

SUPERCHOICE
Country Markets
ANNIVERSARY
Celebration

ENTER TO WIN!
 Draw for a
Frigidaire Freezer 14.8 cu. ft.
 Draw Date: Saturday March 2/96

ANNIVERSARY FEATURES

General Mills
 APPLE CINNAMON or
 HONEYNUT, MULTI-
 GRAIN, or REGULAR
CHEERIOS
CEREAL
1.99
 400 - 450 g

Peek Freans
COOKIES
 Assorted Varieties -
 400 g
1.99

Small Fry
POTATO
CHIPS
 Assorted Varieties -
 170 g
59¢

COKE CLASSIC
 or **SPRITE**
 Regular or Diet
 - 2 L Plastic
99¢

Cut from Canada
 A, AA, AAA Grade Beef
SIRLOIN TIP
ROASTS
2.79
 LB.

Ragu
SPAGHETTI
SAUCE
 Old World Style
 - 750 ml
99¢

FROM THE DELI
 Sliced at the Deli
 Burns
HONEY
HAM
3.49
 LB.
 77¢/100 g

MEAT
 Fresh-
 Never Frozen -
CHICKEN
DRUMSTICKS
89¢
 LB.

Fresh
 Ground
LEAN
GROUND
BEEF
1.99
 LB.

FROM THE BAKERY
 Baked Fresh
 Daily,
FRENCH
BREAD
99¢
 EA.

PRODUCE

Prod. of Ontario
 Canada No. 1
FRESH
CARROTS
99¢
 5 LB. BAG

Prod. of U.S.A.
 No. 1 Grade
HEAD
LETTUCE
2/99¢

Prod. of U.S.A.
 No. 1 Grade
RED
PEPPERS
1.49
 LB.

Prod. of Chile
 No. 1 Grade
GREEN or RED
SEEDLESS
GRAPES
99¢
 LB.

Prod. of U.S.A.
FRESH
BROCCOLI
2/99¢

GROCERY

Beatrice
ORANGE
JUICE
 or Apple,
 or Grapefruit
 1.89 L
1.29

Astro
 FRUIT BOTTOM
 or
 NATURALLY LIGHT
YOGOURT
 175 g
12/3.99
 UNIT
 PRICE 39¢

Nescafé
INSTANT
COFFEE
 Regular - 200 g Jar
3.99
 LIMITED

Gold Seal
SKIPJACK
TUNA
 170 g
88¢

Wonder
 White Sliced
 or 100%
 Whole Wheat
BREAD
 675 g Loaf
88¢

575 ONTARIO ST. SOUTH
 (Corner of Derry Rd. & Highway 25)
HOURS:
 MON. 8:30 AM - 8 PM • TUES. 8:30 AM - 8 PM
 WED. 8:30 AM - 9 PM • THURS. 8:30 AM - 9 PM
 FRI. 8:30 AM - 9 PM • SAT. 8 AM - 6 PM
 SUNDAY 10 AM TO 5 PM
 SPECIALS ARE IN EFFECT FROM TUES. FEB. 27 TO SAT. MARCH 2/96. WE RESERVE THE RIGHT TO LIMIT QUANTITIES

