



Volunteering

A Great Way to Grow

National
Volunteer Week
April 18 to April 22



Family volunteers are welcomed at Allendale

Allendale, a 300-bed long term care facility, welcomes families into its volunteer program. The homelike atmosphere that surrounds the 300 residents, whose average age is 85, promotes the involvement of the whole family in the volunteer program.

For instance, take the Belair family. Dad Roger, mom Lillian, daughter Angel, daughter Starr and son Grant have been volunteering at the Wednesday evening bingo.

Together they assist residents to the auditorium, help with watching bingo cards, serve refreshments. Many residents would not be able to participate in bingo without the assistance of this family of volunteers.

Other family volunteers include Byrna Gage, who brings her daughter Amy to visit the residents on evenings or weekends, and Madeline Mallette, who brings her son Michael to visit.

Another special volunteer family is the DeBaie family, mom Patricia, son Donald and daughter Lewanne.

Together they assist with special events on evenings, weekends or holidays. Donald also plays checkers with one of the residents every Wednesday after school.

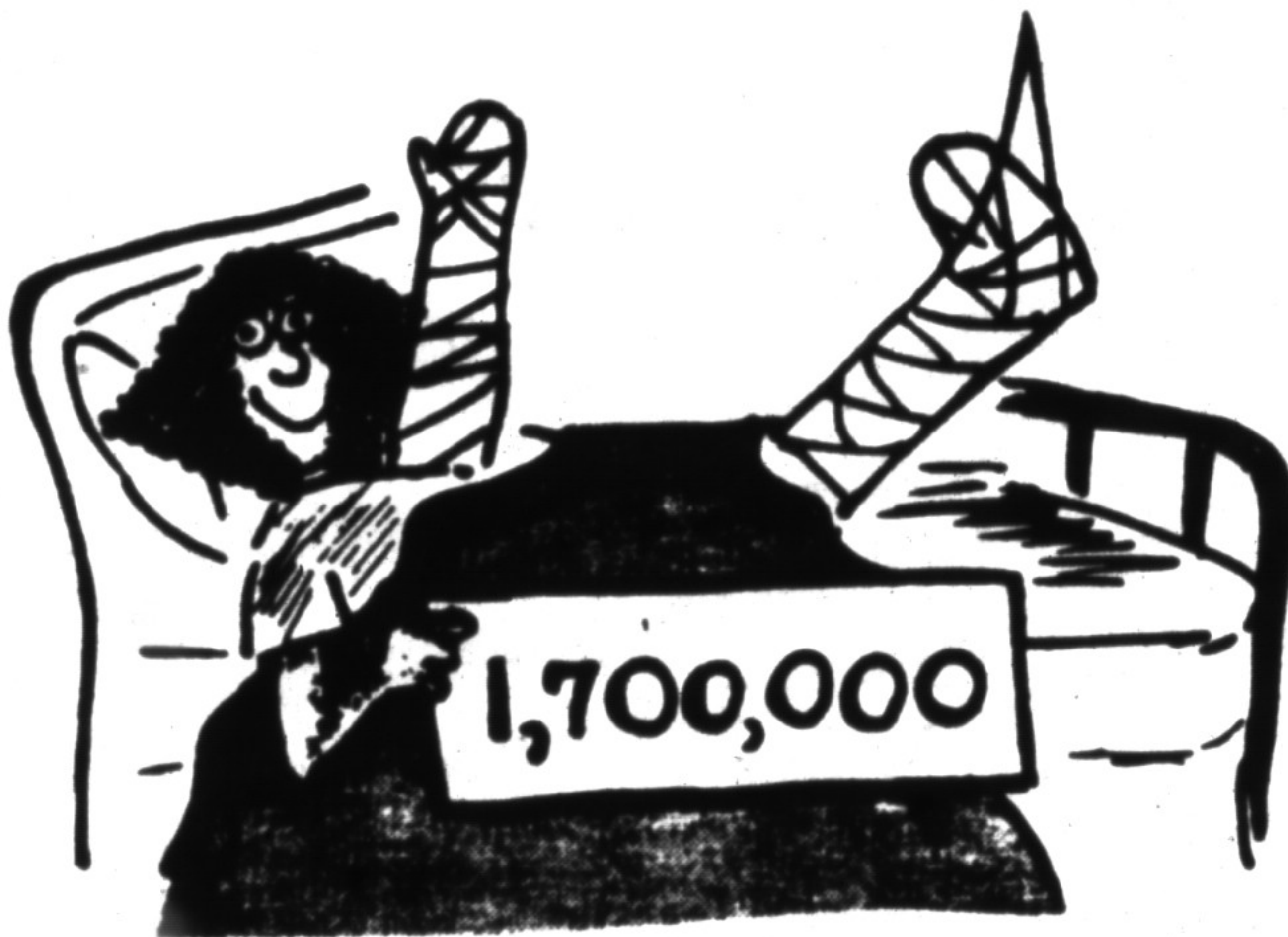
There are also sibling volunteers, staff who have family members who volunteer, and a family council made up of residents' family members.

Volunteers at Allendale serve as a liaison between the community and the residents of Allendale and enable us to implement new programs or continue current ones through the talent, ideas, skills and manpower they contribute. They bring added vitality and companionship into the lives of our residents.

During National Volunteer Week — April 17 to 23, a special appreciation luncheon will be held to honour our adult volunteers while a special recognition event will be held in June to honour our "volunteers".

Our theme this year is "Cheers to Volunteers!" at Allendale.

How many Canadians volunteer in health and social services???



They make time for volunteering in their hometowns

Volunteer? Sure, but who has the time? For many of us, everyday life in the 1990's seems frantic. At home and at work, our busy schedules are crammed with responsibilities. Yet there are about 13 million Canadians who do find the time for volunteer work, whether helping on their own or through established groups.

And, three out of four of these volunteers

hold down salaried jobs. So it seems busy people are the most likely to volunteer.

Approximately 3.5 million Canadians volunteer their time through voluntary organizations and community groups. Nearly half of these volunteers are involved with more than one organization.

The typical volunteer donates an average of 191 hours a year, or 3.7 hours a week. So

Canada's volunteer force puts in more than one billion hours of work each year.

In monetary terms, the collective value of this volunteer time is estimated at \$13.2 billion, according to a 1990 study by the federal government.

The time commitment made by Canada's volunteers is remarkable. Collectively, their contribution to society is so enormous that it

would be almost impossible to measure.

Likewise, it is almost impossible to imagine what communities would be like if no one took the time to volunteer.

During National Volunteer Week, (April 17-23) communities across the country are making a special effort to thank their many volunteers and to recognize their invaluable service.



Monarch Basketball

Wishes to thank the many coaches, volunteers and parents who have helped make this program so successful

Congratulations Bantam Girls, Ontario Champions

REGISTRATION REMINDER:

HOUSE LEAGUE, June & July DUE MAY 20

SUMMER DAY CAMP, July 11-15 DUE JUNE 15

Pat and Martha Gleeson 854-2714



Our heartfelt thanks and appreciation to all the volunteers for their time and efforts on behalf of the Arthritis Society - Milton branch.

Inquire about our
AQUATIC POOL PROGRAM
875-1320

Program Hours:
Tues - Fri., 11 am - 12 noon Milton
Leisure Centre

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To our
Volunteers who
help our clients
with visiting,
shopping, and odd jobs,
we say:

Thank you!!

Halton Helping Hands provides
Home Support to elderly and physi-
cally disabled citizens of Milton
878-6403