

RECIPE FILE

Puff pastry adds flair to meals

Versatile melt-in-your-mouth puff pastry can lend an exciting twist to many favourite recipes and has long been considered an elegant addition to any meal.

Food historians believe puff pastry originated in ancient Persia and was then passed on to the Greeks. Back then it was made with oil — probably pressed from almonds or olives.

Today, puff pastry consists of three essential ingredients: flour, shortening, and water, which when baked, produce dozens of tissue-thin layers of flaky pastry.

Pumpkin Mousse with Maple Cream

Pumpkin Mousse with Maple Cream creates a delightful twist on pumpkin pie.

- 1 pkg (283 g) Prepared patty shells;
- 1 cup (250 ml) cooked pumpkin;
- 1/3 cup (75 ml) packed brown sugar;

- 1/2 tsp (2 ml) cinnamon;
- 1/2 tsp (2 ml) ginger;
- 1/4 tsp (1 ml) clove;
- 1 tbsp (15 ml) dark rum (optional);
- 1/2 cup (125 ml) whipped cream;

Maple Cream

- 1/2 cup (125 ml) whipped cream;
- 1 tbsp (15 ml) packed brown sugar;
- 1/4 tsp (1 ml) maple extract;
- Pecans or shaved chocolate;

Directions: Prepare patty shells according to package directions. Cool. Combine pumpkin, 1/3 cup (75 ml) brown sugar, ginger, clove and rum. In medium bowl, beat 1/2 cup (125 ml) cream until stiff; fold in pumpkin mixture. Spoon into patty shells. Chill at least 4 hour. Beat remaining cream, brown sugar and maple extract until stiff. Chill. Spoon on top of pumpkin mousse. Garnish with pecans or shaved chocolate, if desired. Makes 6 servings.



Pumpkin mousse with maple cream served in puff pastry shells gives a new twist to pumpkin pie.

St. John's members to don 1840s' apparel for anniversary

A homecoming weekend of nostalgia with a look back to the 1840s will take place October 17-18 when the congregation of St. John Anglican Church, Nassagaweya, holds its sesquicentennial dinner and church service.

Poke bonnets, bustles and bows, straw hats and pipestem trousers will be the period apparel in vogue during the two days when parishioners and guests meet to celebrate 150 years of congregational worship at a dinner. The event will take place at Nassagaweya Community Hall on Guelph Line, Brookville, Saturday, Oct. 17 at 6:30 p.m., and at St. John's Church Sunday at 9:30 a.m.

Sesquicentennial committee member John Grimshaw says there are still some tickets available for the dinner and non-parishioners are welcome to attend the event. Members of both St. John's and St. George's Anglican Church, Lowville, will be in attendance at both events.

"We hope to have a splendid and colorful turnout at both the dinner and church service," says Mr. Grimshaw.

Guest speaker at the dinner will be Arnold Edinborough of Toronto, prominent Anglican layman, author and business/art authority.

Preaching at the Sunday morning service will be Rev. Mary Fleming,

rector of Christ Church, Woodburn, who served as curate at St. John's several years ago.

It is expected that a number of former members of St. John's who have moved away from the area will be returning to the area for the homecoming weekend and to share memories with past acquaintances.

Those interested in obtaining din-

ner tickets or further information about Sesquicentennial Weekend may call 878-1363 on weekdays or 854-9785 on weekends.

Also a reminder that there are still copies available for sale of *Footprints*, the comprehensive history with photographs of St. John's Church written by June Andrews of Campbellville.

From Africa

Teachers visit Canada on fact-finding mission

from AFRICAN on page 20

teachers to join," said Ms Phamotse. "Our government encouraged us as an association because most teachers' grievances can be heard through the association," she said.

"Most of our strategy we've copied from Canadian teachers," she added.

The educator also noted that Toronto is very "peaceful" and their group isn't used to moving about freely in the evening.

Lilian Beaton Maduya was the district treasurer of the Thyolo branch of the Teachers Association of Malawi (TAM).