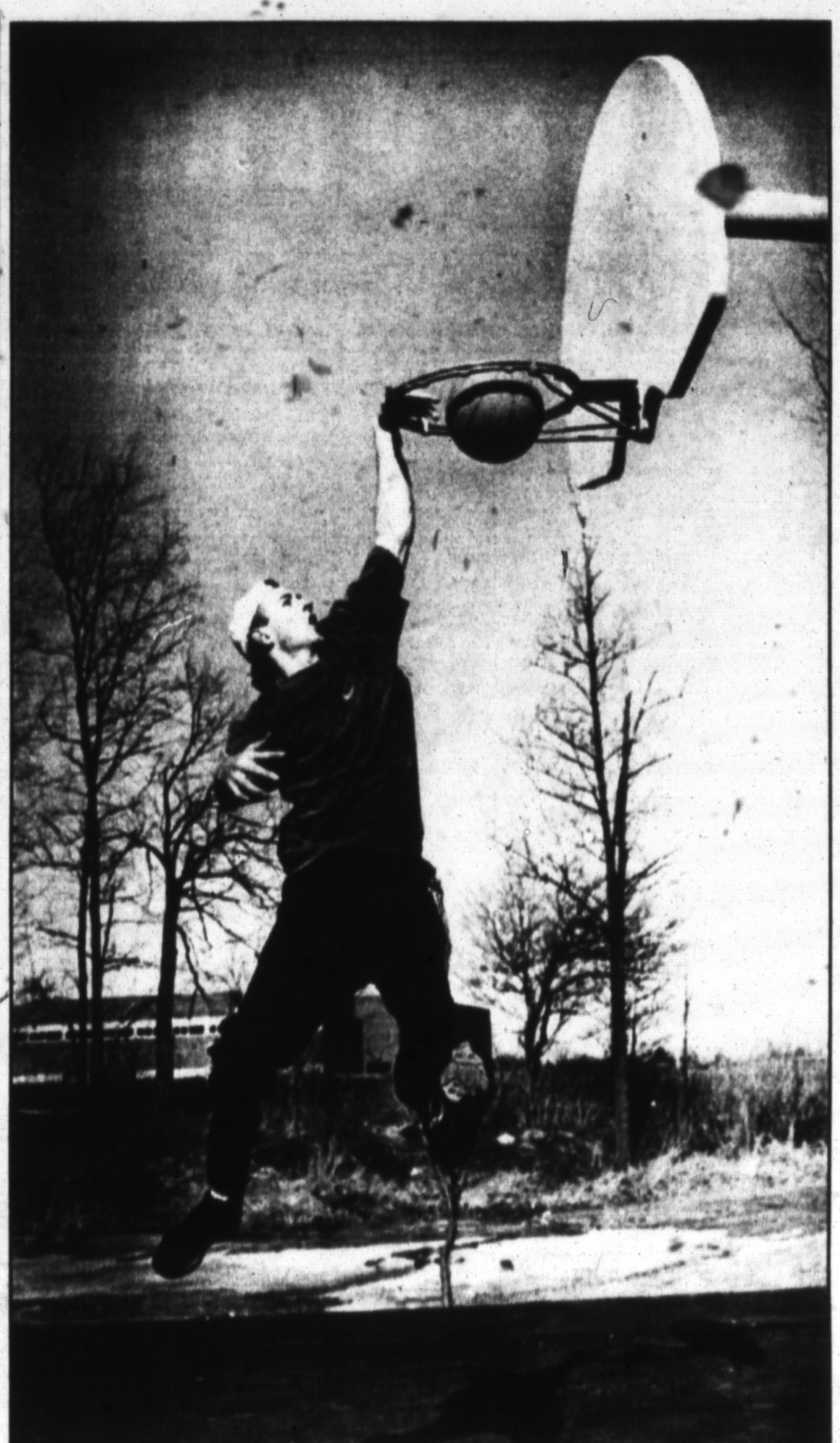


Photo by GRAHAM PAINE

Slam dunk

With above normal temperatures over the weekend, many people thought spring had arrived. Dave Winter took advantage of the unusually warm weather to get in some early basketball practice at John Tonelli Sports Centre. Unfortunately, the word is winter weather is on its way back.

Gov't angry as water for Maplehurst cut off

Water at the Maplehurst jail complex was cut off Monday afternoon after a main pipeline was tampered with, according to an official from the Ministry of Correctional Services.
 The water stoppage was clearly caused by foul play, said Ross Virgo, spokesman for the ministry.
 "It was determined that this was a purposeful act," Mr. Virgo said. "It's not something that could have happened by itself."
 A maintenance worker was called in to repair the problem, and services were restored by late afternoon, he said.
 More than 370 Maplehurst employees, members of local 234 of the Ontario Public Service Employees Union, are currently on strike after walking off the job Monday morning.
 Mr. Virgo said the ministry plans to look into the matter.

Surf the 'net with Halton

An overwhelming response from the business community has prompted Halton Region to host a second Information Highway Business Seminar and Trade Show.
 The event will be held in the auditorium at the Halton Regional Centre on March 5, with registration at 8 a.m. Cost for the seminar is \$35 per person which includes a continental breakfast, relevant literature, a chance to meet Internet service provider companies, a sample viewing of the Internet and testimonials from local companies regarding their Internet experiences.
 For more information on the seminar and trade show call the business development centre at 825-6300.