

Ken's rink gets 6th place cash

Ken Armstrong's Milton rink turned in a strong weekend performance to take sixth place and \$700 at the 1996 Provincial ACCO Curling Championships.

His crew, which included vice Dave MacLeod, second Ron Brown and lead Dave Bergeron, made it all the way to the quarterfinals, where they missed on the

Hawks even series at one

Rebounding from a 4-0 shutout loss to Brampton, the minor bantam AA Winterhawks claimed a 5-4 decision over the Georgetown Raiders Sunday evening in Milton to even their Tri-County playoff record at 1-1.

While the score would indicate a close contest, the 'Hawks held a distinct edge in play — outshooting their guests 38-20.

Kevin Heffron scored what proved to be the game winner late in the third period. The Raiders closed to within one in the dying seconds of play but couldn't find the mark again. Paul Faggion and Jason Ford notched the other third period goals to outdistance Georgetown while Derek Birnie and Paul Pento scored early on to give Milton an initial lead.

The teams were tied 2-2 heading into the final frame.

Drawing assists were Heffron, Birnie and Dave McFarlane while Brett McClure was solid between the pipes. Milton's next Tri-County challenge will be a rematch with the Raiders this Sunday in Georgetown.

Skiing trio shows them how it's done

A trio of local Milton Heights Racing Club skiers took top three placings for their Hersey Alpine Red Team recently and anchored a 109-87 win over the host Horseshoe Valley team.

Striking gold for the girls was Emma Fredriksson while Kevin Martin won the boys race. Placing third was Kyle Martin.

Emma and Kyle were also chosen recently to represent Milton Heights in the Hersey All-Star Race. Kyle led the way for the locals with a 12th place finish.

David Meek and Jessica Cripps each took second place showings in another recent competition that saw their Hersey Alpine White team win 126-56 against London's Bronze team.

Jessica's combined times were 33.69 while David's were 31.02. Winning the men's race the following day in adult competition at Chicopee was Jason Penman of Milton.

final throw and were edged 6-5 by Hamilton's representative Dan Mustapic — who eventually finished third.

Enroute to the quarterfinals, Armstrong's rink posted a 4-1 record, losing the first match to a team from Niagara Falls and then scoring wins over rinks from Burlington, Samia and Oakville.

Along with his own games, Armstrong acted as commentator for the finals at the Acton Curling Club, where Annandale defeated Barrie I. The championship match can be seen on Cable Four this coming Monday evening.

Armstrong's rink will close out the season March 9 and 10 in Shelburne, where they'll test their skills in the Colts Championship regional playdowns.

Superb goaltending leads to silver

On the strength of key goaltending by Cory Clarkson, the Action Utility Truckers major novice Winterhawks struck silver at the Bradford Tournament last weekend.

Clarkson was flawless through the first two games, playing the dominant role in Milton reaching the championship finals.

His perfection didn't last however, as four unanswered goals by their Tottenham opponents left them with a heart-breaking loss in the tournament finale. While their first two wins were enough to put

them in the finals, the 'Hawks also lost game three by a 4-2 count to the host team.

Scoring in the next to last game were Robbie Wilson and Laura Lighthall. Setting up the goals were Steve Ellison, Matt Lenardon and Evan Burrall.

Daniel Lynch tallied twice to lead Milton to a 6-0 bombing over Westhill in game two. Adding singles were Wilson, Ellison, Jackson Gair and Jamie Webb while assists went to Webb, Greg Pepper and Matt Mastrangelo.

Game one's 2-0 win saw

Lenardon and Webb pot goals and Lynch draw an assist.

Milton has fared as well in recent Tri-County playoff action, winning just one of four games. That win came in a 4-1 decision over Georgetown, with Ellison, Pepper, Mastrangelo and Lynch counting the goals.

The team's losses have included two straight against Orangeville, in 4-3 and 6-5 defeats. Scoring in the back-to-back losses were Lynch with three and Lenardon, Pepper, Wilson, Webb and Nathan Keith with singles.



MONITOR

THE HEARTBEAT OF OUR COMMUNITY

NEWS AND INFORMATION FROM MILTON DISTRICT HOSPITAL

AUXILIARY

Sponsored by Bill Currie

WELL HERE IT IS, THE 2ND MONTH OF 1996 ALREADY!

February, what comes to mind? Yes, red hearts, roses and valentines. A group of our Auxilians were thinking of something else that's red this month - guess what? Strawberries! Yes, planning for our biggest fundraiser of the year is underway. The dates for Strawberry Fair weekend are set for June 22nd and 23rd, 1996. So mark your calendars - it will be the biggest and best yet!!

COFFEE, TEA OR...

Over the past few months we have endeavoured to inform you about one of our in-hospital services each month. This month we have chosen the tea wagon service as our featured service. This service is a relatively one of the Auxiliary - having been in existence about 3 and 1/2 years. Auxiliary members take a wagon around week-day afternoons serving tea, coffee, juice and cookies to patients and their visitors. This service has been extremely well received by both the patients and their visitors and is completely funded by the Auxiliary. Volunteers are always needed - it takes only about 1 - 1 1/2 hours of volunteer time. If you or anyone you know could help out please call the Hospital switchboard at 878-2383 and leave your name and phone number for our Director of Volunteers.