TAM, said Ms Maduya, used telephone and police messages to

communicate to their membership of 5,000 teachers (she said the police are very helpful).

Membership in TAM is compulsory as soon as a teacher leaves teachers college.

The school year in Malawi runs from September through July in three terms.

Ms Maduya said their association wants to focus on leadership. "If we have more leaders then we can comply with the rules and know what's going on and know how to judge things and act."

A major drawback is the lack of teaching resources in Malawi but Ms Maduya said, "Otherwise, we're organized, stable and it is moving."



Windshield Stone Chip Repairs

Sunroofs

Tonneau Covers

Running Boards

Auto Upholstery

Locally Owned & Operated

781 MAIN ST. EAST
876-4785

GEORGETOWN CINEMAS
235 GUELPH STREET - 873-1999

NOW PLAYING

MR. BASEBALL
Evenings at 7:00 & 9:15
Sat & Sun Matinee 2 pm PG

MIGHTY PUCKS
Evenings at 7:00 & 9:15 pm
Matinee 2 pm FAM

HELD OVER

SNEAKERS
Evenings at 7:00 PM
Sat & Sun Matinee 2 pm PG

SCHOOL TIES
Evenings at 9:30 PM PG



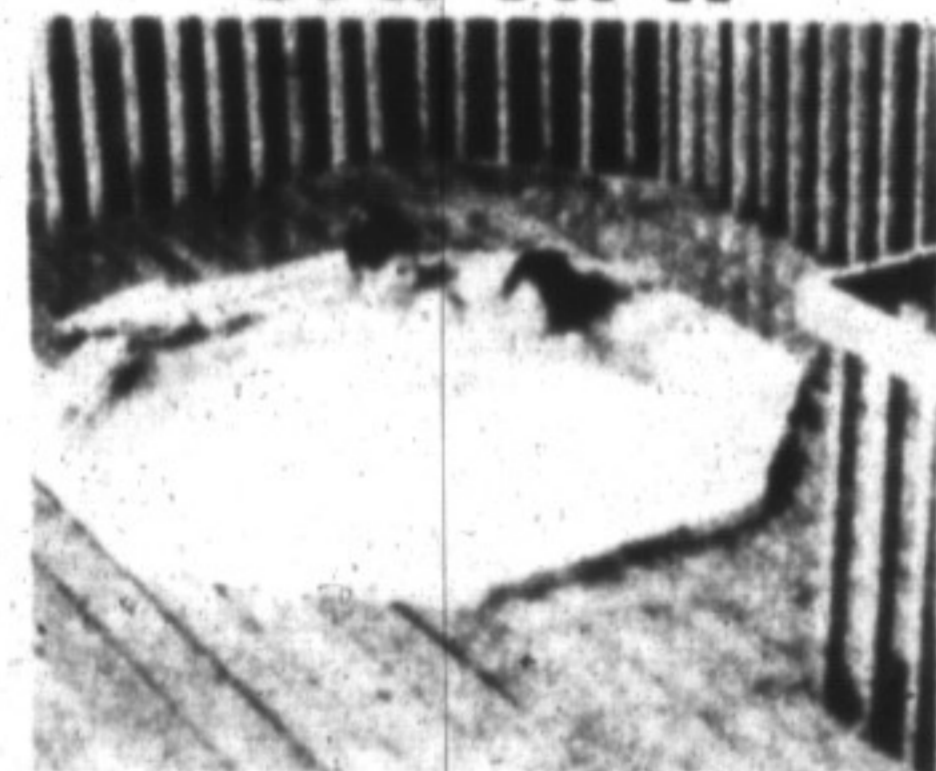
Lifestyle SPAS



FALL SALE

Featuring

CAPRI II



- 4 Deluxe Jets
- 1 Swirl Jet
- 1 Turbo Jet
- 1 Spa Light
- Spa Cover
- Hard Cover

