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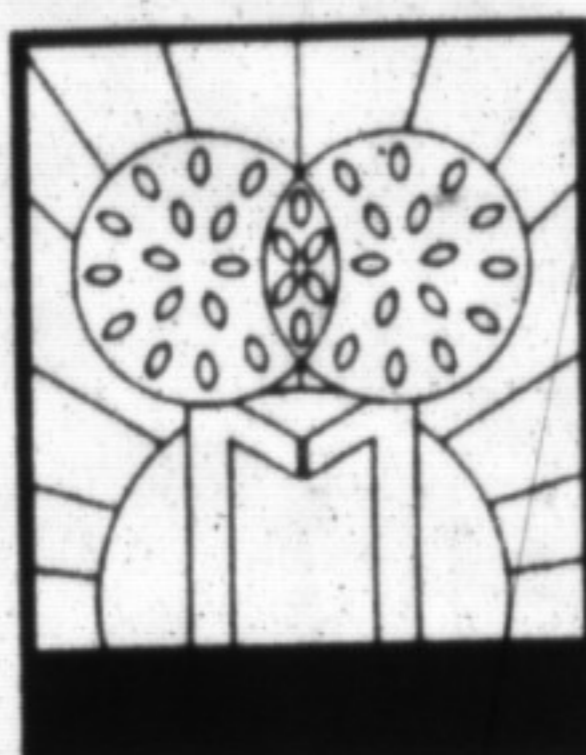
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## News for SENIORS

Milton Seniors Activity Centre  
Current Events

by Tim Hawkins, Publicity

### FEBRUARY CURRENT EVENTS

**Wed. Feb. 7, 14, 21, 28:** Every Wednesday, it's **"Hot Meal Deal"** Day at the Seniors Centre. Come join us for hearty food and good fellowship. Time 11:30 am.

**Wed. Feb. 7:** The Seniors Centre is now starting to take **Registrations** for the 1996 **Ontario Senior Games** (local activity). If you are interested in competing in one or more of...euchre, Bridge, Cribbage, Swimming, Tennis, 5 and 10 Pin Bowling, Lawn Bowling, Carpet Bowling, Shuffleboard, Horseshoes, Darts, Snooker, Golf, or 3 km Walk then come in soon to the Centre and sign up. Winners play in the Halton Regional Finals and winners here go to the Ontario Finals in late August in Richmond Hill. Cost to register \$4.00 for 1st event, \$1.00 for additional events. We are also looking for event convenors for Milton area activities. If you would like to help, just call the Seniors Centre at 875-1681.

**Fri Feb. 9, 16, 23:** Another **"Hot Meal Deal"** Day at the Seniors Centre. Come out, make new acquaintances and enjoy a hearty meal. Time: 11:30 am.

**Tues Feb. 13:** It's the Annual **"St. Valentines Luncheon"** at the Seniors Centre. Come along for this wonderful social occasion. Bring your valentine. Make new friends and enjoy the special outing. The menu will include delicious Chicken-a-la-King phylo pastry. Two sittings: 11:30 am - 12:15 pm & 12:30 - 1:15 pm. Tickets at \$5.00. Call 875-1681 for tickets.

**Wed. Feb. 14:** Following "Hot Meal Deal" at the Seniors Centre at 11:30am, stay and hear our **Guest Speaker, Sheila Morrison** (at 12:30 pm) discuss the **"Home Emergency Lifeline Program"**.

On Wednesday at 7:30 pm, the Seniors Centre is

holding another great **"Evening Euchre Party"**, our 3rd **"Mix '96"** event. Come along for a Fun evening. There will be light refreshments and prizes. Price \$2.50/person.

**Fri. Feb. 16:** Come join with Milton Seniors for a great bus excursion to Niagara Falls First a tour of its Greenhouses, then take in the dinner show **"O Canada Eh"**. Call 875-1681 for information and tickets.