FOR ALL YOUR HAIRDRESSING NEEDS

We would like to remind everyone - the Beauty Salon in the Hospital is ready to provide all your haircare needs.

Christiane would like to welcome you. Proceeds go to the Auxiliary. Phone 878-2383 Ext. 2425 for appointments.

FOUNDATION

Sponsored by Bob (Pie) Lee

A SPECIAL THANK YOU TO

The Italian Canadian Club of Milton for their donation of \$2,040.00. This wonderful organization has donated over \$5,000 to the Foundation over the past two years!

Nevada Tickets Support Milton District Hospital Foundation!

Lottery lovers in Milton can now support the Foundation by purchasing Nevada tickets at Shopper's Drug Mart at Milton Mall. Proceeds from the sales will be used to purchase new or replacement Hospital equipment.

Buy your winning Nevada ticket at the Milton Mall's Shopper's Drug Mart and know proceeds from the sales stay in Milton to benefit patients using the Hospital.

REMEMBERING A LOVED ONE...

The Milton District Hospital Foundation is often asked "How do I go about making a memorial donation?" We hope the following will answer your questions, however, if we can be of further help, please contact:

Milton District Hospital Foundation
30 Derry Road E., Milton, Ont. L9T 2X5
(905) 878-2383 Ext. 2170

Upon the death of a loved one, in lieu of flowers, families may choose to make a donation to a charity or hospital. This may be arranged with the funeral director who will look after all the details.

If you prefer, memorial donations may be sent directly to a hospital or charity of your choice. If the Milton District Hospital Foundation is to be the recipient of these funds, either from the funeral home or sent directly to the Hospital, it is important to include the name and address of the next-of-kin you wish to be notified of your gift.

Next-of-kin are notified, by letter, of all gifts received. All memorial donations are acknowledged and a tax receipt issued to the donor.

When memorial donations accumulate to a total of \$500. or more, a letter is sent to the next-of-kin for permission to include their loved one's name on our In Memoriam wall.

There is no finer gift than one which offers health and hope to those who require the services of Milton District Hospital. A memorial donation is an excellent way to achieve this goal and to honour a loved one.

A FOND FAREWELL...

The foundation will be holding its 16th Annual Meeting on Thursday, February 29th. At this time the Board will say good-bye to two departing Board Members. Mr. Peter Stemmann, Chair, will be completing his second three year term. Mr. Nick Gauthier, Treasurer, is unable to stand for re-election to this second three year term and will also be leaving. Two members will be elected at this time. We offer Mr. Stemmann and Mr. Gauthier our sincere thanks and wish them success and best wishes in all future endeavours.



The Committee of the Italian Canadian Club of Milton Hospital Foundation presents a cheque for \$2040.00 to the Milton District Hospital Foundation.

HOSPITAL

SPECIAL THANKS

to Carole D. Budworth, former Chair of the Hospital Board, for sponsoring the Hospital's portion of the Monitor.

FUNDING

All hospitals in Ontario are awaiting the government decision on funding for the fiscal year commencing April 1, 1996. The announcement is expected to include funding cuts although some financial relief may be offered to hospitals in high growth areas like the GTA.

These hospitals in Halton, Peel, North York and Durham Regions have joined forces to establish a case for some funding adjustments for growth but this has not yet been confirmed by the government. The management committee of our Hospital Board will be meeting as soon as the announcement is made in order to deal with the expected cuts.

SMOKE FREE FACILITY

The Board of Directors and the Medical Staff recently passed a motion which would ban smoking in any area of the Hospital. The Hospital is now a totally smoke-free environment. Prior to this decision being made, smoking was allowed only on the Chronic Care Unit in one designated lounge and only the Chronic Care patients were permitted to smoke there. At this time none of our Chronic Care patients smoke so this facilitated the decision.

FEBRUARY IS HEART AND STROKE MONTH

Heart disease continues to be the #1 cause of death in Canada. Each year, 45,000 Canadians die of heart attack and further 40,000 suffer a stroke. By spending a

few hours learning cardiopulmonary resuscitation (CPR) you may save a life.

Milton District Hospital has been providing CPR classes to our community for the past two years. These courses offer an opportunity for participants to learn to:

- reduce their own risk of heart disease
- recognize the early signs and symptoms of heart attacks
- perform CPR
- care for a choking victim

Our CPR classes are assigned for general audiences and will be adapted to meet your special requirements.

Cost: Full Course \$45/person
Partial Course \$35/person

Call the Milton District Hospital at 878-2383 to register for a class.



Quit-smoking quick tips

- ♥ Don't offer cigarettes to other people and don't accept cigarettes, just say "no thanks."
- ♥ Get rid of all ashtrays. Use a pop bottle and don't empty it.

Improving your odds against Canada's #1 killer

Your local Heart and Stroke Foundation of Ontario chapter has details on quitting.



MILTON DISTRICT HOSPITAL

Help us bring quality Health Care to our Community.