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NEWSLINES

Mountsberg Valentine

If you're suffering from the mid-winter blues, a special event at Mountsberg Wildlife Centre might lift your spirits.

Wander down to the farm pond for some skating or warm up with a friend by a roaring bonfire during "Old Time Valentine" Sunday from 10 a.m. to 4 p.m.

You can take part in a quiz about the weird and wonderful ways of critter courtship, sit back and enjoy a romantic horse-drawn sleigh ride or guess how many hearts are in a candy jar.

Bird lovers may want to join a guided walk around several of Mountsberg's busy winter bird-feeding stations.

All these activities and more are included in gate admission, which costs \$2.75 for adults, \$2.25 for students (aged 13 years and over), \$2.25 for children and \$1.75 for seniors. Pre-schoolers are admitted free.

For more information, call the Halton Region Conservation Authority (weekdays) at 336-1158 or Mountsberg Conservation Area (weekends) at 854-2276.

Talk on talking

Kay Wynne offers a workshop on the fear of public speaking titled "Panic, Paranoia or Professionalism" at the Milton Public Library next Thursday (Feb.) 17 at 7 p.m.

Ms Wynne joined Toastmasters, a public speaking group, in 1983 and has made many presentations on the art of public speaking.

Tickets cost \$4 and are available at the library.

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Photo by GRAHAM PAINE

Be my Valentine

Three-year-olds Jenny Cumming and Michael Watson are all smiles and giggles after exchanging valentines. The pair were among children at Safe and Sound Children's Centre, who were busy making valentines Wednesday.

Ninety Miltonians will die from heart disease in 1994

By KAREN SMITH
The Champion

Ninety people will die from heart disease and stroke in Milton this year.

The alarming number is an estimate calculated by the Heart and Stroke Foundation of Ontario based on nation-wide statistics.

The most recent statistics show that in 1991, heart disease and stroke accounted for more than 75,000 deaths in Canada.

February is Heart and Stroke Month, when the foundation strives to prevent heart attacks and strokes by educating the public. It's also the main focus of the organization's year-long fundraising efforts.

The new Milton chapter, which held its first meeting in October, hopes to raise at least \$70,000 by the end of 1994, says Richard Collins, secretary. "We'd like to get higher than that."

The money goes toward the costs of research and health promotion as well as administrative fees.

It's hoped a large chunk of the \$70,000 will be raised this month through door-to-door canvassing and Jump Rope for Heart events at local schools. Students skip rope for pledges in the program.

Other sources of funding come through private donations and memorial gifts, a sad way to raise money but one that is needed, adds Mr. Collins.

"We'd be happy if we didn't get a cent from there because that would mean that no one was sick (with heart disease) here."

Too many people are still dying from heart attacks, he says. More than 45,000 Canadians die each year — half of them before getting medical help.

While tremendous advances in
• see HEART on page 3

Resident wants region to drop OMB award appeal

By BRAD REAUME
The Champion

Mike Reed said he has always dealt in good faith. He has asked Halton regional officials to do the same.

Mr. Reed said his property was expropriated in order to construct the regional landfill in Milton. He did not feel he received fair market value for the land, so he appealed to the Ontario Municipal Board.

Before the case went to the board, Mr. Reed said he attempted to settle with Halton for \$100,000. Regional officials refused the offer. After a two-week hearing the region was ordered
• see OMB on page 3



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