

# fashion

Colourful apring fashions rere showcased at Milton Mail recently. The model left) is wearing a style from

STOP PARTY

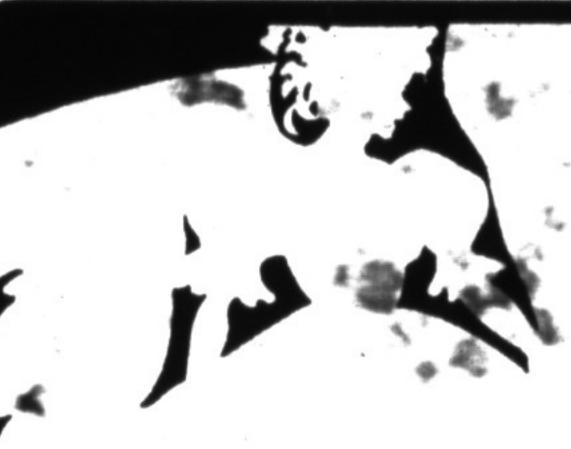
Paper

Factory

YOUR ONE-STOP

WEDDING





#### **EVERYTHING** YOU NEED FOR

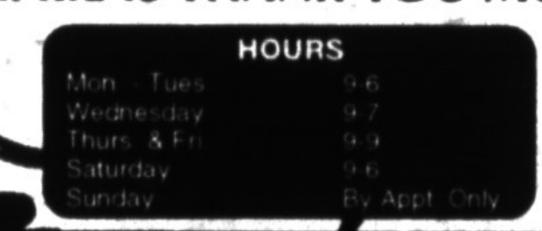
- ANNIVERSARIES
- SHOWERS
- STAGS
- WEDDINGS

OUR EXPERT STAFF WILL HELP YOU SELECT THE PERFECT WEDDING INVITATION FOR YOUR SPECIAL DAY

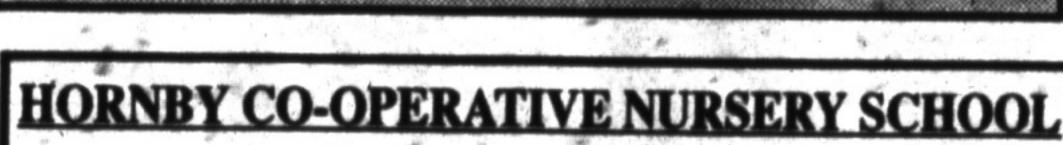
DROP IN AND BROWSE!

A FUN PLACE TO SHOP

SHOP APRIL IS THANK-YOU MONTH. SEND A BALLOON BOUQUET



355 MAIN ST. MILTON 878-2339



Is holding its OPEN HOUSE FOR 94-95 SCHOOL YEAR REGISTRATION FRI. APRIL 22ND 10-11:30

For more information call: 878-5211

School located at: TRAFALGAR AND STEELES



## TAX SEASON IS UPON US!

## INCOME TAX PREPARATION

547 SUNNYVALE CRES. MILTON, ONT. L9T 4N1

TELEPHONE: (905) 875-1218

Accounting Services - Tax Services - Payroll Bookkeeping - Consulting

#### Lucien & Marie Williams BOOKKEEPING SERVICES

 Specializing in Small Businesses Including both Business &

Personal Income Tax Returns

#### EXCELLENT RATES

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#### JIM SHAW

#### **ACCOUNTING SERVICES**

#### -Electronic Tax Filing (EFILE) -Fast and inexpensive

Serving individuals and small businesses Accounting-Bookkeeping-Computer Training Business 878-4659 Fax 878-5034





### HEALTH AND FITNESS IN THE 90'S

How to become fit and healthy for life!

**SUE ARNOTT** 

A.C.E. Certified Personal Trainer, C.A.I.A. Certified, S.T.F.A.

July 7 - August 18, 94 (6 weeks) DATE: TIME: Thursday 7 pm - 9 pm (includes 1 hour fitness class) LOCATION: Hugh Foster Hall, Milton

#### **LEARN HOW TO:**

- · Lose weight easily by eating well, not dieting
- Read and understand grocery labels
- Reduce your cholesterol
- Walk for fun and fitness
- Have fun in an exercise class
- Use toys for safe, effective strength training
- Reduce low back pain
- Increase energy and self-confidence and reduce stress and much more

Each participant will also receive a computerized diet/exercise analysis Add Life to your style!

#### HEALTH AND FITNESS IN THE 90'S

I COST: \$100.00

\$90.00 (If postmarked on or before June 9, 94)

Space is limited so please !
REGISTER EARLY

Make cheques payable to: For The Love O' Fit-Tel: (416) 948-6471 Mail to: 331 Martin Street, Milton, Ontario, L9T 2R7

Postal Code: Phone: Res: ( **Amount Enclosed:** 



Crazy

LET THE EXPERTS HELP YOU!