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OUR ENTIRE STOCK!



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Diabetes campaign aims to raise \$5,000

Expect a knock on your door from a Canadian Diabetes Association volunteer this month.

November is Diabetes Month, the organization's major fundraising and awareness campaign.

The money will support diabetes research, education programs, and summer camps for kids with the disorder, said Marie McGuffie, organizer of the Milton campaign.

While local canvassers collected \$4,100 last November, this year's goal is \$5,000.

At one time, diabetes meant certain death for millions around the globe until 1921 when Canadian doctors Banting and Best discovered insulin.

Because diabetics lack or are unable to properly use insulin, a hormone produced by the pancreas, they have problems using energy from the foods they eat.

When the body's cells do not get enough insulin, blood sugar and fat levels increase and the body's protein breaks down, setting off chemical changes that produce the symptoms of diabetes.

The disease can slowly damage many of the body's systems. Diabetics are prone to eventually develop blindness, kidney failure, and heart disease.

Some people with what's known as Type One diabetes, must take daily injections of insulin to stay alive, while others with Type Two manage the condition by closely following a diet and exercise regime and taking oral medication.



Photo by CINDY LUNAU

Rookie of the year

Milton's Christine Mewhinney started her 4-H Club career off with a bang, winning the Claude Bain Trophy for the most outstanding first year member at the recent 4-H Achievement Night at Nassagaweya Community Centre. At the Milton Fall Fair she won the Monteith Holstein Award for top first year showperson. During her first year in 4-H she took part in three clubs: Ashgrove Animal Friends; Halton Beef Club; and the Halton Rabbit Club.



Youth Dance FUNCHI

at Milton Youth Place

Dance to your favorite D.J., refreshments and a great time. Come out and party with friends.

FRIDAY NOVEMBER 13 - 6:30 PM - AGES 10 YRS - 14 YRS Age limit will be strictly enforced

> W.I. DICK MIDDLE SCHOOL Tickets: \$2.00 for members (Membership will not be sold night of dance) \$3.00 non-members

The Milton Youth Place Program runs on a weekly basis throughout the year. For more information, contact The Department of Leisure Services at 878-7211 ext. 188

E.C. DRURY HIGH SCHOOL



MID-TERM REPORTS

Mid-Term Reports will be mailed on Thursday, Nov. 12, 1992

Parent/Teacher Interview Night

Parents are invited to meet the teachers on Thursday, Nov. 19, 1992

from 6:30 - 9:30 pm

Please join us in the auditorium. We are looking forward to seeing you.

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