Available in any colour

Save \$775⁰⁰

POOLS N' SPAS

845 MAIN ST.
MILTON

878-7087 878-8770



Attention Squash Players

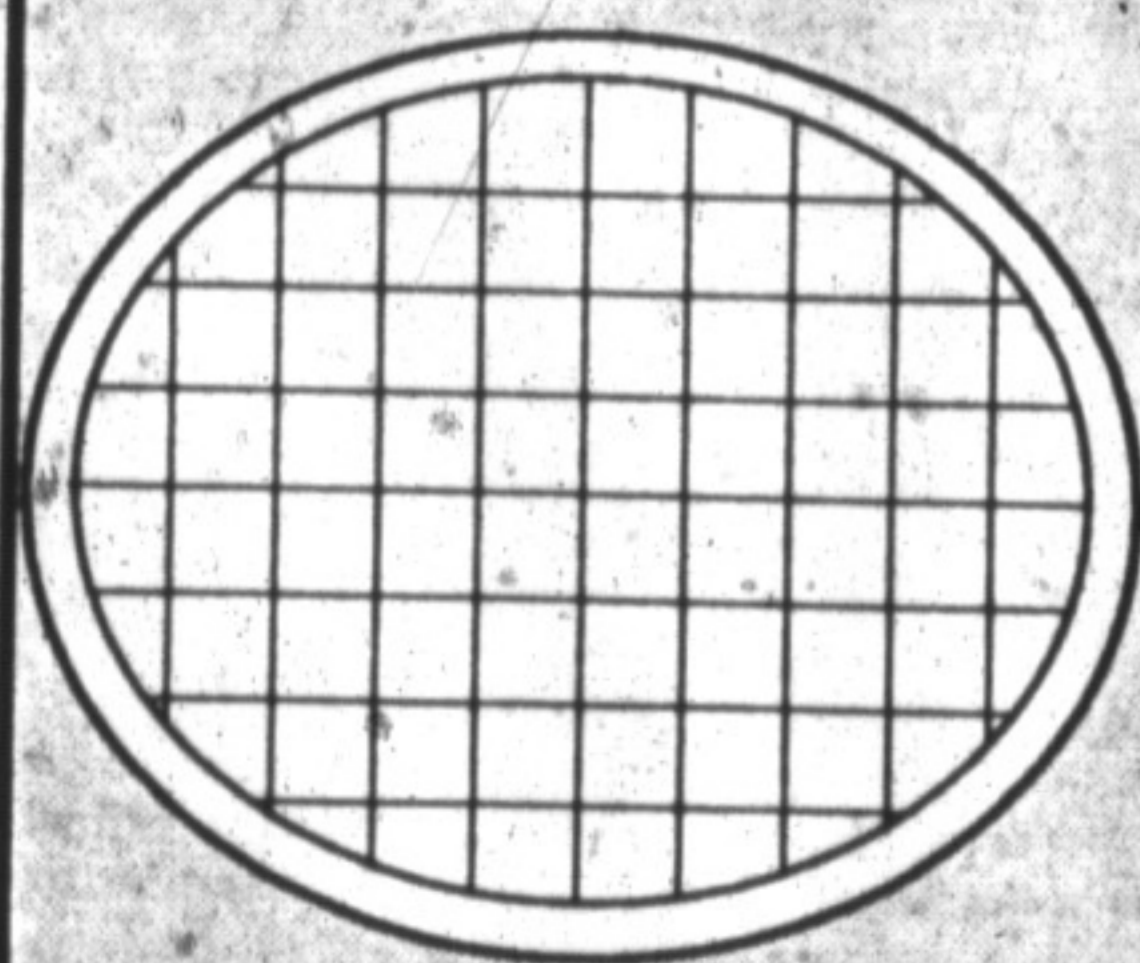
1993 Membership Available - "Now"

Lounge and Exercise Equipment Facilities
Social Memberships also available

"Join Now"

MILTON RACQUET CLUB

22 Ontario St. South, Milton, Ontario
(Back of RexMax Office)



For further information
Call Gary Thomas
878-2080