system you use, follow these steps to help clean your air and keep your system running efficiently:

- Keep your air filter clean and/or replace it regularly.
- Make sure there's proper ventilation to the outside if anyone in your home enjoys hobbies that require chemicals, or if anyone smokes.
- If your garage is attached to the house, seal the door that leads to the house.
- Make sure stoves, indoor electric grilles and cooktops are

vented outside your home.

- Keep your basement clean and ventilated.

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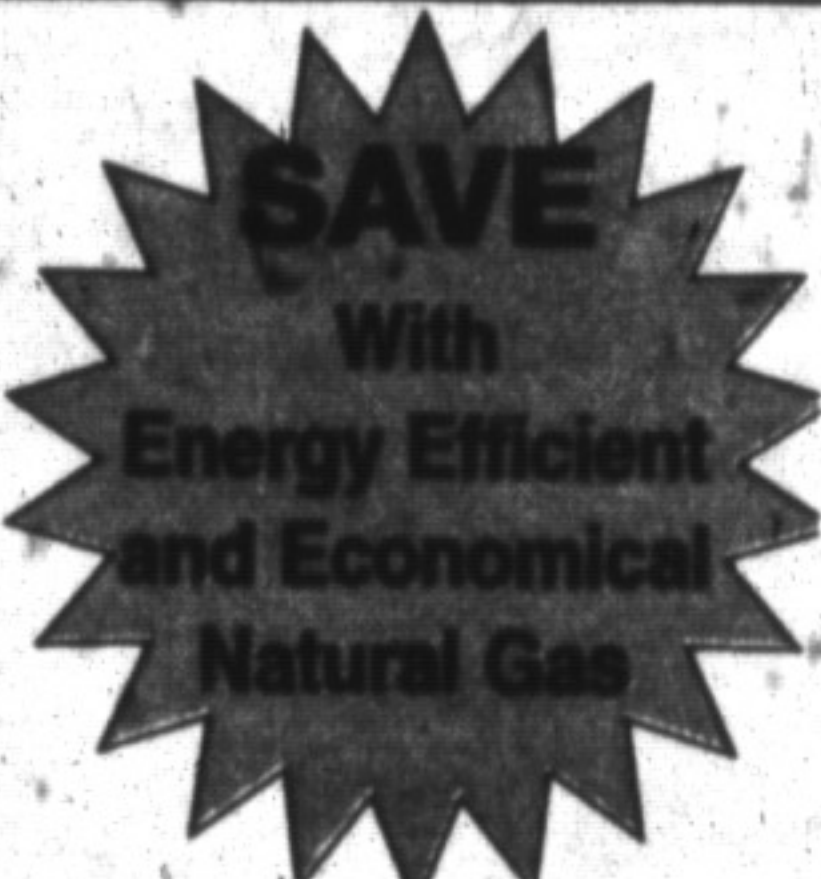


