A centre simply for women to gather and grow

Joan Woodall

By KAREN SMITH The Champion

The Women's Information and Support Centre of Halton isn't a feminist lobby group made up of "man-haters," contrary to what some may believe.

In fact, WISCOH isn't a feminist group at all, says a centre volunteer. It's also not a shelter for battered women.

What it is is a place for women to meet and share concerns specific to the female gender, and provide sup-

'It's a place for women to come and be heard," notes Joan Woodall, ly those in the north, were being left long-time Milton resident and out. WISCOH volunteer.

the basement of an Oakville church. Lack of public transportation be-

It's not a feminist group, it's not a shelter, it's just a place for women to meet

But then workers decided the centre tween the region's municipalities needed to be more visible as well as accessible.

Seven months ago, suite 230 of Hopedale Mall, at Third Line and Rebecca Street in Oakville, became WISCOH's new home.

"Already we're finding that we don't have enough room," says Ms Woodall. As popularity of the centre grew, workers came to the decision that some Halton women, specifical-

"We realized we really weren't The Halton facility first opened in serving all of Halton," she says.

was a barrier.

WISCOH rented a meeting room at Milton Community and Information Services (MCIS) in the Optimist Centre to start a support group for women to meet other women going through separation or divorce.

The program, which was to begin October 5 in Milton, was also being offered at the Oakville centre and at a meeting place in Burlington, where it has been successful.

vance publicity resulted in a poor turnout, says Ms Woodall, and the program was cancelled. YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

The space rented at MCIS is now being used by WISCOH for a dropin program every Tuesday from 7 to 9 p.m. During the next few weeks, the topic is "What is a Women's Centre.

On November 30, the centre presents a workshop on the topic, "Re-think the Holidays - Must we Spend Big Bucks to Enjoy Christmas?" The event is free.

Once north Halton women are aware of the centre and understand its purpose, response to the drop-in program will determine if they want such a facility here, Ms Woodall states openly.

Services offered by the centre are In Milton, however, lack of ad- best summed up by looking at its goals. According to its mandate, WISCOH will:

· Be women helping other women in a caring, non-judgemental, supportive environment;

· Promote wellness through selfhelp, support groups and peer counselling:

· Provide information and resources to empower women to make informed decisions about their lives;

· Address issues of concern to women through public education and community awareness.

While a membership isn't needed to use the Oakville facility, those who buy one can borrow books, and receive a monthly newsletter highlighting upcoming events.

Memberships cost \$10, which goes toward covering centre operational expenses, says Kathy Lepatourel, program co-ordinator and one of two paid staff for WISCOH.

"They're kind of buying part of what the centre is all about."

She says it's currently an exciting time at the centre, which is in the process of hiring three part-time employees - an administrative coordinator and bookkeeper, and an outreach worker for north Halton.

For more information, contact the centre at 847-5520 or call 876-4756.

Greeting cards for sale

Once again, the Halton branch of the Canadian Mental Health Association is selling holiday greeting cards as a fundraiser.

This year's design, a reproduction of 'The Red Snowsuit' done in egg tempera, is by Burlington artist Julie Donec and depicts a little girl playing in the snow.

Cards come in packages of 10 for \$7 and include taxes and envelopes printed to allow 36 cents postage. As well as for personal use, the CMHA suggests purchasing them for businesses or community agencies.

For more information, call Vicki





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