**Tues. Feb. 20:** It's Shrove Tuesday! Time to take in **"Pancake Breakfast Day"** at the Seniors Centre. Menu includes pancakes with syrup, sausages, tea or coffee...plus seconds! Cost \$3.50 at Centre or at the door. Time: 8:00 - 10:00 am

**Thurs. Feb. 22:** It's the Milton Seniors monthly **"Diners Club"** evening. Join them for a fun evening and gourmet dining experience at a nearby restaurant. Time: 5:30 at Seniors Centre parking lot (car pooling) or 6:00 pm at restaurant Call Centre 875-1681 for February dining location.

**Wed. Feb. 28:** Another **Guest Speaker** Day at the Seniors Centre. Take in the "Hot Meal Deal" at 11:30 am, then at 12:30 am come to the **Free Seminar on "Wealth Preservation"** by Ken Lofranco of Wood Gundy and **Sanjeev Dhawan** of Raccioppo, Zuber and Coatzee. Topics include-Avoiding the Power of Attorney Mistake; How to increase your Retirement Income; and Protection Strategies. Refreshments will be served.

**Thurs. Feb. 29:** Another great bus excursion for Milton Seniors. Join the group for a great buffet and show...**"A Tribute to Don Messer"** plus a bus tour of Hamilton. Call 875-1681 for information and tickets.

**On-going drop-in activities ... daily luncheon menu, Bingo, Bridge, Euchre, Cribbage, Carpet Bowling, Shuffleboard, Table Tennis, Billiards, Darts, Hiking, Tai Chi, Yoga, Fitness, Line Dancing, Ballroom Dancing, Clogging, Craft Club, Choral Group, Oil Painting, Fundamentals of Drawing, Wood Carving, Library, Lectures, Bus Tours, Pot Lucks, Diners Club, Lunch Bunch, Special Luncheons & Barbecues, plus numerous Special Events and Fundraisers.**

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATIONS.

For further details on activities at the Milton Seniors Activity Centre,  
Call (905) 875-1681

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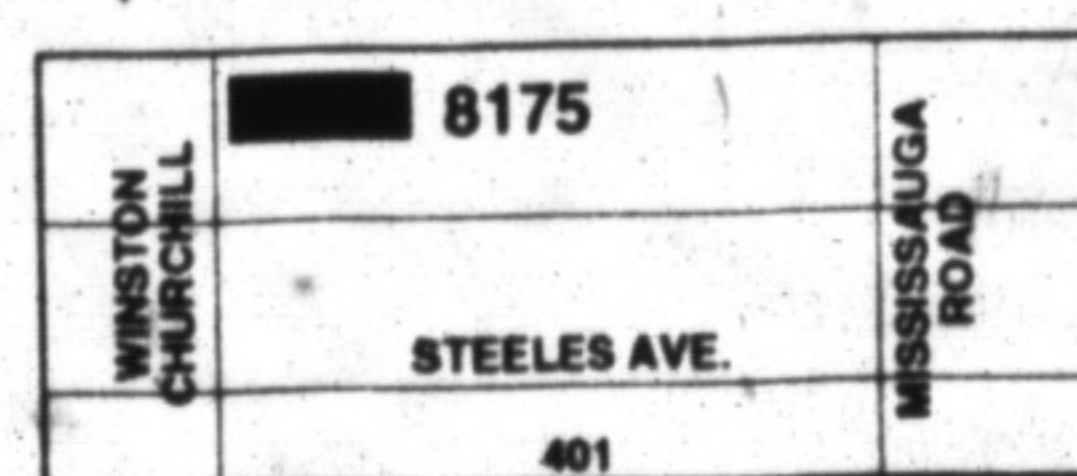
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**HOURS:**  
Mon.-Wed. 10 am - 6:30 pm  
Thurs.-Fri. 10 am - 7 pm  
Saturday 9 am - 6 pm  
Sunday 10 am - 5:30 pm