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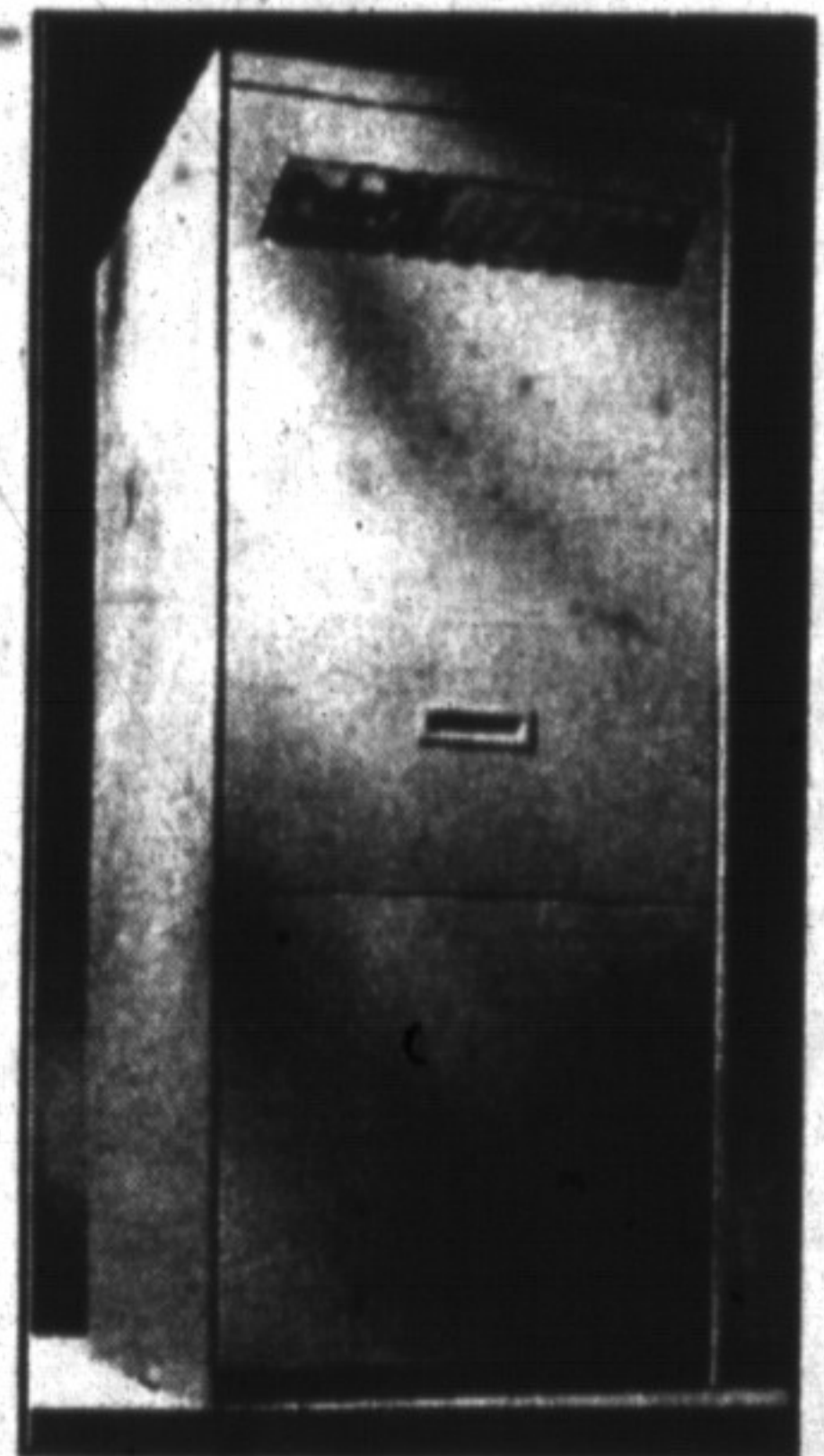
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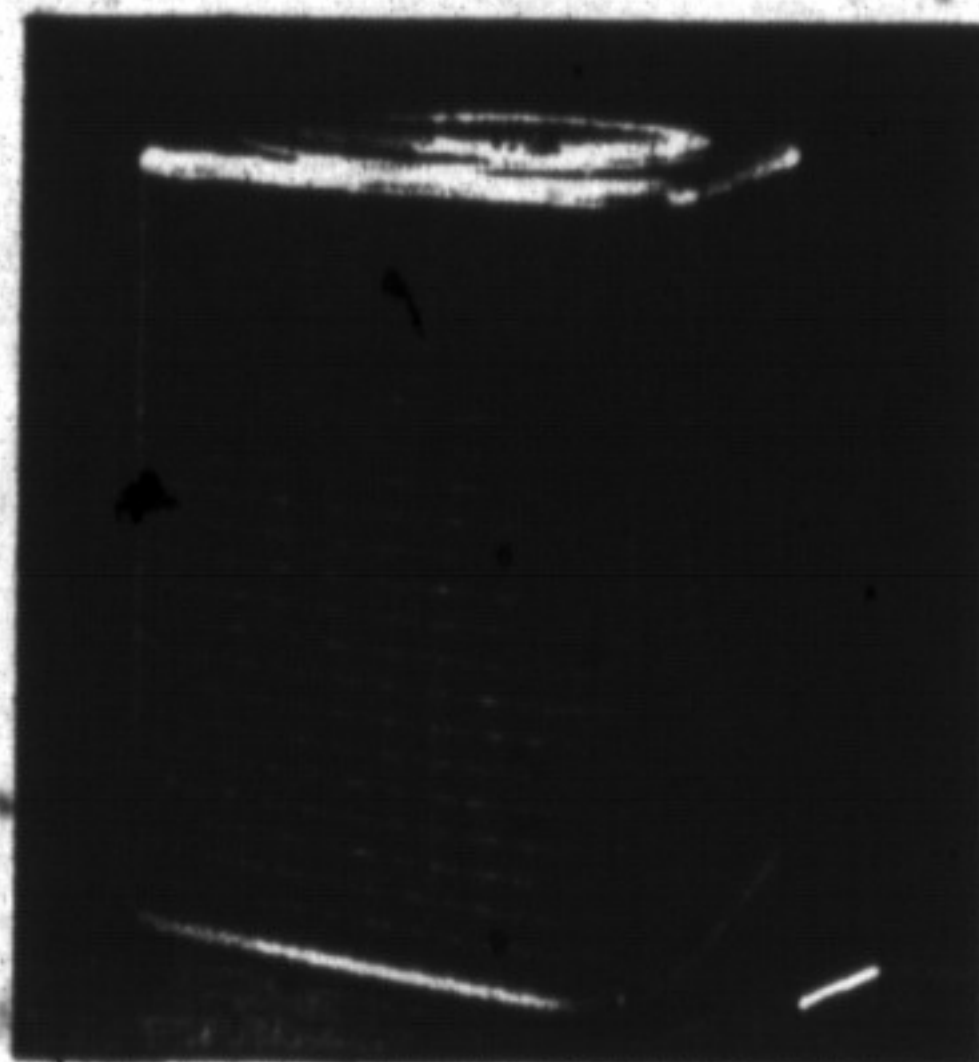
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