

# Dateline

Dateline is a free listing of coming events only. The column is available to local community groups to assist in promoting their future events. Only charitable or non-profit community groups may use this service. We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low.

Notices for Dateline should be written and handed in at the office of The Champion, 191 Main St. E., mailed to us at P.O. Box 248, Milton, L9T 4N9, or faxed to (905) 878-4943. The deadline is noon Friday for Wednesday's edition and noon Wednesday for Friday's edition. Dateline items will not be accepted by phone.

## Wednesday Aug. 17

The Milton LaLeche League welcomes women interested in breastfeeding information and support to attend its next meeting at the Milton Children and Youth Centre, 917 Nipissing Rd., at 8 p.m. The topic is, 'Breastfeeding and Beyond.' For more information, call 878-4803 or 878-6387.

## Thursday Aug. 18

The Victorian Order of Nurses

holds a **foot care clinic** in the emergency department of Milton District Hospital on Derry Road from 6 to 8 p.m. The cost is \$15. For further information or an appointment, call 875-INFO (4636).

The **Living with Cancer Group** meets at Milton Baptist Church, 900 Nipissing Rd., from 7:30 to 9 p.m. Led by nurses, group discussions provide emotional support and practical guidance to patients, family and friends. For more information, call 877-1124 or 878-1876.

The Canadian Red Cross Society holds a **blood donor clinic** at Holy Rosary Parish Hall, 139 Martin St., from 1:30 to 8 p.m.

## Friday Aug. 19

The Halton Rape Crisis Centre presents video 'Beyond Rape' — rape trauma syndrome, and police, hospital and legal system — from 1 to 3 p.m. The event, which is part of the centre's drop-in program, takes place at Hopedale Mall, 1515 Rebecca St., Suite 227, in Oakville.

For further information, call 825-3622.

## Saturday Aug. 20-21

St. John Ambulance holds a **standard first aid course** in Milton. For further information and a registration form, call 878-4330.

The Canadian Red Cross Society presents an **emergency first aid and CPR course** at its Milton office on Bronte Street. Pre-register by calling 875-1459.

## Monday Aug. 22

A free program on **nutrition** for infants to five year olds takes place at the Milton Children and Youth Centre, 917 Nipissing Rd. Children take part in activities that help them learn about the importance of good food and nutrition. Call Tracy at 876-1244 for details.

The Victorian Order of Nurses holds a **foot care clinic** at Lowville United Church, 5800 Guelph Line (at Britannia Road) from 1 to 4 p.m. The cost is \$15. For an appointment, contact Linda Jolley at the church office by calling 335-0911 Monday and Tuesday from 9 a.m. to noon or Wednesday, Thursday and Friday from 9 a.m. to 4 p.m.

## Wednesday Aug. 24

The Milton and District Horticultural Society holds a **bus trip** to Country Lane Herb Gardens and Royal Botanical Gardens. The bus leaves Milton Mall at 8:30 a.m. Seating is limited. Call Charlie at 878-2551.

## Thursday Aug. 25

The Victorian Order of Nurses holds a **foot care clinic** at Milton Community and Information Services, 540 Childs Dr., Suite 114 (behind Allendale), from 9 a.m. to noon. The cost is \$15. For further information or an appointment, call 875-INFO (4636).

## Tips to keep your home safe

Police are offering several tips to homeowners worried about their houses while they're away on vacation.

The best deterrent to theft, they say, is to make the house look lived in. Giving the itinerary for your trip and emergency numbers to a trusted neighbor, along with a key and instructions for the alarm are good ideas, they say.

Other tips include:

- Have a neighbor cut the grass, pick up your mail, newspapers and flyers. Have some trash and the recycling bin left out on garbage day and leave a car parked in the driveway.

- Have some interior lights on a timer so that they go on at appropriate times. It is equally important to have the lights turn off. A light burning all night can be a sign to thieves that no one is home.

- Exterior lights around doors and porches should be connected to motion detectors, not left on all night. When activated they can startle or frighten off a potential burglar. A light turning on when it is normally off is more likely to attract the attention of the neighbors.

- Put valuable items like jewelry or coin collections in a safety deposit box. You may think your valuables are safely hidden in your home, but don't bet on it.

- Review your insurance coverage. Make sure newly acquired or high value items are adequately covered.

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